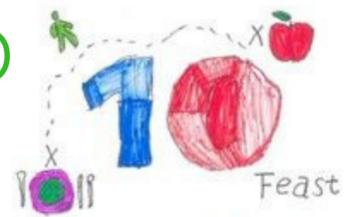
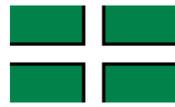




A HISTORY OF IMMIGRATION AND COMMUNALITY THROUGH FOOD



IMMIGRATION & FOOD



COMMUNALITY IN DEVON

AD 43 - circa 410 

The ROMANS were famed for their feasts - but did you know they introduced lots of foods to Britain, including turnips, apples, pears, celery, carrots, asparagus, garlic, onions, shallots, leeks, cabbages, peas, radishes, grapes and wine?

circa 450 

The ANGLO-SAXONS' taste for bread made with wheat (as opposed to bread made from barley or other cereals) influenced the current prevalence of wheat bread (from 9th - 11th centuries)

1066-1400s 

After the Crusades, NORMAN soldiers brought home sugar, herbs (such as basil, parsley and rosemary), and spices including cloves and nutmeg, which were worth their weight in gold

circa BC 3500

Families and close acquaintances would seasonally share a feast of meat, fruit, grains and beer with relative strangers in order to reduce tensions between groups

AD 1600s

Exeter tradesmen would often lay on a banquet for their business and social acquaintances, clients, and those they wished to impress

1940s

During WWII, 7 communal feeding centres (known as "British Restaurants") were set up in Devon to provide cheap meals to those who had lost homes in the bombing, or run out of ration coupons

CASE STUDY: IMMIGRATION AT THE SEASIDE

A typical English seaside day out might involve a meal of locally-sourced **fish and chips**, followed by local Devon or Cornish **ice cream**. However, these traditional meals are not as English as they seem... 

Domenico Granelli moved to England (along with his brother Angelo and family) in **1890** -- he was among the first **Italian** migrants to introduce ice cream.

Chips were originally a Belgian creation, and the first recorded fish and chip shop was founded in **1860** by Joseph Malin, a **Jewish** immigrant to London

Immigration has historically been part of British identity for millenia: the combination of cultures has resulted in a marvellous diversity of cultural cuisines. Throughout Britain's history, food has played a part in bringing people together. Let's continue this tradition at..



The 10 Mile Community Feast