

International Students' Guide

2024/25

EXETER AND CORNWALL CAMPUSES

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International students' checklist

These checklists are a framework for your planning and you may want to add to them as you read this guide.

We will be sending you emails from July to September to remind you of the things you need to do. Please do read these emails and check your junk folder to ensure they haven't been delivered there. You can read more about these tasks at: exeter.ac.uk/newstudents

Preparing to come to university (June - August)

Before you leave (September and December)

When you arrive at the University of Exeter

Finance and budgeting:	
Look at bursaries available and think about budgeting	>
Health, wellbeing and disability sup	port:
Request Wellbeing support if you have previously received support for physical/mental health conditions or a disability	>
Check if you need medical screening or vaccinations	V
Apply for accommodation:	
Accommodation applications open 8 April 2024	V
Immigration:	
Make sure your passport is valid	V
Respond to CAS Data Check email (if applicable)	V
Obtain visa (if applicable)	V
Check if you need ATAS clearance (and apply if required)	V
Travel:	
Plan your travel to campus	V
Arrange travel insurance	V
Book your place on Airport Collection Service (if applicable)	V
Attend an online webinar:	
Come to one of our summer webinars and speak to staff and current students. Sessions include immigration, travel/what to bring,	<

families, studying, working in the UK and settling in at Exeter

University life:	
Apply for your UniCard promptly once you receive your Welcome email	V
Activate your IT account	V
Download MyExeter app for online study check in, timetable and more	•
Book an appointment for International Student Clearance	V
Start your Academic Online Induction	V
Familiarise yourself with university digital programmes at Digital Hub	V
Book International Welcome Programme activities	V
Apply for a Global Chums mentor to help you settle in to life at Exeter	V
Accommodation and finance:	
Accept your accommodation offer	V
Print out key collection arrangements	V
Pay your tuition fee and/or accommodation fee deposits (if applicable)	V
Buy currency and bring a cash credit card to use on campus and while you open a bank account	V

Tell your family you have arrived Complete International Student Clearance and collect your BRP card (if applicable) Collect your UniCard V Complete University Online Registration Register with a Health Centre V Open a UK bank account V Attend your academic induction V sessions Attend International Welcome Programme activities Get involved with Welcome Week activities Book and attend a Late Arrivals Session if arriving outside International Welcome **Programme**

Click here for more info.

Click <u>here</u> for more info.

Welcome to the University of Exeter

Dear Student,

Welcome to the University of Exeter, and huge congratulations on securing your place here with us. We are proud to welcome students, staff and visitors from around the world to study at Exeter, and we are looking forward to seeing you here in person, or online, very soon.

The University has four campuses across the South West – two wonderful locations in the ancient city of Exeter, a third campus in Penryn (located to the north of Falmouth in Cornwall), and a fourth in Truro. Our largest campus, Streatham, is a national botanic garden and a thriving education and research hub, whilst our traditional St Luke's Campus is home to our Medical School, School of Education and Sport and Health Sciences. Our stunning Penryn Campus has a range of science. humanities and social science programmes, and is known globally for its research and courses in environment, human health, ecology and sustainability, mining engineering and geology, business, law, politics and humanities. Not far from Penryn is our Truro Campus, the base for our Bachelor of Medicine and Bachelor of Surgery (BMBS) students when they come to study in Cornwall. We also have two clinical sites at the Royal Devon and Exeter NHS Foundation Trust. and Royal Cornwall Hospitals.

The University employs more than 5,600 staff members, and offers the extensive facilities you'd expect to find at an outstanding Russell Group university. The University is known for its friendly atmosphere, and by studying with us and enjoying the incredible opportunities we provide, your time here will help to set you on the path for a successful future. You are joining a vibrant, inclusive community of nearly 30,000

students, including more than 7,000 international students from 159 different countries. We celebrate our diversity and pride ourselves on delivering both an outstanding student experience and academic excellence. Within our community,



there is a wealth of additional opportunities for you to immerse yourself – this could be with one of our wonderfully diverse and active societies, participating in Grand Challenges, or attending one of our many virtual talks.

The University of Exeter is a really special place in which to study, both in person and online. This guide has been written to help you prepare and make the most of your time here. For those of you who are studying at our campuses, it is designed to answer practical questions about living and studying here before you arrive. There is a lot of information, but please do take the time to read it carefully. If you have any further questions or need any support, please contact any of the people listed in this brochure.

I would like to again welcome you to our University community, and wish you every success with your studies.

LO loseto

Professor Lisa RobertsPresident and Vice-Chancellor

How to use this guide

Coming to study in another country is an exciting experience and we know you will have many questions. This handbook has been written with you in mind and we hope that the information helps you to answer some of those questions and plan for your studies in the UK.

Please take time to read the entire guide as much of the information will be relevant to you. Some information is relevant to all our campuses, some is campus specific and will be noted as such. We recommend that you print the guide and keep it in your hand luggage, along with information about your accommodation, when you travel to the UK. You will then have all the instructions on arrival and useful telephone numbers will be easily accessible.

We also strongly recommend that you make contact with your local British Council office while you are preparing to come to the UK. Take a look at the British Council's website <u>educationuk.org</u>. It will provide you with very useful information and give you an exciting taste of life in the UK!



Any questions?

If, after reading the information, you still have questions or would like clarification on any aspects please contact any of the people listed in the guide and they will be pleased to help. We recommend attending our <u>pre-departure webinar</u> sessions where you can speak to a member of the team and a current student

If you have a serious problem when you arrive, outside UK office hours, please contact the University emergency telephone number.

For Exeter campuses

For Cornwall campuses

+44 (0)1392 723999

+44 (0)1326 255875

We look forward to meeting you at the beginning of your stay at the University of Exeter.

Feedback

If you would like to give feedback on this guide you can contact the SID Team: exeter.ac.uk/sid

Cornwall campuses email: info.penryn@exeter.ac.uk

Your offer

If your offer is 'unconditional'

This means that we do not require any further evidence from you to prove that you meet the admission requirements. If you have not done so, you will need to formally accept your offer of a place. If you are an undergraduate, you can do this on your application at UCAS or via DfE if you are a Teacher Training student. Postgraduate Taught/Research applicants can accept their offer by logging onto the Applicant Gateway, details of how to do this will have been confirmed in your original offer email.

Once you have accepted your offer and (if necessary) paid your deposit, we will send you a CAS Data Check to begin the <u>CAS process</u>.

When you arrive at the university you will be required to attend <u>International Student Clearance</u> and present your passport and visa.

If your offer is 'conditional'

This means that you have not yet met all the terms of your conditional offer. If you are an Undergraduate, you can view the conditions of your offer on your application at UCAS. If you are a Postgraduate, your offer email will state the conditions of your offer. The offer may be conditional on an exam you have yet to take or for which you are awaiting a result. If this is the case, you should send a copy of your transcript to the Admissions Office as soon as you receive it, even if you have

not achieved the exact grades stated within your offer.

Your offer letter may also ask for an English language score. If you need to improve your English level before meeting the conditions of your offer, you may wish to consider a Summer Pre-Sessional English course at INTO University of Exeter.

You can accept your offer of a place before it becomes unconditional. If you are an Undergraduate, you should inform UCAS of your decision before the deadline shown on your application at UCAS. If you are a Postgraduate, you can accept your offer by logging onto the Applicant Gateway, details of how to do this will have been confirmed in your original offer email.

If you are an exchange or study abroad student

If you have met the requirements for the exchange or study abroad programme, you will be sent an official acceptance email after you submit an application. This means that we do not require any further evidence from you (prior to arrival at university) to prove that you meet the admission requirements.

All non-UK nationals must have a visa or other immigration permission to study at Exeter. On arrival at the university you will need to have your passport and immigration status checked at International Student Clearance.

If you are unsure of requirements, please contact your home university international office or email inbound@exeter.ac.uk.

Pre-departure briefings

We organise a number of social media offer holder groups and pre-departure briefings for international offer holders which provide an opportunity to interact with other applicants and/or current students, learn about living and studying in the UK and resolve any final queries. Invitations to join such activities are emailed to relevant offer holders.

We will be holding a number of themed pre-departure briefings in June, July and September looking at traveling, applying for visas, what it is like to study at Exeter, student families, what to pack and what to expect. For more information and how to book see exeter.ac.uk/students/international/accessourservice/onlineevents

In addition the British Council coordinates pre-departure briefing sessions for students coming to the UK. These sessions are open to applicants holding offers from any UK institution. You should contact your nearest British Council office for further information: britishcouncil.org.uk

During the summer, we will send you various pre-arrival emails. Please make sure you read them and check your junk email folder to ensure they haven't automatically gone there – they are full of useful information to help you prepare for study and life at Exeter, as well as vital information about your programme during Welcome Week or January Orientation.

Advice and assistance on UK immigration

Before you arrive and while you are studying with us, specialist immigration advice is available from International Student Support at:

visaadvice@exeter.ac.uk.

Our advisers are all trained immigration advisers, regulated by the Office of the Immigration Services Commissioner, and are the only staff at the University authorised to provide immigration advice. If you have any questions not answered here or on our website, or you experience any immigration difficulties, please contact us for help.



Student visa – courses lasting more than six months

If you are not a British citizen and are coming to study in the UK for more than six months, it is likely that you will need to apply for a Student visa. This includes EU/EEA and Swiss nationals, unless you have a status under the EU Settlement Scheme. If you have any other type of visa it is very important that you make sure that this will allow you to study in the UK. If you are unsure please contact visaadvice@exeter.ac.uk. Passengers arriving in the UK without a visa will be refused permission to enter.

Visitor visa – courses lasting less than six months

Students on courses of less than six months will usually enter the UK as a Visitor rather than applying for a Student visa. A Visitor visa is granted for a maximum of six months and cannot be extended. Working is prohibited and you cannot bring your dependants with you. However, students on short study abroad programmes or coming to undertake a short period of research, particularly those from 'non-visa national' countries including those in the EU, will wish to consider the Visitor visa as it can be easier to meet the requirements and for some nationalities can be granted automatically at the airport rather than applied for in advance. Detailed information about using a Visitor visa for study, including eligibility and comparison with the Student visa, is on our website: exeter.ac.uk/immigration

ATAS

Some postgraduate and integrated masters courses in scientific areas require students to hold an ATAS certificate. If this applies to you it will say so on your offer letter. A paragraph describing your research should be included in your offer letter and you will need this exact paragraph when submitting your ATAS application. You must receive ATAS clearance before you can be issued with the CAS for your visa application and the process can take up to six weeks so you should submit your application as soon as possible. This process is free and submitted online at gov.uk/guidance/academictechnology-approval-scheme Note that some nationalities are exempt from the ATAS requirement.

Student visa requirements

CAS

The CAS is a unique reference number given to you by your Student visa sponsor (this is the University not your financial sponsor) and is the confirmation of your unconditional offer which is required for your Student visa application. You may be issued with a CAS by more than one institution but when you use a CAS to apply for a visa, UK Visas and Immigration (UKVI) will expect you to study at that institution. We will send you a CAS contract and data check email once you have accepted an unconditional offer. This will include your personal and course

information. You will need to follow the instructions in the email to confirm that the information is correct or make any changes. A 'CAS statement' will then be emailed to you with your CAS number. Please note that a CAS is only valid for six months and that it is not possible to apply for a Student visa until six months before the start of your course.

Finances

There are strict financial requirements for a Student visa. You will usually be required to show that you have held your first year's tuition fees + £9,207 for living expenses in a bank account in your name or your parent's name for at least the 28 day period before you submit your visa application, or that you are receiving official financial sponsorship, usually from your government. You should carefully review all of the financial requirements in the Student visas: Money section of our website before you start to prepare your visa application.

Other documents

You may be required to submit other documents with your visa application, including translations of any documents that are not in English. You should refer to our <u>Student visa guide</u> for the full list of documents.

Immigration Health Surcharge and Visa Application fee

If you are applying for a Student visa of six months or more, you will be required to pay the Immigration Health Surcharge (IHS) when you make your visa application. The IHS fee is £776 per year of your visa, £388 for any part year up to six months. It entitles you to healthcare under the National Health Service (NHS) in the same way as any UK permanent resident. You will have to pay this fee even if you have private medical insurance.

You will also need to pay a Visa Application Fee of £490.

Applying for a Student visa in the UK

If you are already in the UK with immigration permission as a student, you will need to apply for an extension to continue your studies. It is not always possible to do this, particularly if you did not complete the course that your previous visa is for or if there is a gap between the date that your visa expires and the start date of your new programme. You should refer to our Student visas guide for detailed information about the criteria for making a visa application.

We strongly recommend that all students applying for visas from within the UK, apply for their visa extensions through International Student Support. This free service checks and advises on applications and is undertaken by qualified immigration advisers. If you submit your application independently, it may make it more difficult for you to register.

You should contact International Student Support at visaadvice@exeter.ac.uk as early as possible to discuss the details of your visa application and arrange an appointment to submit your application if appropriate.

Applying for a Student visa outside the UK

You can check the process for applying for a visa in your country on the <u>UK government</u> website.

You will need to complete an online application form and pay the visa application fee. You will then usually need to submit your supporting documents (by post or in person depending on the country) and enrol your biometric information, which includes your fingerprints and a digital photograph at a UK visa application centre. Most EU. EEA and Swiss nationals will be able to do this via an app and this may be extended to other countries in summer 2024. In some countries additional documentation will be required. such as a tuberculosis test certificate.

At the same time, you may be asked to complete a credibility interview. This will usually take place in the visa application centre via a video conference link. It is a short interview that aims to test that you are a genuine student. You will be expected to have a good understanding of the course you are planning to study and the university that you are going to study at.

You may also be asked about your qualifications, your finances, and any plans to work in the UK (remember that you can only work 20 hours per week on a Student visa and that you cannot solely support yourself by working in the UK). Try not to be nervous, but do ensure that you prepare in advance so that you are confident discussing your proposed course and plans in English. If you have any problems following the credibility interview, please contact the University immediately at visaadvice@ exeter.ac.uk and we will do our best to help.

Your granted visa

If you enrolled your biometrics at a visa application centre, you will receive a 90 day entry visa based on your intended travel date to the UK. Once you have arrived in the UK, you will be able to collect your full visa in the form of a Biometric Residence Permit (BRP card) which will cover you for the duration of your programme.

You should ensure that you input the University's BRP Collection code on your visa application form so that you will be able to collect your BRP from the University at International Student Clearance. The BRP Collection Code is included on your CAS Statement. You must enter the UK within the dates of your entry visa.

If you enrolled your biometrics via the UK ID Check app, your visa will likely be granted as a <u>digital status</u>. You will not receive a separate entry visa or BRP card.

You must ensure that you travel to the UK between the start and end date of your 90 day entry visa, or after the start date of your digital status if you have one. Traveling before the date of your entry visa or digital status is not allowed.

If you have not received your visa in time for your intended travel, you must not enter the UK as a Visitor instead – it is illegal to start a course that is longer than six months in this category and you will not be allowed to start your course at the University of Exeter.

Refusals

If your visa application is refused, don't panic! Read carefully through the refusal notice that you are given – this sets out the reasons for the refusal.

If UKVI is mistaken in their refusal, it may be possible to request an administrative review of the decision but we strongly recommend that you do not do so until you have consulted with International Student Support.

It will sometimes be better to submit a new application, fixing the perceived problem, but please note that you will require a new CAS to do this. To receive advice on your next steps and to request your new CAS, you will need to scan and email your refusal notice to visaadvice@exeter.ac.uk

Students with families

If you are a non-UK student coming to the UK on a postgraduate research course, or you are sponsored by your national government on a course of six months or more, you can usually apply to bring a spouse or civil partner and any children under 18 as your dependants. Each family member needs to apply for immigration permission as a Student Dependant before travelling to the UK. You should all apply at the same time, even if you are planning to travel separately.

The application process including application fees, documents and the strict immigration rules governing dependant visas are explained in detail on our website:

Dependant visas. You can contact International Student Support for confidential advice about your dependant applications at visaadvice@exeter.ac.uk

Note that the current dependant rules were introduced for January 2024 onwards, and are more restrictive than previous rules. You should read the website carefully to make sure that you are eligible to bring your dependants with you.

Your finances and fees

Checklist

Exchange currency needed	V
Make a budget plan	V
Pay tuition fee deposit (if applicable)	V
Check payment due dates and pay Tuition and Accommodation Fees	V
Bring a pre paid cash card or credit card	V
Open a bank account when in the UK	V

Bank accounts

There is no limit on the amount of money you can bring with you into Britain, but you may need the approval of exchange control in your own country. Start preparing well in advance by asking advice from your bank at home. If you are carrying €10,000 (or equivalent currency) in cash to the UK and you are travelling from outside the European Union you must complete a cash declaration form. More information is available from the HMRC C9011 form at hmrc.gov.uk

There are different types of bank accounts available in the UK. Most students choose a current account at a bank or a digital bank. This is the basic account which you use for dayto-day purchases and deposits. This type of account normally comes with a cash card, with which you can take money from cashpoints (ATMs) up to a daily maximum limit. Cashpoints are usually accessible 24-hours a day and located on the exterior walls of banks and in some shops. Some cash machines charge a fee but they will tell you this before completing the transaction.

Opening a bank account

You cannot open most UK bank accounts until you are in the UK and have registered on a programme of full time study. We recommend that you open a bank account as soon as you get to the UK. All major banks are represented in Exeter and Truro town centres. It can take up to two weeks to open a bank account. You should therefore make sure that you bring enough money or a pre paid travel card (such as Caxton) or open a digital bank account (ie. Starling Digital Bank or Monzo) to cover your expenses for the first few weeks in the UK until your UK bank account is functioning. Be aware that all campuses are 'cashless campuses'.

Please do not carry large amounts of cash with you or keep large amounts of cash in your room for security reasons.

To open an account in the UK you will need:

- an application form from your preferred bank
- · your passport
- evidence of your immigration status eg. valid visa, settled/ pre-settled status
- confirmation that you are a full time student. Print a bank letter from Exeter Student Record once you have registered online or from the Student Information Desk in the Forum on the Streatham Campus or Penryn Info Point in the Peter Lanyon Building at the Penryn Campus
- proof of your address in the UK. This may be confirmed by the University if you have University accommodation or by a formal tenancy agreement if you are in private accommodation.

It is not always possible for students on short courses or exchange programmes to open bank accounts. If you have difficulty please contact the Student Information Desk: exeter.ac.uk/sid

Once you have successfully opened a UK bank account, please ensure you provide the account details via the student online portal MyExeter.

University fees and charges

Tuition and accommodation fees – due dates

Term	Tuition Fees	Accommodation Fees
Autumn (Term 1)	50% due 11 November 2024*	The amount stated in your accommodation contract due 11 November 2024
Spring (Term 2)	50% due 20 January 2025*	The amount stated in your accommodation contract due 20 January 2025
Summer (Term 3)	N/A	The amount stated in your accommodation contract due 12 May 2025
Vacation (Term 4)	N/A	1 July 2025▲

^{*} Less any tuition deposit paid (Postgraduate Taught students only). ▲ Applies to 51 week contracts only.

If you are going to be based in Cornwall please check your accommodation contracts as dates may vary.

Payment due dates

- Please ensure that all fees, including those paid by a sponsor are paid by the due dates provided. Failure to pay by these dates may result in penalties being applied.
- If you are sponsored by an embassy or government, please ensure you provide the Accounts Receivable Team with a financial guarantee. Please open an enquiry via <u>sid.exeter.ac.uk</u> and send a scanned copy or provide it during registration.
- You must also make sure your sponsor pays by the due date or you will be liable for late fees. If your sponsor fails to pay, you will be responsible for any fees due.
- University accommodation charges will vary according to the type of accommodation and duration of your contract.
 See exeter.ac.uk/study/ accommodation for further information.
- We recommend that single unaccompanied students allow at least £900 per month for essential living expenses (accommodation, food, books, etc).

How to pay

You can pay your fees at any time up until the due dates provided. Please visit the following webpage for more information and payment options exeter.ac.uk/students/finance/makeapayment

Other funding/ sponsorship

For details of University funding schemes please see exeter. ac.uk/study/funding. Our Funding database and the types of scholarships available can be found here exeter.ac.uk/ study/funding/search. If you are awarded a universityfunded scholarship this will be deducted from the fees when we issue your Confirmation of Acceptance of Studies (CAS letter). You may also want to research scholarships from your own Ministry of Education, from the appropriate inter-university organisation, or from the British Council in your home country.

Financial aid for US students

In order to process your loan application, you will need to complete the following:

- Free application for Federal Student Aid (FAFSA) studentaid.gov
- Master Promissory Note (MPN) for both Direct loan and PLUS direct loan if applicable
- Credit check (only applicable to PLUS direct loan) <u>studentaid.gov/plus-app/</u> grad/landing

Once you have completed the above steps, please email <u>usloanfunding@exeter.ac.uk</u> to express your interest in taking a loan to support your studies, along with your full name and students number. As a Foreign school, we are not automatically notified of your intention to take a loan, so please contact us to advise.

Our school code (also known as the OPE ID) is G009442.

All information on financial aid for US students can be found at: exeter.ac.uk/students/finance/studentfunding/federalaidforusstudents

Budgeting for life in the UK

Living in Exeter or Falmouth is comparable to living in any other major UK town or city and your cost of living will depend on your lifestyle. We estimate a single student living in Exeter or Cornwall will need approximately £1,300-£2,000 a month to meet basic living expenses such as accommodation, transport, food and drink, entertainment, utility bills, clothes and socialising.

How	much	do	thing	S
cost				

We are currently seeing inflation in living costs across the world. It is important to budget well for your time in the UK. We will have lots of information on arrival but here are some things to consider when budgeting:

The rent in University halls will include utilities such as heating, water, electricity, broadband, etc. Check what is included in your rent contract.

Cheaper supermarkets are Aldi and Lidl and the main supermarkets (e.g. Tesco, Sainsbury's, Asda and Morrisons) have their own brands which are often cheaper. Check <u>priceable.co.uk</u> for the best deals.

Always food shop with a shopping list to avoid impulse purchases!

Bulk buying groceries with your friends and share the delivery costs will make things cheaper.

Expense	Average costs per week in £*
Accommodation	£105.91-£290.15
Transport	£14.50
Food and drink (eating out, takeaways, etc)	£90.00
Groceries	£30.00
Entertainment	£10.00
Utility bills	£29.50
Clothes	£6.50
Socialising	£40.00

^{*}At time of printing March 2024.

There are lots of cafés on campus but bringing in your lunch, a flask of tea or coffee and snacks will minimise your spending. We have free microwaves and hot/cold drinking taps on campus for you to use.

We have many international supermarkets in Exeter stocking your favourite foods but these may be a lot more expensive than at home.

Buy your books second hand or use online resources through our library.

You may need to buy shoes/ a waterproof coat/warm clothing. Use charity shops or online second hand retailers for clothing.

Rail travel in the UK is expensive. Buy a <u>Young Persons</u> Rail Card before you come to the UK to save 1/3 on all train tickets. Consider using the Stagecoach for cheaper travel.

Ask us for budgeting tips when you get here!

For more information and help:

<u>exeter.ac.uk/students/</u> <u>costofliving</u>

moneysavingexpert.com/ students/student-budgetingplanner

Accommodation

Checklist

Check if you are eligible for University accommodation

Applications open 8 April 2024

Guarantee deadline 31 July 2024

Check what is available in your room

Accommodation guarantee: Exeter campuses

With over 6,500 bed spaces at Exeter, we are able to offer accommodation in University owned/partner/nominated accommodation to many of our students. We have a wide range of accommodation styles, standards and budgets, designed to suit the different needs on and off campus, of the diverse student community at both undergraduate and postgraduate level.

If you apply by 31 July, we guarantee to offer you accommodation, as long as you have firmly accepted our offer of a place on a degree programme at the University of Exeter, you are in your first year of study and you meet our accommodation guarantee criteria.

Applications for 2024/25 will open from 8 April 2024 and we will prioritise applications received by 31 July.

Accommodation at Exeter campuses

What accommodation can I apply for?

- Undergraduate students can apply for catered halls (Streatham Campus only) or self-catered accommodation.
- International postgraduate students can apply for selfcatered accommodation.
- If you are only in Exeter for one semester please visit the accommodation website for further information exeter. ac.uk/study/accommodation/ choose/international/ abroadandexchange
- You are defined as an 'international' student if you pay international fees (see your academic offer).

Take a look at the accommodation website exeter. ac.uk/study/accommodation/room-finder where you will find comprehensive descriptions of our residences, photo galleries, location maps, sample contracts and current prices. Virtual tours around the majority of our residences can be seen at University of Exeter Accommodation Tour.

Our residences offer accommodation to both home and international students allowing you to live in a multicultural setting. We aim to offer, as best as we can, single sex flats as well as accommodation living with students who prefer a quieter lifestyle.

Find useful information for International students on our website exeter.ac.uk/study/accommodation/choose/international

Self-catered accommodation

There is a variety of selfcatered accommodation including en-suite, standard and self-contained studio rooms.

Flats and houses are shared between three and twelve students, who have their own study bedroom and share communal facilities (bathroom/ shower and toilet facilities depend on whether the room is ensuite or not). Each flat has a kitchen which contains: cooker with oven, hob and grill, microwave, refrigerator and freezer, and some have a communal dinina area or lounge. The study bedrooms vary in size and are furnished with a bed, wardrobe, bookshelves, desk and chair and lamp or fixed lighting. You can find more details about our self-catered and catered facilities in our accommodation at exeter.ac.uk/study/ accommodation/choose

Alternatively, studio rooms provide an open-plan living and studying space with a kitchenette, a small dining area and en-suite bathroom which means that all the facilities are contained in your room.

Self-catered accommodation is let for 40, 42, 44 or 51 weeks per year and you will be expected to pay for your accommodation for the full period as stated in your contract.

Catered halls

Catered halls are only available to undergraduate students.
They are located on Streatham Campus and there are standard (single rooms with a shared bathroom) or ensuite rooms available.

A meal plan is included in the rent and it offers 16 meals per week comprising: breakfast and an evening meal, Monday to Friday; and continental breakfast, brunch and an evening meal on Saturday and Sunday.

Catered accommodation is let for 32 weeks – based around our term dates and you will be expected to vacate your room over the Christmas and Easter period.

Accommodation at Exeter campuses

Students with a disability

We are committed to promoting equality of opportunity and have adapted rooms in many of our residences.

If you have special accommodation requirements you should specify these when making your online application. You must also contact our dedicated AccessAbility Team to discuss your exact requirements. Please read our Accessible Room information to find out more about the process.

What to bring

What is available in your flat or room varies from residence to residence. All rooms have high speed internet which is included in the weekly rent. You will need to bring your own bedding (duvet, sheets, pillow, etc) and kitchen items like pots and cooking utensils.

Please check at <u>Arrivals</u> Accommodation | University of Exeter to see what will be provided.

Terms of contract

Fees are inclusive of all utilities (heating, water, etc), personal contents insurance and WiFi. Full details will be included in your online accommodation contract.

Accommodation fees are generally due in three termly instalments (other arrangements may apply for contracts with our Nominated residences).

If you prefer, you can pay for your accommodation in one payment at the beginning of the academic year.

Late fees will be applied automatically if they are not paid on time.

You will be expected to honour your contract for the full period as stated. Your only right to cancel is explained in our cancellation policy.

Terms and conditions | Accommodation | University of Exeter

If you fail to notify us within the five day period you can only terminate the accommodation agreement in accordance with the procedure set out in the accommodation agreement.

Application process

If you are an undergraduate student you can apply for accommodation once applications open on 8 April 2024 and you have firmly accepted your offer to study at Exeter. If you are a postgraduate student you can apply once you have firmly accepted your academic offer at Exeter and your tuition deposit has been processed. To be guaranteed accommodation, students must apply by 31 July 2024. Please read exeter. ac.uk/study/accommodation/ applyingandpaying/#apply for information on how and when to apply.

Upon receipt of your application you will receive a confirmation email. An accommodation offer will be sent from late April onwards. The Accommodation Office will not be able to confirm your exact room or address until your arrival in September.

Private sector accommodation

A number of students, especially those with families, prefer to live in private rented accommodation close to the University. Please note that this can take time to arrange and it may be difficult to find a suitable place directly from overseas. Landlords often require references and a substantial deposit.

You can view further information on renting private accommodation, including links to important advice on how to secure private accommodation at Private Accommodation | Accommodation | University of Exeter or take a look at our private accommodation search portal 'Studentpad' to see what's available.

For more help you can contact the Students' Guild Advice Team by emailing: advice@ exeterguild.com

Please note that the University will not be involved in the vetting of private accommodation and contracts are signed at the student's own risk.

Accommodation at our Cornwall campuses

The University of Exeter,
Cornwall's Penryn Campus –
including our residences, social
and leisure facilities and some
teaching and learning spaces
– are shared with students
from Falmouth University in
an arrangement unique within
the UK. This creates a vibrant
mix of arts, humanities, science
and engineering students and
something that contributes to
what many see as the campus's
unique atmosphere.

Accommodation guarantee

We are able to guarantee an offer of accommodation in university owned, managed or approved residences as long as applications are received between 8 April and 31 July 2024 and one of the below criteria are met:

- International undergraduate and international postgraduate students entering Year One who have firmly accepted an offer to study with the University of Exeter.
- Incoming study abroad or exchange students based at Penryn Campus for the full academic year.

We also have a number of spaces for study abroad or exchange students joining the University of Exeter at Penryn Campus for a single semester.

Our accommodation

Our accommodation at Glasney Student Village and The Sidings is located on, or just a short walk from, the Penryn Campus. The residences are divided into flats, each with between four to nine bedrooms. The communal kitchen/dining areas are fully fitted and furnished to include a dining table, chairs, as well as fridge/freezers, a microwave, toaster and kettle.

All our halls include self-catering facilities, but if you prefer to have your meals prepared, we offer a catered package at Glasney Student Village.

Halls are accessed via secure entry systems and there is CCTV in operation at most sites. Support is available 24/7, either via the onsite team or the Accommodation Office during normal working hours. Overnight, there is an out-of-hours support team who can be contacted by phone.

Utility bills are included within some of our halls. In other residences, bills within a given quota are covered and you'll need to 'top up' if you go over this.

Support is provided by Residence Managers to make you aware of your electricity usage.

Internet access or WiFi is included in your rent charge.

Accessible rooms

We have a number of rooms that are suitable for students with a range of disabilities; please discuss individual needs with the Accommodation Team.

Alternative options

In addition to accommodation at Glasney Student Village and The Sidings we may have availability, by special request, in other residencies. Please request this in the notes section of your application.

These accommodation options are predominantly allocated to Falmouth University students and so are subject to availability for University of Exeter students. They do, however, offer a more diverse range of housing to choose from, including studio flats.

Prices vary depending on the room type, as well as the size of the room. For further information please email the Accommodation Team at: accommodation@fxplus.ac.uk

You can find more information on accommodation in Cornwall at: exeter.ac.uk/study/cornwall-accommodation

Accommodation at our Penryn Campus

Room types

In Glasney Student Village

Single occupancy rooms have a double bed or single studybed¹, wardrobe, drawers and ensuite shower and toilet facilities.

Shared studybed rooms, are designed for two students with two studybeds, two wardrobes and shelves. They offer a more affordable accommodation option.

All rooms in Glasney include access to shared kitchen/dining facilities, WiFi, laundrettes and external bike storage.

¹ Studybeds rotate between two functions, acting alternatively as a single bed and a large desk area; the innovative design means there is no need to clear the desk before rotating to the bed function.

In The Sidings

This residence is a 15 minute walk from campus. The rooms are en-suite and furnished with a small double bed, wardrobe, desk, shelving and access to shared kitchen/dining facilities, some flats have a communal lounge area with sofas.

There are also a small number of self-contained studio flats which are ensuite with a kitchenette.

The Sidings is managed by CRM Students who provide onsite management of all services including IT and laundry.

Take a look at our room finder for details on what is available in both residences at: exeter.ac.uk/study/cornwallaccommodation/roomfinder Contracts and costs
Latest contract and pricing
information will be available
online in the Spring at

<u>exeter.ac.uk/study/cornwall-</u> accommodation

Applications

Applications submitted by the deadline of 31 July 2024 are prioritised; however, we are not able to guarantee that you will be allocated your preferred accommodation.

During periods of high demand, we enter into agreements with approved accommodation providers in the local area in order to increase the availability of university owned, managed or approved accommodation. If your preferred choice is not available, we will offer you an alternative from our accommodation options.

Private sector accommodation

If you decide not to live on campus, the Penryn Campus Accommodation Office provide support in finding private rented accommodation off-campus, and manage an online accommodation list of local rooms and properties. They also organise annual house-hunting sessions and accommodation fairs during the spring and summer.

For all accommodation enquiries in Cornwall, please contact the Penryn Campus Accommodation Office:

Tel: +44(0)1326 253639

Email: <u>accommodation@</u> <u>fxplus.ac.uk</u>

fxplus.ac.uk/accommodation/ private-sector-accommodation

Details of the accommodation in Cornwall can be found at exeter.ac.uk/study/cornwallaccommodation

Environmental sustainability at the Cornwall campuses

A major focus of the University of Exeter's research and teaching activities is environmental sustainability and climate change, which we consider to be a key responsibility for everyone.

As a university we look for ways to support students to understand sustainability issues better and our website: exeter. ac.uk/sustainability is a great starting point and resource. You can find out how and where to recycle, how to travel more sustainably, how to save energy as well as find opportunities to get involved.

You can find information on the Cornwall campuses commitment to sustainability and what is being done to reduce carbon and ecological impact at: <a href="mailto:exeter.ac.uk/cornwall/sustainability/sus



Students with families

Childcare for pre-school children

If your children are young, you will probably have to look after them yourselves as domestic help is hard to find and is very expensive.

There are private day nurseries which take children under school age but many have waiting lists and the costs are high.

The PinPoint website has details of playgroups, nurseries, childminders and out of school clubs.

See pinpointdevon.co.uk and use the search facility.

For information on childcare services in Cornwall visit cornwall.gov.uk/schools-andeducation/pre-school-andearly-years

Owlets Nursery

Owlets is a purpose-built Nursery on the Streatham Campus in Exeter and takes children from three months to each having access to their own covered outdoor area as well as a secure large grassed area surrounding the building, catering for 104 children. You should apply well in advance as demand is very high and places are limited.

Opening hours:

Monday to Friday 8am - 6pm

Email: owlets@exe-coll.ac.uk

Tel: +44 (0)1392 400175

For more information please visit: owlets-nursery.co.uk



Students with families

Penryn Campus Nursery

On the Penryn Campus, our 54-space purpose-built 'Little Wonders Nursery' caters for children in three age group rooms: 6 months to 2 year olds, 2 to 3 year olds and 3 to 5 year olds. Each room has access to a secure, large, outdoor ecofriendly play and learning area.

Opening hours:

Monday to Friday, 8.30am – 5.30pm

Email: <u>nurserypenryn@</u> <u>fxplus.ac.uk</u>

Tel: + 44 (0) 1326 370408

Find out more at <u>fxplus.ac.uk/</u> <u>facilities-services/little-</u> <u>wonders-nursery</u>

Schools

If your children are between five and 16 years old, the Local Education Authority (LEA) has a duty to provide a place for them in a local school.

You can apply for a school place before coming to the UK, and you are encouraged to do so, but any decision will not be made until you have evidence of a right of abode either through nationality or a valid visa.

The school year in the UK starts at the beginning of September. You may be arriving later than that. The LEA will still provide you with a school place.

Some schools may have a school uniform; others may have a liberal dress code. Discipline is maintained through an agreed behaviour code within the individual school and there is no corporal punishment in state



schools. To help your child settle into the school, it would be helpful if you brought a recent teacher's report and some samples of work. You might also like to bring some reading books in your language and a dual dictionary (eg Korean/English) suitable for your child to use in school. Please be aware that schools in the South West have few specially trained language assistants.

You might need to contact the local authority for where you live to apply for a school place as you will be applying outside of the standard admissions time.

For Devon visit <u>devon.gov.uk/</u> <u>educationandfamilies/school-</u> <u>information/apply-for-a-</u> <u>school-place</u>

For Cornwall visit <u>cornwall.gov.</u> <u>uk/schools-and-education/</u> <u>schools-and-colleges/school-admissions</u>

Accommodation for families and couples

There are very limited places in university accommodation on or near our Exeter campus for students with partners and so we are unable to guarantee accommodation or accept any responsibility for housing couples. Our student accommodation in Exeter and Cornwall are not suitable for us to be able to house students with children which means that any student bringing partners and dependants will need to seek private accommodation.

We have more information at exeter.ac.uk/study/accommodation/choose/couples-families including links to our private accommodation pages.

For families in Cornwall visit: fxplus.ac.uk/accommodation/private-sector-accommodation

Students with families

Currently, the demand for family accommodation in the South West of England exceeds the supply available and securing accommodation will be difficult, take time to find and expensive.

Therefore, we would recommend that you do not travel with dependants unless you have secured accommodation before departure.

Please be aware that if you accept a single room in university accommodation or in the private sector, even if you would like to move out to find suitable family accommodation, you will remain responsible for full payment for the accommodation until the end of contract. The Guild Advice Team and the SU Advice Team can answer general questions about tenancy agreements.

Please refer to the section entitled <u>'Private sector</u> <u>accommodation'</u> in the accommodation section of this handbook.

Language classes for spouses, partners and families

We offer free language classes for partners of students registered at the University. The aims of the classes are both educational and social: with the emphasis placed on developing fluency in spoken English and acquiring the language skills necessary for day-to-day living and understanding different cultural and social aspects of the UK. The classes also act as a social focus and are a means of meeting other families, sharing experiences and providing support. Teaching is informal

and very flexible, depending on the needs and ability levels of the groups.

Exeter campuses: Two classes per week take place during term time in our INTO Centre in Exeter.

To find out more information on the classes please contact: j.d.hughes@exeter.ac.uk insessional@exeter.ac.uk

Cornwall campuses: There's a range of free classes on the Penryn campus during term time. For more information contact languages@fxplus.
ac.uk or visit the Languages webpages: studyhub.fxplus.
ac.uk/languages

There are other free English classes in Exeter and Cornwall. The International Student Support Office can give you details.

Activities

There is lots to do in Devon and Cornwall for families. The following websites are full of information:

<u>dayoutwiththekids.co.uk/things-to-do/south-west/devon</u>

dayoutwiththekids.co.uk/thingsto-do/south-west/cornwall

netmums.com/southdevon

Exeter Library

Falmouth.co.uk



Healthcare and Medical Insurance

V

Checklist

Have medical examination and vaccinations (if applicable)

Register with a health centre before your arrival in the UK so you can obtain an NHS number and access medical care

Book an appointment at the health centre if you have an existing medical condition or take medication.

Arrange medical insurance if studying in the UK for less than six months.

Registering for NHS medical care

If you are on a course lasting for six months or more you, and dependant members of your family, can access full healthcare under the National Health Service (NHS). You will be required to pay an immigration 'health surcharge' to enable access to NHS Healthcare when you apply for a Student or Student Dependant Visa. The amount will vary depending on the length of your stay in the UK. Once you have paid this charge, most healthcare will

be free but you will still pay for prescriptions for medicines (currently £9.65 per item) optician and dental services. Prescriptions are issued by a doctor and the medicines are dispensed at a pharmacy.

To be able to access NHS healthcare you must register with a General Practitioner (GP – doctor) at a GP surgery. Once registered you will be allocated an NHS number which you will need to receive any NHS healthcare.



Healthcare and medical insurance

On the Streatham Campus in Exeter there is a specialist GP (Doctors') surgery for students called the Student Health Centre. Please visit exeterstudenthealthcentre. co.uk for information about services at the Student Health Centre. To register please use the online registration service at Register with a GP (ht1. uk). You will need a UK mobile number to register.

If you are based on the St Luke's Campus you may prefer to register at the Heavitree Health Centre theheavitreepractice.
co.uk. Students based in Cornwall can register at the Penryn Surgery penrynsurgery.
co.uk/university-students

Medical support through the Student Health Centre can run alongside support you are receiving through Wellbeing Services.

If you are taking regular medication you should ensure vou bring enough medication to last until you next return to your home country. Some medications are not available in the UK or cannot be prescribed on the NHS. Please ensure you bring information from a doctor in your home country about pre-existing health conditions and medication you are taking (in English where possible) as you may be questioned about medication you are bringing into the country on arrival in the UK and it is important that this information is available in case of an emergency. Please also make sure you give this information to your new GP surgery.

Covid 19 has had a significant impact on NHS hospital specialist care and NHS waiting lists for treatment are currently very long. If you need referral for non-urgent specialist care there may be a long wait to be seen. Please ensure you have any required hospital treatment before leaving to study in the UK, bring adequate supplies of medication for chronic illness and contact your GP surgery as soon as you arrive if you need a referral to hospital for ongoing care for a chronic condition.

Confidentiality

Please note that any medical information you give to an NHS service such as your GP surgery is confidential and cannot be shared with your university department or family without your consent, except in a very serious emergency situation.

Studying in the UK for less than six months

If you are studying in the UK for between three and six months you can still register at a GP surgery to access GP healthcare and emergency treatments but you may need to pay if you require some hospital treatments such as seeing a specialist. Some countries have a reciprocal arrangement with the UK to cover urgent treatments that cannot wait until you return home - for information please see nhs.uk/ nhs-services/visiting-ormoving-to-england

Students from EU countries should bring an EHIC Card (European Health Insurance) from your own national health authority. Students from Iceland, Norway, Liechtenstein and Switzerland need to pay for NHS healthcare. Please see more information

If you are in the UK for less than three months you cannot register with a GP surgery for an NHS number. You can still be seen in an emergency as a temporary patient at a GP surgery, NHS Walk in Centre or Accident and Emergency Department.

If you are studying for less than six months it is therefore recommended you organise medical insurance prior to arrival.

Comprehensive private medical insurance

Comprehensive private medical insurance is essential if you are here for less than six months and are not from a country with a reciprocal agreement. You need to arrange this before you leave your home country. Private medical treatment in the UK is expensive.

Healthcare and medical insurance

Tuberculosis (TB) screening

Screening is required if you are from a country with a high prevalence of tuberculosis; please see gov.uk/tb-test-visa. If you are from a relevant country please print out the form, complete it, check it with your doctor if necessary, and bring the form with you to hand in with your medical registration form.

Dentists

If you are eligible for NHS treatment you will be eligible for treatment from a dentist accepting NHS patients. Please note however that dentists accepting new NHS patients are extremely limited and this has

worsened since Covid 19 – you are therefore only likely to be able to access private dental care. You should therefore consider private insurance for this. If you do find an NHS dentist there are still charges for NHS dentist services based on a percentage cost up to a maximum of approximately £384.

Opticians

Eye tests are available at opticians, which can be found in the High Street. You will have to pay a charge of around £25 for an eye test. You will need to pay for lenses and frames which can cost from £40 to over £350.

NHS App

Once you have registered with a GP surgery and have an NHS number we recommend you download the NHS App which is compatible with both Apple and Android devices – this gives access to your NHS medical records and advice on accessing health services NHS App.

Useful reference websites

National Health Service: nhs.uk



Studying at the University of Exeter

Preparing to study

You may not have studied in the UK before. Although you will have to satisfy certain academic requirements to receive an offer we would recommend that you do some pre-arrival research into UK study methods too. There is an excellent web resource prepareforsuccess. org.uk. Your Faculty will email you in September/January with information about your online Academic Induction. This will cover the structure of your course. The digital resources you will need to use and support available.

Study methods

While you are studying at the University of Exeter, you will experience several different methods of teaching and learning. You will be required to read widely around a topic and research it thoroughly, to reflect on the ideas you have encountered and to analyse and describe them. You might see tutors and peers face to face, on campus, or online.

Our modules carry a different number of credits but, for instance, a 15 credit module will require 150 hours of total study through a combination of methods detailed below.

Lectures

Lectures are the most traditional form of teaching. They allow lecturers to teach a large number of students (up to 400). Even if notes are provided, you should listen carefully and make your own notes on the important points. You may also be directed to online resources associated with the lecture.



Studying at the University of Exeter

Seminars and tutorials

Seminars and tutorials are discussion groups with your tutor and a group of students. The discussion could be about a previous lecture or a specific topic. Sometimes each student is asked to prepare for a discussion. Seminars and tutorials are more informal than lectures but you are expected to prepare for the discussion topic and to participate in that discussion. This is your opportunity to ask questions and to improve your academic skills. Always tell the tutor if there is something you have not understood.

Small group work

Most courses provide opportunities for students to work in a small group on a task assigned by the tutor. Group work can be valuable and enjoyable. You will learn from each other and improve your collaborative skills.

Workshop, laboratory, field or studio sessions

If you are going to study a subject with a practical element, some of your time will be spent in workshop, laboratory, field or studio sessions where you can develop your skills and expertise through practical work.

Afterwards you may have to write up the results and maybe give a presentation on them.

Computer work

Almost all subjects will require some form of computer work as part of the course.

Term dates 2024-25

Arrivals Weekend	Fri 13 - Sun 15 Sept 2024		
Welcome Week	Mon 16 - Sun 22 Sept 2024		
Term 1	Mon 23 Sept - Fri 12 Dec 2024 (exam period 6 – 11 Jan)		
Term 2	Mon 13 Jan - Fri 28 Mar 2025 (orientation 13 Jan 2025)		
Term 3	Mon 28 Apr - Fri 13 June 2025		

Study Abroad, International Exchange and Exchange students

Arrivals Weekend	Fri 13 - Sun 15 2024		
Welcome Week	Mon 16 - Sun 22 Sept 2024		
Semester 1	Mon 23 Sept 2024 - Sat 11 Jan 2025 (exam period 8 – 13 Jan)		
Semester 2	Mon 13 Jan - Fri 13 Jun 2025		

You will be required to type your assignments or maybe undertake data analysis using specific software. If you have difficulty accessing or using a computer to complete your work, you should contact your personal tutor, IT support or the AccessAbility Office.

Personal academic tutors

All taught students are allocated a Personal Academic Tutor when they start their studies at Exeter. Your tutor will contact you to arrange meetings throughout the academic year. These meetings may be one-to-one or group tutorials and will be focused on your transition, academic progress and ambitions. In addition to these tutor-arranged meetings you can contact your tutor for advice and guidance about your studies and the range of support services available to you.

Studying at the University of Exeter

Independent study

British higher education places a large emphasis on independent study. On all courses you will be expected to study extensively on your own. You will be asked to read widely on a subject, make notes, research, write and revise outside of formal teaching. This is especially the case at postgraduate level. Advisers and supervisors will be ready to help but you will have to plan your own learning. You will be encouraged to be an active and independent learner. There are lots of study spaces on campus for you to use. Learn more here: About study spaces - Accessing and Using Study Spaces -LibGuides at University of Exeter

Assessment

The following list gives some examples of how you may be assessed: examinations, course work, assignments, projects, presentations or essays. It is your responsibility to check the requirements for each form of assessment at the University of Exeter.

Academic honesty and plagiarism

Plagiarism means copying work from another student, or using, in your work, text or ideas from a publication or any other source, without referencing it correctly. Plagiarism is not acceptable at UK universities and the penalties are severe. Further information will be given to you by your Faculty at orientation. You will also be able to access guidance on

how to avoid plagiarism, how to reference correctly, and how to ensure your work is academically honest.

<u>libguides.exeter.ac.uk/</u> <u>referencing</u>

citethemrightonline.com

English language skills development

There is free English Language Support available across all our campuses.

At the Exeter campuses, students can access the credit and non-credit rated Insessional English Programme including workshops in English for academic purposes, writing tutorials and resources for independent study. General English classes cover speaking practice, British culture, intercultural Communications and language for employability.

Contact: <u>insessional@</u> <u>exeter.ac.uk</u>

Webpage: <u>exeter.ac.uk/into/</u> <u>englishlanguage/about</u>

On the Cornwall Campuses, the free insessional programme includes subject-specific Academic Language Skills workshops, e.g. Language for Renewable Energy Engineering, Language for Business and Law or Language for Biodiversity and Conservation, plus one-to-one tutorials for feedback on written work. You can also join sessions focusing on Social English, Professional Communication or Speaking and Pronunciation.

Contact: <u>languages@</u>

fxplus.ac.uk

Webpage: studyhub.fxplus.

ac.uk/languages

Academic Skills Development

Study skills support is provided by Study Zone on the Exeter campuses (exeter.ac.uk/studyzone) and ASK: Academic Skills (studyhub.fxplus.ac.uk/ask) on Penryn Campus.
Advisers can help with a range of skills from academic writing, referencing and group work to assessments, revision and exams. Both services also provide digital resources to help with your studies.

Problems with your studies (taught students)

If you are worried about your progress on your course, or any aspect of your study, speak to the lecturer concerned. You can also seek advice from Study Zone (Exeter), ASK: Academic Skills (Cornwall) or Studiosity.

If your mental or physical health or wellbeing is having an effect on your ability to study, or your studying is creating health problems for you, then our helpful and experienced **Education Welfare Team** (Exeter campuses: exeter.ac.uk/ students/wellbeing/talk/welfare Penryn Campus: exeter.ac.uk/ students/wellbeing/cornwallstudent-welfare) are available to talk to you in a confidential and non-judgemental way about any issues you may need support with. Should sickness or other circumstances affect your ability to complete an assessment, you should let your Hub/Info Point Team know, as you may be eligible for an extension or deferral via a process called mitigation.

What to pack

Hand luggage checklist

Passport and visa (if separate)	V
Copy of your Confirmation of Acceptance of Studies (CAS)	V
A cash credit card	V
A copy of this guide	V
A jumper and umbrella	V
Label your luggage clearly with full name, University, address	V

For personal security reasons you are strongly advised not to put all of your personal documents (passport, money, cash card/credit cards, documents, important addresses and telephone numbers) in one bag, wallet or pocket. Keep them on your person and in your hand luggage, but keep them separate. This will limit the possibility of losing ALL your valuable documents at once, should your baggage be lost or stolen. You will also need to have them to hand in case you are required to show them at immigration. You will not be allowed to collect your main luggage until you have passed through immigration control. We would recommend you keep photocopies of all your important documents and contact telephone numbers in your main luggage.

TEDM	Average	Temp °C	Average Temp °C		Total Rainfall	
TERM	Max	Min	Max	Min	mm	inches
Mar to May (Spring)	14	5	57	41	176	7
Jun to Aug (Summer)	21	12	70	53	147	6
Sept to Nov (Autumn/Fall)	16	8	61	46	231	9
Dec to Feb (Winter)	9	3	48	38	230	9

We recommend a pre paid travel card (such as Caxton) or a credit card and a small amount of British currency when you arrive for immediate expenses for you to use until your bank account is set up. Many shops and our campuses are cashless now. Do not carry large amounts of cash with you.

Climate and clothing

Please do not bring large electrical items such as rice cookers or heaters with you. UK voltages and plugs may be different and there will be regulations about what electrical items your accommodation will allow. Exeter shops stock a range of rice cookers and other such items. Remember that you will have to carry your luggage yourself at some point. Both Streatham and Penryn Campus are very hilly and only a few residences have an elevator. Only pack what you can carry!

The only certainty about the British weather is its changeability. Make sure you carry a jumper in your hand luggage for when you first arrive in the UK.

We would recommend you bring a waterproof coat, umbrella and waterproof shoes. If you do not have these items they can be easily purchased in Exeter, Falmouth or Truro.

Dress in Britain, especially at university, is mostly informal and casual. You will see many students in jeans, jogging trousers and training shoes. It will usually be made clear to you, when you are invited, that an occasion may demand something more formal or smart – if in doubt, just ask. 'Formal' clothes for men (dinner suits, etc) can be hired. You may want to bring your national costume to wear on special occasions.

Travelling to **Exeter and Cornwall**

Checklist

Consider which airport you wish to arrive at	V
Plan onward travel to Exeter or Cornwall	V
Pre-book a seat on the Airport Collection Service in September	V
Label your luggage clearly	V
Print out your key collection information if in University accommodation	~

We would encourage students to consider travelling to Exeter and Bristol International Airports or Cardiff Airport rather than Heathrow. You may need to change flights at a European airport such as Paris or Amsterdam but the airports are smaller, immigration processing times shorter and the distance to Exeter is shorter. However, we do realise that flights to Heathrow or Gatwick airports are often cheaper.

When to arrive

We encourage all new students to arrive in time for Welcome Week (Monday 16 - Sunday

participate in the International Welcome Programme and attend your Academic Induction. To help the large number of students arriving for Welcome Week we run a subsidised **Airport Collection Service** ($\underline{\text{see p.31}}$). If you cannot arrive at these times or are a research student arriving outside these orientations please make your way to Exeter or Cornwall using the following information and either attend a Late Orientation meeting or contact SID (contact info on webpage) exeter.ac.uk/ students/sid or info.penryn@ exeter.ac.uk and we give you a short introduction to the



Travelling to Exeter and Cornwall

Welcome Week Airport Collection Service: Heathrow to Exeter and Cornwall

This service runs from Heathrow International Airport to Exeter and Penryn campuses on arrivals weekend (Saturday 14 and Sunday 15 September). The service is available for students and accompanying family members. Seats must be pre-booked online and are available on a first-come first-served basis. Full details will be available online from early July. exeter.ac.uk/students/international/newstudents/airportcollectionservice

What to expect at the airport

When you arrive at the airport, you'll first need to pass through Border Control. Follow the signs to join the appropriate queue depending on your passport: UK & EU/EEA/Swiss in one queue and non-EU nationals in another. You may need to show the Immigration Officer your documents and answer any questions regarding your stay in the UK.

The Immigration Officer will usually put a date stamp in your passport to show the date you entered the UK. Some nationalities will have the choice to use the eGates as well. This is absolutely fine but you will not receive a date stamp in your passport. Instead, we recommend that you keep your flight details as evidence of your date of entry. gov.uk/government/publications/coming-to-the-uk/faster-travel-through-the-uk-border

If you have any problems at Passport Control, you should ask the Immigration Officer to contact Estate Patrol at the University on +44 (0)1392 723999, or the Immigration Advisory Service (IAS) in Hounslow on 0844 887 0111 (9.30am – 5.30pm).

If you have booked a place on the University's Airport Collection Service (see p.31), and you encounter any problems with the immigration process, let the officer know that you are being met at the airport by staff from the University.

After passing through Border Control you will be able to collect your luggage from the baggage reclaim area. The next stop is the Customs Hall. If you are not sure what you can or cannot bring into the UK. you should check the UK Customs and Excise website at gov.uk/bringing-goodsinto-uk-personal-use or ask at your local British Embassy/ High Commission. There are very strict laws regarding the importation of foodstuffs and you should consult gov.uk/defra to check personal food imports. If you have nothing to declare, use the 'green' channel. Use 'red' if you do have goods to declare, and 'blue' if you have already passed through an EEA airport and your goods have already been cleared.

For further details of UK airports

Heathrow: heathrow.com
Gatwick: gatwickairport.com
Bristol: bristolairport.co.uk
Exeter: exeter-airport.co.uk
Newquay:

newquaycornwallairport.com

Travelling to Exeter campuses: Streatham and St Luke's

The following information is for students studying at our Exeter campuses: Streatham and St Luke's.

Trains to Exeter

All trains from Gatwick and Heathrow will require a number of changes before you reach campus. Be aware that not every train station will have lifts to help you move your luggage between platforms, and luggage storage areas can be limited on trains. Visit thetrainline.com to see the quickest route for your arrival time. Booking a ticket in advance is usually cheaper, but check if you can use the ticket on a later service if your arrival into the UK is delayed.

Students living in Exeter should leave the train at Exeter St David's. There are two train stations in Exeter (St David's and Central), please take a look at a map to decide which station is closest to your accommodation if you are living in private accommodation.

Rail travel in the UK is expensive. Buy a <u>Young</u>
<u>Persons Rail Card</u> before you come to the UK to save 1/3 on all train tickets.

Travelling to Exeter and Cornwall

Trains to Exeter

Starting at	Change at	Journey time
Heathrow	Heathrow Express to London Paddington	3 hrs
London	Direct to Exeter	3 hrs
Gatwick	Reading	3.5 hrs
Bristol Airport Bus	Bristol Temple meads	2.2 hrs

Estimated train costs if tickets purchased on the day:

Heathrow Express:	£25
London Paddington to Exeter:	£63
Gatwick airport to Exeter:	£71
Bristol Airport:	£23

We recommend you book a taxi to take you from the train station to your accommodation if you have luggage to transport. Taxis usually wait outside Exeter St David's train station. The local taxi firm is Apple Taxis +44(0)1392 666666. A taxi to Streatham Campus is around £10.

Coach to Exeter

Coach travel is usually cheaper than train travel, but will take considerably longer. Please be aware that there may be a limit on the luggage you can bring with you, so please check before you book your ticket. Exeter has three bus depots. Please travel to Exeter Bus and Coach Station in central Exeter. Tickets will be cheaper if bought ahead of time. Please use the following website to see coach times, routes and to book tickets: nationalexpress.com or megabus.co.uk.

Both National Express and Megabus stop at Exeter City bus station.

Starting at	Change at	Journey time
Heathrow National Express	Heathrow Terminal 2/3	4.5 hrs
Gatwick National Express	Heathrow	5.5 hrs
Central London Megabus	Direct	5 hrs
Bristol Airport National Express	Bristol Coach Station	2 hrs

Estimated coach costs if tickets purchased on the day:

Heathrow to Exeter:	£37
Gatwick to Exeter:	£66
Central London to Exeter:	£34
Bristol Airport to Exeter:	£23

Independent travel to Penryn and Falmouth

The following information is for students studying at our Penryn Campus, near Falmouth. Most services will stop at Truro before going on to stop at Penryn or Falmouth.

Trains to Penryn and Falmouth

All trains from Gatwick and Heathrow will require a number of changes before you reach campus. Be aware that not every train station will have lifts to help you move your luggage between platforms, and luggage storage areas can be limited on trains. Use thetrainline.com to see the quickest route for your arrival time. Booking a ticket in

advance is usually cheaper, but check if you can use the ticket on a later service if your arrival into the UK is delayed.

You will need to change trains at Truro to be able to travel on to Penryn and Falmouth.

If you are living in Glasney,
The Sidings or other Penryn
accommodation you should
leave the train at Penryn.
There are three train stations in
Falmouth (Penmere, Falmouth
Town and Falmouth Docks),
please take a look at a map to
decide which station is closest to
your accommodation if you are
living in private accommodation
in Falmouth.

Trains to Truro

Starting at	Change at	Journey time
Heathrow	Reading and Truro	6.5 hrs
Gatwick	Reading and Truro	6.5 hrs

Estimated ticket cost on the day starting at Heathrow £164

Estimated ticket cost on the day starting at Gatwick £190

We recommend you book a taxi to take you from the train station to your accommodation if you have luggage to transport. If you are arriving at Penryn or any Falmouth train station you should book a local taxi in advance by calling +44(0)1326 212141.

Travelling to Exeter and Cornwall

Coach to Penryn and Falmouth

Coach travel is usually cheaper than train travel, but will take considerably longer. Please be aware that there may be a limit on the luggage you can bring with you, so please check before you book your ticket.

Tickets will be cheaper if bought ahead of time. Please use the following website to see coach times, routes and to book tickets: nationalexpress. com. Routes can be subject to change.

National Express stops at Penryn Bridge and Falmouth town. Students are advised not to get off at Penryn Bridge as there is no taxi rank available here. Instead, students should finish their journey in Falmouth and either use the U bus service to the Penryn Campus, or taxis are readily available from The Moor to complete your onward journey.

Coach to Falmouth

Starting at	Change at	Journey time
Heathrow (National Express)	Plymouth, or direct service available	8 hrs
Gatwick (National Express)	Heathrow	9 hrs

Estimated ticket cost on the day:

Heathrow (National Express): £47

Gatwick (National Express): £63

By air (Newquay Airport)

The closest airport to the Penryn Campus is Newquay. Several airlines operate flights from European destinations to Newquay Airport. For more details see cornwallairportnewquay.com

Please note that Newquay Airport is approximately 40 km from Penryn. There are buses from Newquay Airport to Truro. For public transport connections visit traveline.info If you choose to get a taxi from Newquay Airport to the Penryn Campus (approximately £70 – £80) you should book your taxi in advance by telephoning +44(0)1326 212141.

Arriving at a Channel port

If you are arriving at one of the Channel ports, please check thetrainline.com for trains to Exeter St David's or, if you are studying at our Penryn Campus, to Penryn. (Please note: you may have to change trains during your journey.)

If you are bringing your car through a Channel port or the Channel Tunnel, please check theaa.com/route-planner/route for a route plan and map.

Please be advised that parking on the campuses is extremely limited and could involve a daily fee of £7 if you are not eligible for a parking permit.

For Penryn Campus parking information please see <u>fxplus</u>. <u>ac.uk/our-services/travel-transport/parking-campus</u>



International Student Clearance and your visa conditions

International Student Clearance

If you are not a UK national, the University will need to check and scan your passport and visa.

This is done at the start of your studies in International Student Clearance. You will need to complete this process before you can register. You can find out how to book an appointment and what to bring with you at exeter.ac.uk/students/international/newstudents/isc

During your appointment you will be able to collect your BRP (if you have asked for it to be sent to the University, see here).

Remember to keep your BRP card safe as you would your passport. If it is lost or stolen, replacing it takes time and money! If you have a <u>digital</u> <u>immigration status</u>, you will need to present a share code along with your passport.

Student visa conditions

Working regulations

Student visa-holders on degree-level courses can work part-time for a maximum of 20 hours per week during term-time and unlimited hours during vacations. Vacations are defined differently depending on the course that you are studying. It is important that you do not let your studies suffer.

In reality most postgraduates find that seven to eight hours

per week is the most they can do. Students on Visitor visas are not permitted to work.

Most dependants of Student visa holders on degree-level courses will be given permission to work full-time in the UK. If your dependants are not allowed to work, this will be stated on their visa.

Complying with the conditions of your Student visa

Student visa-holders have a number of specific duties and responsibilities imposed by UKVI. The key requirements that you should be aware of include the following which you must do:

- Comply with the conditions of your visa (e.g. only working part-time)
- Maintaining regular attendance and engaging with your programme. If you are an undergraduate or Masters student, you will need to use Digital Check In to record your attendance at teaching sessions. You can find more information here
- Report your absence if you cannot attend teaching sessions. You can report your absence using the MyExeter app
- Making sure that the University has your up-to-date contact details.

You can find more information here.

The University's responsibilities as a Student visa sponsor

Any education institution in the UK that wishes to admit non-UK/Irish students must hold a licence from the Home Office. The University of Exeter is a licensed Student visa sponsor.

Our responsibilities include:

- Ensuring that all of our students have immigration permission which allows them to study with us
- Keeping a record of your current visa, BRP/digital status and contact details
- Monitoring your attendance at the University
- Reporting to the Home
 Office if you change your
 programme or if you leave
 the University
- Withdrawing immigration sponsorship if you leave the University or interrupt your studies for more than two months.

You can find more detailed information on all of the above in the Visa Conditions section of our website: exeter. ac.uk/students/international/visaconditions

Your first week

Checklist

For arrivals during Welcome Week/January Orientation

Tell your family you have arrived	V
Find out about <u>Global Chums</u> mentor	V
Research Welcome Week/ and International Welcome Programme. Buy tickets for any social events you want to attend	V
Attend International Student Clearance	V
Activate IT account	V
Complete Annual/Online Registration	V
Arrange payment of tuition fees	V
Arrange payment of accommodation fees	V
Open a bank account	V
Register with doctor/health centre	V
Attend Department Induction	V
Register for modules	V
Request Wellbeing support if you have previously received support for physical/mental health conditions or a disability	V

Checklist

For arrivals outside Welcome Week/January Orientation

Follow all steps on the left-hand checklist, plus the additional steps below	V
Book a Late Orientation meeting	V
Arrange payment of fees	V
Visit your Department hub or Info Point	V
Head to Guild Reception in Devonshire House (Exeter) or Falmouth and Exeter Students' Union (the SU) at Penryn Campus to find out more about societies, activities and opportunities	•

Welcome Week

16 - 22 September 2024 You will receive lots of information about Welcome Week in the Summer pre-arrival emails. Make sure you read these carefully to help you plan your week. Double check your spam email folder to ensure they haven't gone there.

Welcome Week is a great opportunity for all new students to orientate themselves to the University of Exeter way of life. The week is packed with academic induction and social activities for all students to join. These may be a mix of in person and online events. The International Welcome Programme sessions are specifically for international students and provide practical information and help to start your life at the University of Exeter and settle you into your new home as well as social opportunities. You will be able to see your Academic Induction meetings in your online timetable via MyExeter prior to your arrival in the UK so do remember to download both iExeter and MyExeter to your smartphone.

When you arrive on campus and have completed International Student Clearance you will be able to collect your BRP and Unicard.

The New Student's Guide: helping you through your first weeks at Exeter

After you have accepted your place at Exeter, check out the New Student's Guide. It's designed to give you the information you need, when you need it to help you transition into your new life as an Exeter student. It will let you know up coming deadlines, things to think about and services to access. exeter.ac.uk/students/newstudentsguide

Your first week

The International Welcome Programme includes the following:

- Welcome Team to help you settle in
- Airport collection service on selected days
- Official University Welcome
- Living in the UK presentations: budgeting, healthcare, English culture
- Working in the UK presentation
- Guided tours of campus and Exeter or Falmouth
- Guided shopping trips into the nearby area
- Learning success in the UK presentation
- English language development
- Social events, day trips and introductions to student societies

Details of the International Welcome Programme will be available at exeter.ac.uk/students/international from July. Welcome Week social programme will be available from mid-August at exeterguild.com/freshers2024 and thesu.org.uk/welcome for Cornwall.

You will be emailed information about your Academic Induction meetings in early September.

Your academic induction meetings will be available to view in your timetable in MyExeter and online from early September.

January orientation

13 January 2025

This is a one day condensed version of Welcome Week particularly for students arriving for Semester 2. It's short so that you can get straight into your studies. There are society and social activities during the following week for you to try.

We also hold a pre-orientation event on Friday 10 January 2025 (Streatham Campus) for students arriving early. Read your pre-arrival emails in December for more information on January Orientation. exeter.ac.uk/students/international/newstudents/whenyouarrive

Global Chums Mentor Scheme

Our successful Global Chums Mentor Scheme has been in operation for many years and is available for students arriving at Exeter and Cornwall in September and January. The scheme gives you an opportunity to be matched with a second or third year student to give advice on living in the UK and to help you during your first year. You can ask your mentor anything: what the social scene is like or what it is like to study in the UK! Applications open in September and January at exeter.ac.uk/globalchums



Student support and facilities

Your studies, your health and your wellbeing is very important to us at Exeter and we have many teams across the university dedicated to supporting you. The following is a summary of the services that will become more familiar to you when you commence your studies. The services highlighted on pages 37 - 38 are available at both Exeter and Cornwall campuses.

International support events

We hold regular events to help you settle into your life at Exeter, build your confidence and make new friends. Global Chums is a six week mentoring programme, Intercultural Café runs throughout the year and there are cultural celebrations such as Diwali, Christmas Day lunch and Spring Festival for all to enjoy. For more information on our events: exeter.ac.uk/students/international/livingintheuk/getinvolved

The Multifaith Chaplaincy and Residence Life both hold regular social events to enrich your experience at Exeter.

Residence Life events and activities, Students' Guild Give it a Go and Sport Pitch Up and Play events are all very popular with international students.

Supporting your studies

Your <u>academic personal tutor</u>/ supervisor will contact you at the beginning of your studies to introduce themselves and they will offer to meet with you individually or in a group. In some disciplines you will also have a Pastoral Mentor. The Pastoral Mentor may reach out to you to check that your studies are going well, but you can also contact them if there are personal difficulties which are impacting your ability to study.

You can contact your tutor at any time to talk about your academic, personal and professional development.

Your tutor will be able to help you directly with any academic questions, and signpost you to the correct support across the University.

They can also help you to understand feedback on your assignments and offer suggestions for how you can improve.

Career Zone

The **Career Zone** provides a range of events, skills workshops, information and advice to help you in your career planning and job-hunting and opportunities to meet and connect with employers. Support includes advice on creating effective CV and job applications, finding jobs and working in the UK and understanding how to impress employers in your home country. There are bespoke resources to support international students and you will be able to access, plan and organise resources specific to your needs through your own 'My Career Zone Digital' account.

Digital Hub

Our Digital Hubs in Streatham (The Forum) and Penryn (DDM Library IT suite) and our SharePoint pages are on hand to guide you through the University's digital resources including: Account set up, MFA, ELE2, Microsoft Teams, Office 365, OneDrive, subject software support and much more.

We can also support you with downloading and using the MyExeter App and International Student Check-In function.

English language skills development

INTO University of Exeter provide preparatory English courses for international students looking to study at undergraduate and postgraduate level. For students studying at the university, the Insessional Team provide, <u>free English</u> language skills development courses and workshops covering everything from literacy skills, to communication and intercultural competence. We also provide free language classes for spouses and partners. Penryn Languages Team

The Exeter Learning Environment (ELE2)

You will need to use the <u>ELE2</u> for your studies, access your University email and your timetable. It has online materials which support your course and resources to help you in your studies. You will be able to log in with your University user name and password when you start your studies.

Your timetable

Your <u>timetable</u> will be available after registration and just prior to the start of term. You can see your schedule of classes and lectures in 'My Timetable'.

Hubs/Info Points

Hubs or Info Points can be found across all three campuses, located in key academic buildings. You can contact Hubs/Info Points with any questions about education support, such as choosing modules, submitting assessments and what to do if you're unwell and need an extension to your deadlines. (This is known as mitigation.)

Mitigation

The mitigation process can support you through unexpected situations that affect your ability to complete an assessment such as illness. Depending on your circumstances, you can apply through the mitigation process for an an extension to your deadline or to defer an assessment to later in the academic year.

International student support

The team specialise in providing immigration advice and guidance to students and their dependants before they arrive and throughout their studies. We also support students as they graduate with advice on the Graduate Visa. The service is free and confidential. You can access the team in a variety of ways as well as information on their website.

Fraud and scams

Unfortunately, some criminals try to get money from students through scams. Current Police advice is to change your SIM card and telephone number when you get to the UK.

If you're contacted by someone and it seems unusual or unexpected, end the call or communication and contact SID or International Student Support for advice on what to do next. If the person who contacted you is genuine they won't mind you checking this and then getting back to them. Check out our top tips and common issues here.

If you think you have been affected by fraud or a scam in the UK contact the Police by calling 101 and also report it to <u>Action Fraud</u>.

Harassment and discrimination: Speak Out

We want to have an inclusive community, where everyone has the right to be treated with respect. We won't tolerate harassment, bullying, intimidation or discrimination (for example racism, homophobia, sexual discrimination). If you experience or witness any of these we encourage you to report it and to get the support you might need. You can report incidents without giving us your personal information.

Current students webpages

There is more information to help you, including an A to Z listing of support and services, on our website.



Student support services in Exeter

Library

The <u>library</u> provides study spaces, resources, and academic support to help you succeed on your programme. We recommend that you look at our <u>Getting started guide</u> during your first few weeks at university.

There are libraries on Streatham and St Luke's campuses. They are open 24 hours a day, 7 days a week, though you may need your University card to gain access outside of staffed hours. All of our digital books and resources are available to access online at any time with your University login. You can access online support 24/7 via our online chat (click on the 'Ask Us' button on our webpages) or search the collection of Library Guides.

Disability support (AccessAbility)

Our qualified professionals support students with a disability or long-term health condition including specific learning difficulties and autism spectrum conditions. All enquiries are dealt with confidentially and we encourage all students with disabilities to contact us so that we can support you in your studies.

Education Welfare Team

If your psychological or physical health or wellbeing is having an effect on your studies, or your studying is creating health problems for you, then our friendly Education Welfare

Team is available to talk to you in a confidential and non-judgemental way about any

issues you may need support with. You can find them in your academic Hub/Info Point or online here: <u>Student Wellbeing</u>

Study Zone

You might have concerns about adjusting to a new learning environment and study techniques. Our <u>Study</u> <u>Zone</u> Team provide high quality guidance and skills to support your learning.

The online study resources include practical advice and tips to develop your academic skills such as time management, research, and subject specific writing. The team run regular, weekly drop ins and provide some short, bookable appointments.

Personal support

Student Information

Desk (SID) advisors are your first point of contact for non-academic information including international student support, accommodation, exams, fees and funding, graduation, official letters, transcripts and certificates. You can browse frequently asked questions, you can log an enquiry with them or you can see them in person in the Forum on Streatham Campus or at the Info Point at St Luke's Campus.

Physical health

The healthcare system in the UK is called the National Health Service (NHS) which includes hospitals, doctors' surgeries and the ambulance service. The NHS provides free emergency, routine and occasional medical treatment.

You should register with a doctor online when you arrive at university. You will need a UK mobile number to do this. We have health centres on or near both Exeter campuses.

Before attending the health centre you must call to make an appointment. During your appointment the doctor or nurse will provide you with a prescription for medication if you need this. Do not go direct to hospital to get medication or diagnosis for an illness unless it is an emergency. In an emergency telephone 999 and ask for the ambulance service. If you are unsure, call 111 and they will advise you.

Mental health and wellbeing support

Our Mental Health support is called <u>Wellbeing</u> at Exeter. The Wellbeing Services Team provides free, confidential advice, guidance, wellbeing and psychological support when you need it.

Nightline

Nightline is a confidential and anonymous listening service run by trained student volunteers. They are available 20:00 until 08:00 during term nights. The phone number is on the back of your student card.

Multifaith Chaplaincy

The Multifaith Chaplaincy is here for students of all faiths but also of no faith. The team is made up of Chaplains from many different traditions who are available to offer listening and informal support to all students. We have a chaplaincy

Student support services in Exeter

quiet room, three Christian chapels and there are prayer rooms available for Muslim students. You can talk to them like a trusted friend or family member about anything. We are building a new Multifaith Chaplaincy Centre due to open in 2024. You can contact them at chaplaincy@exeter.ac.uk to arrange to speak to a Chaplain.

Residence Life

If you live in university managed student accommodation the Residence Life Team provides support and advice. The Residence Life Team provides support and advice about living in the accommodation, such as getting on together or worries about flatmates. They organise social activities to help you meet friends and build community. Student mentors will visit to check in with you and you can meet with the team to discuss any concerns.

Community Engagement Officers

Our Community Engagement Officers can provide information and guidance to students living and socialising off-campus including information regarding noise, holding parties, recycling and safety.

Car parking

We do not recommend students living in the city bring cars. Parking is extremely limited in the city. Students who live in the city are not entitled to bring their cars onto campus during the weekdays between 08:00-18:00. If you do bring a car please ensure you have a valid driving license, insurance and road tax.

Your safety

Devon is generally a safe place to live, but it is always best to be aware of how to stay safe and who to contact for help. We have advice on our website to help you take care of your personal safety and keep your belongings safe or visit the Campus Safety Guide.

Download the **SafeZone** app.

Estate Patrol is your campus security team for any issues on campus. They are always available, 24/7, 365 days of the year. They patrol the campus, respond to emergencies, are trained in first aid and can give you help and advice about safety and security or visit the Estate Patrol webpages. Out-of-hours welfare support can also be accessed by contacting the Estate Patrol emergency number.

Contact Estate patrol:

Emergency - Telephone +44(0)1392 722222

Non-emergency - Telephone +44(0)1392 723999

Email: e.patrol@exeter.ac.uk

If you need emergency services on campus – fire, ambulance or police – first call 999 or 112 or use the <u>SafeZone</u> app emergency button. Then contact Estate Patrol's emergency line.

Away from campus, in an emergency call 999 and ask for Fire, Police, Ambulance or Coastauard.

Social life and leisure activities

Your Students' Guild is here to help all students love their time

at Exeter. They exist to enhance your student life outside of your studies. The Guild is led by you and all other Exeter students, with your elected Officers representing your interests in all aspects of student life.

As a student at the University of Exeter, you're automatically a member of your Students' Guild – giving you access to societies, representing your student voice and getting advice and support when you need it.

Your Students' Guild offers you the opportunity to join societies and groups, campaign on issues that matter to you and celebrate the vibrant communities we have here at Exeter. They also offer an independent Advice service to support you with finance, accommodation, academic and other concerns.

Your university experience can be improved by the people around you, and there are so many ways for you to make those connections through your Students' Guild. From joining your academic societies, to celebrating who you truly are, everyone belongs at Exeter.

Student sport

University of Exeter Sport provide facilities to join the gym, take a fitness class, have a swim, play a social sport or compete in a club and everyone can take part. The Athletics Union represent students who want to get involved in sport and oversees more than 52 sports clubs for you to choose from.

Student support services for Penryn Campus, Cornwall

Supporting your studies

Your academic personal tutor or supervisor will contact you at the beginning of your studies to introduce themselves. They can offer to meet with you individually or in a group. You can contact your tutor any time to talk about your academic, personal and professional development. They can also help you to understand feedback on your assignments and offer suggestions for how you can improve.

Library

Penryn Campus Library is open 24 hours a day 7 days a week, during term time, and provides study spaces, resources and academic support to help you succeed in your studies. Digital books and resources are available at any time online and you can also access online support via the online chat or in our collection of LibGuides.

ASK

The ASK Academic Skills
Team can help you to develop
new study techniques. They
run workshops on writing,
referencing and study skills,
can provide study guides and
learning resources and offer
one-to-one appointments.
You will also have access
to our Study Hub of guides
and services to support your
learning and a range of online
support from Study Zone
Digital.

English language skills development

Studying and research in another language can be challenging so the Languages EAP Team (English for Academic Purposes) deliver a programme of workshops to support and guide you. You can also book a one-to-one tutorial for language skills advice on items like written work or presentations.

Get in touch with the team at the <u>Penryn Info Point</u> if you have any questions about education support such as choosing modules, submitting assessments and what to do if you're unwell and need an extension to your deadlines. (This is known as mitigation.)

Our Education Welfare Team can help you if your mental or physical health or wellbeing is impacting your ability to learn or if your studying is creating health problems for you. They can talk to you in a confidential and non-judgemental way about any issues you may need support with. You can email welfare.penryn@exeter.ac.uk or call +44(0)1326 371847 or +44(0)1326 371875.

Accessibility support

Our Accessibility Team can provide information and advice for students with a disability or long-term health condition including specific learning difficulties and neurodiversity. All enquiries are dealt with confidentially and we encourage all students looking for

accessibility support to contact us so that we can help you in your studies.

Student information

The Compass is a student information service that offers help and advice on any aspect of university life whether you have a quick query or require specialist support. As your first point of contact for nonacademic support, the service provides information, access and referral to a range of services including: international student support, accessibility and disability support, health and wellbeing, study skills, languages, library general enquiries, fees and funding, travel and transport as well as campus signposting, information, and facilities.

You can browse frequently asked questions and contact them by email, phone or webchat or visit the helpdesk within the library on Penryn Campus. fxplus.ac.uk/studentsupport/the-compass/how-can-we-help-you/

Multifaith Chaplaincy

The Multifaith Chaplaincy supports the pastoral and spiritual needs of students of any faith or none. The friendly team are based in a cosy cottage on the Penryn Campus, with spaces to relax as well as a quiet room for prayer and meditation. Most afternoons you will find one of the volunteer chaplains there, and sometimes they host events such as craft sessions and film nights. There

Student support services for Penryn Campus, Cornwall

is a dedicated Muslim Prayer Room on the Penryn Campus, with ablution facilities and space for men and women to pray separately.

Mental health and wellbeing support

Penryn Campus offers a variety of resources to help you manage your wellbeing during your time with us. Student Support can provide free confidential advice, guidance, wellbeing and psychological support when you need it. You can book a drop-in appointment faceto-face or online via Teams to talk through your needs so that you can be connected to the most appropriate help. You also have access to a 24/7 helpline provided by Spectrum life for in-the-moment support where you can self-refer to counselling if needed. Plus, you have access to local peer support groups and online support like Togetherall or Silvercloud online mental health programmes. Emailstudentservices@fxplus. ac.uk to find out more or call the Compass Helpdesk on +44(0)1326 370460.

You can find an <u>A-Z of Support</u> and Services for students online.

Healthcare

The UK healthcare system is called the National Health Service (NHS) which includes hospitals, doctors' surgeries and the ambulance service. The NHS provides free emergency, routine and occasional medical treatment. You should register with a doctor when you arrive at university.

Doctor clinics are available within **Penryn Surgery**. There is an on-campus provision, but the Doctor (also known as a General Practitioner or GP) will often consult with students either by phone or in person from the main surgery in Penryn. You can register online with Penryn Surgery. If you will be living in Falmouth, The Compass Helpdesk will have details about other local doctor surgeries in Falmouth. Before attending, Penryn Surgery ask you to complete an online form to make an appointment. During your appointment the doctor or nurse will provide you with a prescription for medication if you need this. Do not go direct to hospital to get medication or diagnosis for an illness unless it is an emergency. In an emergency telephone 999 and ask for the ambulance service. If you are unsure, call 111 or visit NHS 111 online and they will advise you.

Social life and leisure activities

Falmouth and Exeter Students' Union, The SU, is the only students' union in the country to represent students from two different universities, Falmouth and Exeter. They are led by and represent all our students aiming to ensure everyone has a positive experience during their time at university and they offer a wide range of services and experiences to support this.

The SU has over 120 different societies and groups led by students, for students. Joining societies is a great way to meet

other students, find people with similar interests or try something new. They also offer an independent Advice Service to support you with finance, accommodation, academic and other concerns.

Student sport

The Sports Centre on Penryn Campus has a gym with qualified fitness instructors and a studio with classes ranging from Spinning to Yoga and Pilates. You can sign up for a membership or pay as you go. There is also a Sports Hall for activities like badminton and basketball and outdoor Multi-Use Games Area (MUGA). The SU also has lots of sports clubs and societies you can take part in.

Res Life

The ResLife Team are also on hand to organise activities to help you settle in. They host social activities for students living in halls of residence, both on and off campus and are a friendly face in halls for signposting you to relevant wellbeing and support services. You can find out about what they have planned by following them on Instagram and Facebook @fxreslife or email: reslife@fxplus.ac.uk.

International student support

The International Student Support Team specialise in advice for non-UK students studying with us. They can help with information and advice on immigration, visas and living in

Student support services for Penryn Campus, Cornwall

the UK which, we know, can be challenging at times. You can access these services <u>online</u> and in person.

The Cornwall International Student Support Team hold regular events to help you settle into student life in Cornwall, build your confidence and make new friends. Global Chums is a six-week mentoring programme designed to answer questions when you arrive, help you get used to campus life quickly, and provide you with some familiar faces around campus.

Plus, the Intercultural Café is a chance to meet new people and celebrate our different cultures in a relaxed and friendly environment. This runs on alternate Fridays during term time. The team also help organise cultural celebrations such as Diwali, Christmas lunch and Lunar New Year.

You can find out more about social activities on the <u>events on campus</u> page or by following @UniExeCornwall on X, Facebook and Instagram.

Career support

Cornwall <u>Career Zone</u> is based in the Exchange on Penryn Campus. The team offers a full range of support, including advice on preparing your CV, running mock interviews, employer presentations, careers fairs and job-hunting techniques, all designed to match your skills and ambitions with great career options.

They have a useful timeline to help guide you through career planning, from first year through to finalist or postgraduate studies and beyond. Look out for activities across the year and sign up to Handshake to find jobs, register for careers fairs and book onto events.

Safety and support

Cornwall is generally a safe place to live, but it is always best to be aware of how to stay safe and who to contact for help. Take a look at the <u>staying safe</u> pages for tips and advice on your personal safety and on keeping your belongings safe.

<u>Download SafeZone</u>, a free app that allows you to quickly make contact with the Safety and Support Team if you ever need urgent help when you are on campus.

The <u>Campus Safety and</u>
<u>Support Team</u> is available 24/7, 365 days of the year. They patrol the campus, respond to emergencies, are trained

in first aid and can give you help and advice about safety and security.

In an emergency dial: +44(0)1326 254444

In a non-emergency +44(0)1326 255875.

If you need emergency services on campus – fire, ambulance, or police – first call 999 or 112 or use the SafeZone app emergency button. Then contact the Campus Safety and Support emergency line.

Away from campus, in an emergency call 999 and ask for Fire, Police, Ambulance or Coastguard.

Please reach out to the <u>Student Support Team</u> if you experience any of the above and need support. You can also call the <u>24/7 confidential helpline</u>, run by Spectrum Life, where you can self-refer to talking therapies.





Living in the UK and culture shock

Living in a new culture is exciting but can also be challenging. Here is some basic advice about life in the UK.

- Although simple politeness is always expected, British people are generally relaxed. They like to hear 'please' and 'thank you' repeatedly! People here are very friendly but can be reserved, especially when talking to strangers. You might like to download the British Council's 'Creating Confidence' booklet.
- It is not polite to be late in Britain. If you find you are going to be late or if you cannot keep an appointment try to contact the person you are going to meet beforehand.
- If you are invited to someone's home for a meal it is polite to take a small gift (for example, wine, chocolates or flowers), or you could invite them to your home in return. It is considered good manners to tell your hosts in advance if you have special religious or dietary requirements.
- When you are in a bank, shop or waiting for a bus you are expected to queue; stand in line and wait your turn.
 People can get very angry if you 'jump the queue'.

- If you do not drink alcohol, you may be worried if you are invited to go to a pub (public house or bar). Pubs are popular social meeting places and sell a range of soft drinks as well as alcohol. Both men and women are welcome. There is no waiter service and you pay for drinks at the bar when you order them.
- You may be surprised about the amount of alcohol some students consume.
 Unfortunately it is part of a student drinking culture.
 Only drink to a level you are comfortable with and not at all if you don't want to. You should never feel pressurised into drinking.
- You may wish to tip. About 10–15% for a taxi or in a restaurant is the norm although check a tip has not already been added to your bill.
- Men and women have equal rights in the UK. It is illegal to discriminate against anyone according to race, gender, age, class, sexual orientation, religion or disability.
- British attitudes to sex and sexuality may be different from those in your own country. You are free to live according to your own personal standards, ethics and beliefs and not feel pressured to adopt those of any of your fellow students.

Climate and clothing

See 'What to pack' section p.29.

UK food

British people enjoy a great variety of food, including dishes from other countries. Traditional meals in the UK can seem heavy and often rely on meat, potatoes and vegetables. It is important to maintain a good diet and not rely on fast food. If you are unused to cooking, take a look at bbcgoodfood.com where there are many videos of recipes for you to try.

Smoking

In 2007 England undertook a complete smoking ban in public places. All University residences and buildings are non-smoking. Make sure you take notice of non-smoking zones in public areas. If you are in the company of others it is polite to ask if they mind whether you smoke, especially at meal times.

Toilets

British toilets are the flushing, pedestal type. Toilet paper is provided and should always be flushed away after use. Separate facilities are usually available for people with disabilities and for nappy/baby changing.

Living in the UK and culture shock

Electricity

British electricity works on 230 volts/50 cycles and most sockets take 13 amp square pin fused plugs. Make sure your electrical equipment can be used safely at this voltage. Adaptors can be purchased in the campus shops, or don't forget to pack a few in your luggage.

Drinking water

All British tap water is safe to drink unless it is labelled 'not for drinking'. Do not use water from the hot water tap for making hot drinks. You should instead boil a kettle or use a microwave.

Driving in the UK

Very few students have cars. and there is limited parking on campus. It is easy to move around Exeter, Truro, Penryn and their surrounding areas using public transport. Before buying a car, please consider all the costs involved – petrol, insurance and driving licence (both compulsory), MOT (certificate to prove your car is roadworthy), tax, repairs, etc. It is your responsibility to research the driving laws in the UK and comply. If you are caught without a licence, insurance, MOT and/or tax it can affect your visa status and you will be strictly punished by the police. Please contact SID exeter.ac.uk/ sid or fxplus.ac.uk/studentsupport/the-compass if you are thinking of buying a car or bringing one to campus.

Bicycles

Cycling is a healthy, cheap and convenient way to travel to and from our campuses. You can buy a low cost second-hand bike from a series of events organised by the Sustainability Team, who also sell discounted cycle lights and locks. There are plenty of cycle parking facilities on the campuses, to lock your bike and students in Exeter can take advantage of free cycle safety checkups at monthly Dr Bike events. In Cornwall you can join the Bicycle Users Group (BUG) and Beryl e-bikes are available to hire on Penryn Campus. A range of safe cyclina information is available on the cycling web pages.

Exeter: <u>exeter.ac.uk/</u> <u>sustainability/travel/bike</u>

Cornwall: <u>fxplus.ac.uk/campus-navigation/travel-and-transport/cycling</u>

Staying safe

Exeter and Penryn are relatively safe places to live. But by taking on board some simple crime prevention advice you can help to prevent becoming a victim of crime:

- Register any valuable property at <u>immobilise.com</u> free of charge.
- Keep your windows and doors shut and locked when you leave your property.
- International students are often targets of telephone and internet scams. The Police recommend you purchase a new SIM card

- on arrival in the UK. For more information on scams and what to do exeter.ac.uk/students/ international/livingintheuk/ fraudtricksandscams
- Don't leave your valuables on display.
- · If you have an alarm use it.
- Does your house look secure?
 If the answer is no speak to your landlord.
- Don't make yourself an easy target – walk and travel in groups at night and swap telephone numbers.
- Be aware of your surroundings. Stick to well-lit streets and avoid shortcuts after dark.
- Use cash machines during the day or get cash-back in a supermarket. Never write down your PIN number.
- If you are concerned about a situation or feel unsafe go into the nearest shop and ask the assistant for help.

Find more tips on staying safe on our student stay safe pages.

Culture shock

Many international students experience culture shock when they arrive in the UK. The language, clothes, food and behaviour may seem strange compared to what you are used to at home. The rules of academic and social life may be quite different from what you expected. You may have thought you knew a lot about Britain before you came but now find it hard to settle.

Living in the UK and culture shock

This is a very normal experience and most international students find that they soon become accustomed to their surroundings. But sometimes 'culture shock' can feel like an emotional rollercoaster.

Tips to help with transition:

- Remember that culture shock is a normal experience and you're not alone. Talk to other international students and UK students who might also be away from home for the first time, who are probably feeling the same way.
- Bring a few familiar items with you to make your room feel more like home.

- Talk to people in your residence and in your classes, even if you are nervous. Most people will be friendly and you will feel more confident.
- Get plenty of rest, eat well and exercise.
- Join an English Language Skills Development class if you are based in Exeter, or find out more about what the Languages Team at Penryn Campus offer.
- Join student clubs and societies where you can enjoy socialising with British and international students with the same interests.

 If you are finding the transition particularly difficult, talk to someone. This could be your Personal Tutor or Chaplain or a member of the Res Life, Wellbeing Support or International Student Support teams. They are trained listeners!

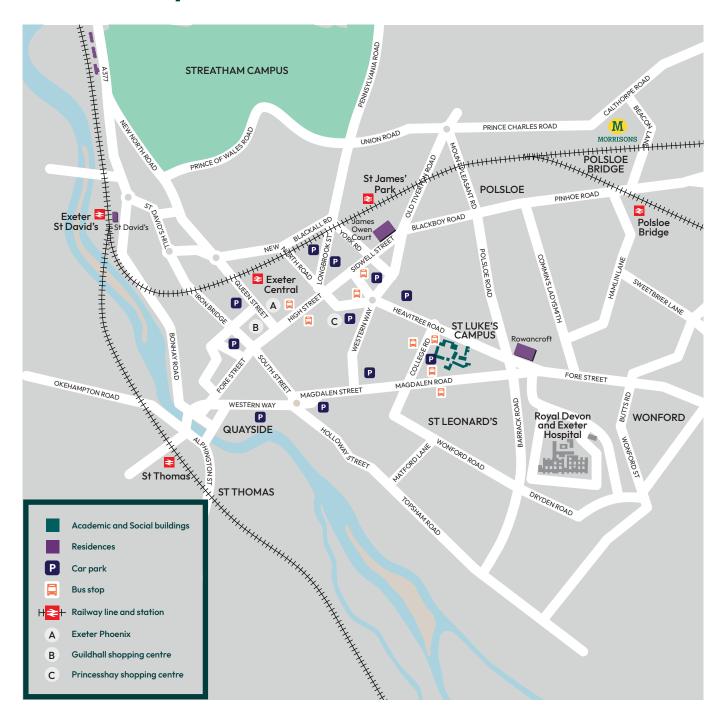
Contact <u>exeter.ac.uk/students/</u> <u>international/accessourservice</u> for an appointment and a chat.

We appreciate that it is not always easy to ask for support but we are always willing to listen and help in any way we can.



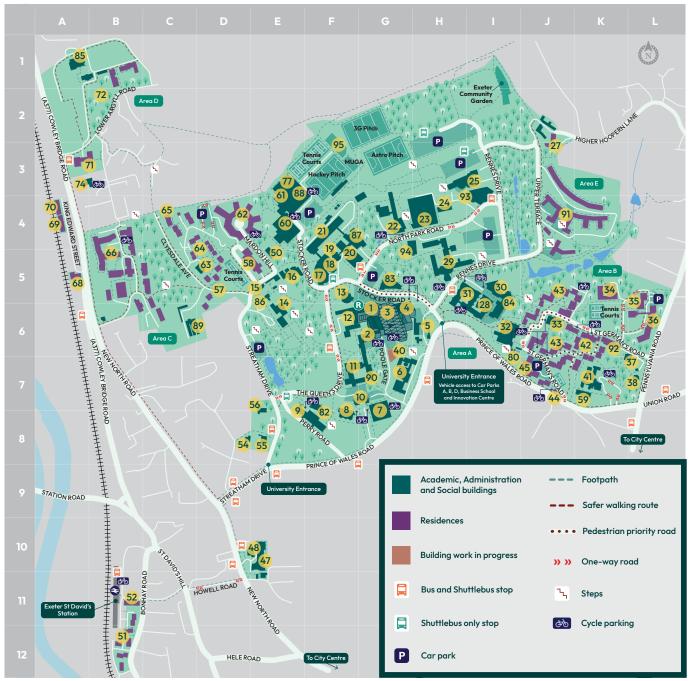


Exeter City



The Streatham and St Luke's campuses are located within a 15-minute walk of the city centre or a 5-minute bus journey.

Streatham Campus



The department locations are correct as of March 2024.

Please visit our online maps for further details: exeter.ac.uk/visit/directions

Streatham Campus

Academic/social buildings		Harrison 23 Data Science		4H	Sports Park Ocean Physio Clinic	60	4E	
Alexander 47 10E Drama		10E	Engineering Mathematics			Athlete Development Centre		711
Amory Anthropology Classics and Ancient History Criminology		5H	Hatherly Biosciences Geography		7G	Streatham Court University of Exeter Business St Accounting Business and Management Economics		6H
Geography History			Institute of Arab and Islamic Studies Arab and Islamic Studies	16	5E	Student Health Centre	86	6E
International Relations Law Liberal Arts			INTO International Study Centre	83	5G	South West Institute of Technology	93	41
Philosophy			Laver	22	4G	Tennis Centre	61	4E
Politics Sociology Theology and Religion			Archaeology Mathemetaics		40	Thornlea Drama	48	10D
Bill Douglas Cinema Museum	7	8G	Library	4		Vic Ambler Short Game Training Centre (Golf)	95	3F
Business School Building:One	84	61	Living Systems Biosciences Natural Sciences	87	5F	Washington Singer Psychology	9	8E
University of Exeter Business Sc	hool		Mardon Hill	50	5E	Xfi	30	51
Catholic Chaplaincy	74	3A	Wellbeing Centre			University of Exeter Business Sc	hool	
Centre for Resillience in			Mary Harris	10	7F	Residences		
Environment, Water and Waste	94	5H	Memorial Chapel			Birks Grange Village	66	5B
Creative Quandrant	28	61	Multi-Faith Centre	40	7G	Clydesdale Court	64	5C
Cornwall House	32	61	Newman Lecture Theatres	18	5F	Clydesdale Rise		
Music			Northcote House	12	6F	Cook Mews	69	
Cornwall House	80	7 I	Old Library	7	-	Duryard	72	2B
Swimming Pool	_		Research Commons	,	80	East Park	91	4J
Devonshire House Students' Guild	2	6G	Library Collections			Garden Hill House	27	3J
Digital Humanities Lab	90	7G	Peter Chalk Centre	17	5F	Holland Hall/Studios		4D
Exeter Northcott	13		Physics Physics	21	4F	King Edward Court Lafrowda	68 43	5A 7J
Theatre			Astronomy			Lafrowda Cottage	44	8J
Family Centre (Owlets)	59	8K	Queen's	11	7F	Llewellyn Mews		4A
Forum	3	6G	Art History and Visual Culture			Lopes Hall		6K
Alumni Auditorium Exploration Labs			Communications English			Mardon Hall	58	
Retail and Catering Services			Film Studies			Moberly	71	3A
Seminar Rooms Student Services Centre			Language Centre Modern Languages and Cultures			Nash Grove	57	
Students' Guild Information Poi	nt		Reed Hall	14	6E	Pennsylvania Court	36	6L
Forum Library Pret A Manger			Reed Mews	15	5E	Ransom Pickard	35	6L
Starbucks Starbucks			Wellbeing Centre	_		Rowe House	45	7 J
Geoffrey Pope	20	5F	Roborough	8	8F	Spreytonway	92	7K
Biosciences Natural Sciences			Drama			St David's	51	12B
Great Hall and	٠,	6G	Russell Seal Fitness Centre			St German's	42	7K
University Reception	•	36	Sir Christopher Ondaatje Devon Cricket Centre	77	3E			

St Luke's Campus

The department locations are correct as of March 2024.



Academic/social buildings

Baring Court

Children's Health and Exercise Research Centre Graduate School of Education

Chapel

Cross Keys

Dance Studio

Haighton

Graduate School of Education

Graduate School of Education 5

Support Services

Giraffe House Study spaces

2 Library

North Cloisters 3

Graduate School of Education 16

Sport and Health Sciences

University of Exeter Medical School

11 **South Cloisters** 12 Graduate School of Education

> **Sports Centre** 7

> > 8

6 University of Exeter 1 **Medical School**

Residences

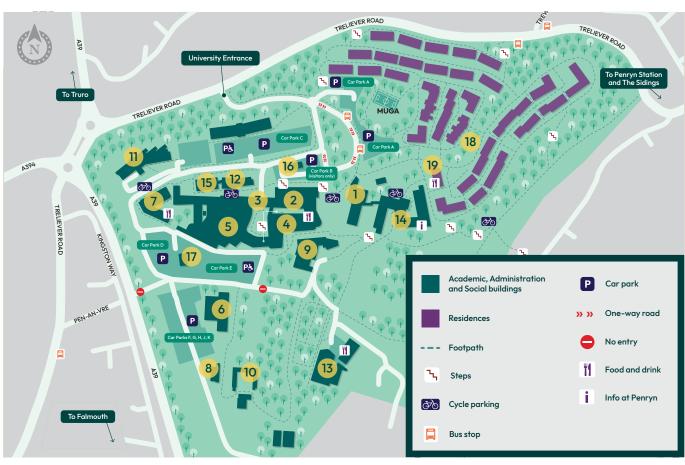
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Nancherrow 13

Institute (ESI)

Penryn Campus

The department locations are correct as of March 2024.

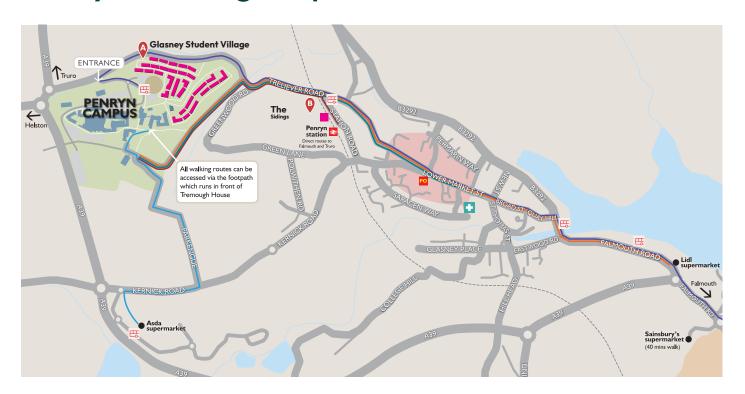


Academic/social buildings		Renewable Energy Engineering	0	European Centre for Environment and Human Health (ECEHH)	
The Heart	1	Facility (REEF)	8	Humanities and Social Sciences	
University Reception and Shop		Tremough House and		(HaSS Cornwall) Institute of Cornish Studies	
The Exchange	2	The Annexe	9	Teaching and study spaces	
The Compass Library Career Zone IT Suites, Digital Hub and Tech Support		Chapel Lecture Theatre Muslim Prayer Room Research Services Student Lounge Student Services inc. Accessibility		Science and Engineering Resear Support Facility (SERSF) Business School	ch 15
Exchange Courtyard	3	Wellbeing Centre		Collaboratory Renewable Energy Group	
Daphne du Maurier building Masters Suite	4	Tremough Barton Cottages and Farmhouse	10	inc. Centre for Offshore Technologies Centre for Ecology and Conservation	
Earth and Environmental Sciences, inc. Camborne School of Mines		Multifaith Chaplaincy Centre for Ecology and Conservation		Security and Information building	16
The Stannary restaurant and bar The Sustainability Café		Stella Turk building	12	Post Room	
Students' Union		Business School Energy Policy Team		Penryn Delivery Hub	17
Daphne du Maurier building Centre for Environmental Mathematics	5	Law Centre for Ecology and Conservation		Residences	
Teaching rooms and laboratories		Academy of Music and		Glasney Student Village	18
Sports Centre Little Wonders Nursery	6	Theatre Arts (AMATA) AMATA Café	13	Glasney Lodge	19
Environment and Sustainability		Peter Lanyon building	14	Koofi Café	

Info at Penryn (Student Information Desk)

Centre for Geography and Environmental Science

Penryn walking map



- Campus to Asda 15 mins
- Campus to Penryn Train Station 18 mins
- Campus to Post Office and shops 22 mins
- Campus to Lidl **35 mins**
- Campus to Falmouth by bus 15 mins (buses run to Falmouth, Truro and Redruth from the Campus)
- Penryn Doctors Surgery
- Penryn town centre (shops, cafes, pubs, bank, hairdressers and galleries)
- Bus stops
- Post Office
- Accommodation

The Penryn Campus is located within a 20-minute walk or a 5-minute bus journey from Penryn. Truro is a 30-minute drive or bus journey from Penryn.



Useful contacts

General		
Information:	exeter.ac.uk	+44 (0)1392 661000
Emergency contact		
Exeter (Estate Patrol Campus Security):	e.patrol@exeter.ac.uk	+44 (0)1392 723999
Penryn Campus Safety and Support:	fxplus.ac.uk/campus- information/campus-security	+44 (0)1326 255875 24hr emergency first aid: +44 (0)1326 254444
International Recruitment Team:	exeter.ac.uk/international	
Exeter campuses accommodation:	exeter.ac.uk/study/ accommodation	+44 (0)1392 724724
Penryn Campus accommodation:	exeter.ac.uk/study/cornwall- accommodation	+44 (0)1326 253639
Student Information Desk (SID):	exeter.ac.uk/sid	+44 (0)1392 724724
Penryn Campus Student Information:	fxplus.ac.uk/student- support/the-compass	+44 (0)1326 370460
Academic Departments:	exeter.ac.uk/departments	
University virtual tours:	exeter.ac.uk/virtualtours	
Students' Guild:	exeterguild.com	info@exeterguild.com
Falmouth and Exeter Students' Union (the SU):	thesu.org.uk	info@thesu.org.uk
Visa and pre-arrival information		
Visa/entry to the UK:	gov.uk/visas-immigration	
The British Council Worldwide:	britishcouncil.org	
UK Council for International Student Affairs (UKCISA):	<u>ukcisa.org.uk</u>	
Travel		
London airports:	airwise.com/airports/uk	
Train services:	thetrainline.com	
National coach services:	nationalexpress.com uk.megabus.com	
Local information		
Exeter:	exeter.gov.uk thisisexeter.co.uk	
Devon:	visitdevon.co.uk	
Cornwall:	cornwall.gov.uk visitcornwall.com	
Britain:	<u>visitbritain.com</u>	