UNIVERSITY OF EXETER

Employability and Graduate Development

On-line Personality and Psychometric Testing

The Employability and Graduate Development centre (EGD) offers you a comprehensive on-line practice test with detailed feedback. To register for this FREE practice test, visit us in the Career Zone or telephone 01392 724493 and our Information Staff will be pleased to help.

If you wish to explore some aspects of personality type or to practise various sample psychometric tests on-line, the following sites are checked regularly by Mary McCarthy. All of these sites offer some advice and / or practice for free:

TESTS:

http://www.shldirect.com
SHL is a leading producer of personality and psychometric testing in the world. Through this site, you can access practice ability/aptitude tests plus a personality questionnaire before receiving guidance and feedback.

http://www prospects.ac.uk
Click on: Jobs and Work/Applications, CVs and Interviews/Tests and Exercises/Test yourself. This section of the Prospects website offers you a range of online tests and self assessment exercises.

http://www.psychtesting.org.uk
BPS Testing Centre. This site includes links to a number of test providers offering sample tests and personality questionnaires. Follow links under: 'Directories'

http://students.efinancialcareers.co.uk/numerical_test.htm
This site offers three practice tests on-line. Great practice for financial applications.

QUESTIONNAIRES:

www.vark-learn.com
This is one way to explore your preferred learning style. Short questionnaire and lots of hints and tips about studying and revising for exams.

www.teamtechnology.co.uk/myersbriggs.html
Contains information on the Myers-Briggs Type Indicator – a well used psychometric tool that helps you to measure your preferred ways of thinking and behaving.
This can help you to assess your preferred way of learning and working with others, which can have implications for the type of work situations that would suit you.

www.keirsey.com
This will lead you to a number of sites based around the Keirsey Temperament Sorter. Your 'temperament', according to this exercise, will place you in one of four categories. Worth a look.

www.queendom.com
A range of practice tests from the US including lots of fun tests plus useful career planning questionnaires.

PTO for books and other support materials

‘Improve your Numeracy’ – a booklet created by staff at the Universities of Bristol and Birmingham. Great basic refresher course for use prior to numeracy tests. Available at:
http://www.mathcentre.ac.uk Put ‘Improve your Numeracy’ in the Search box and the first pdf on the list that follows: ‘Numeracy Refresher’ leaflet is the one mentioned above. (Lots of other maths revision resources in this site too)

In the Career Zone Information Area –

We have a large range of workbooks including:

- ‘The Graduate Psychometric Test Workbook’ by Mike Bryon which explores verbal and numerical reasoning plus a personality questionnaire. There are some real tests (with answers included) which are of a higher standard than many other test booklets on the market

- ‘Data Interpretation Tests again by Mike Bryon. Numerical and quantitative reasoning and problem solving tests.

- ‘Practice tests for diagrammatic and abstract reasoning’ by Peter Rhodes

- ‘Advanced Verbal Reasoning Tests’ by Mike Bryon. English usage, critical reasoning and reading comprehension tests

Students considering Medicine as a career can explore GAMSAT and GMAT practice test manuals as well as a range of other resources

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