

WELCOME TO YOUR PENSION

QUICK START GUIDE

Ready to make the most of your workplace pension? As your pension provider, we're here to help. But first things first - let's get you set up online to review or make updates to your pension. In this quick guide you'll find all you need to get started.

SCOTTISH WIDOWS



EXPLORE

Your dedicated website is full of useful tools and resources to help you get familiar with your new pension. It's easy to view and manage your pension online.

You can also watch our range of short films to get the experts' take on key questions with our Expert Sessions, and let us break down retirement planning into simple and manageable steps to help you plan.



For our full list of films visit [Expert Sessions](#).

CHECK IN

So your new pension is all set up – but where can you check it? Your online services make managing your pension easy:



check and update your personal details



see the value of your pension pot



review your contributions



find out about your investment funds

Visit your [infosite](#) and log in to [Money4Life](#)



TAKE FIVE

TIME TO TAKE STOCK

Here are a few quick and simple things to tick off your list that should take less than 5 minutes.



Make a note of your pension details and keep these safe and confidential.



Nominate your beneficiaries by logging in online.



Write a list of any other existing pensions you have already as you may want to consolidate these going forward.

You'll find all the information you need on your dedicated website.

STAY UPDATED

We want to make sure we keep you up to date about your pension so you are in control of your retirement plans. To allow us to do that, please go online and complete the **Keep in Touch form** so we can keep you informed.

GET IN TOUCH

If you have any questions or need a little extra support, we're always here to help.



Call our helpline on
0800 032 1260



Speak to your employer
or scheme adviser



Visit your scheme infosite



Download the Scottish Widows App
www.scottishwidows.co.uk/applanding/



Have a look at our FAQs
www.scottishwidows.co.uk/pensionfaqs

