



PACK FOR GOOD

MAKE PACKING EASIER
BY DONATING UNWANTED STUFF



**FIGHT
FOR EVERY
HEARTBEAT**

bhf.org.uk

UNIVERSITY **living**

UNIVERSITY OF
EXETER

THIS END OF TERM, DONATE AND SAVE LIVES.

Over the years, Universities have generated over £1.5m from items sold in local British Heart Foundation shops, proving that campuses are strong allies against heart disease. Let's keep on saving lives, together. Here's how:

WHAT TO DONATE:

Please donate your unwanted clothing, CDs, stationary, books, kitchen utensils, DVDs and electrical items to help fight heart disease.

HOW:

Use the BHF bag we will be delivering to you or pick one up from your reception.

WHERE:

There are donation points around campus and in your residence. Ask in reception where your nearest donation point is.

WHEN:

There will be collections throughout May and June.



MEET SHANNON

"Having a heart condition is always in the back of my mind but it doesn't frighten me like it used to. I'm in control of my condition now."

Shannon's studying a children's nursing degree at London's South Bank University.

She also has an abnormal heart rhythm that can lead to cardiac arrest. Like every other youngster, she never thought about having a heart condition and had no idea that, each year, more than 4500 under-16s have surgery for congenital heart disease.

PACK FOR GOOD AND SUPPORT LIFE SAVING HEART RESEARCH

