



University
of Exeter

Introducing British Culture

Sue O'Hara
Transition and
Integration

<https://web.microsoftstream.com/video/fde2a0f7-7c36-4b5f-b2ba-dc80565ba9fb>

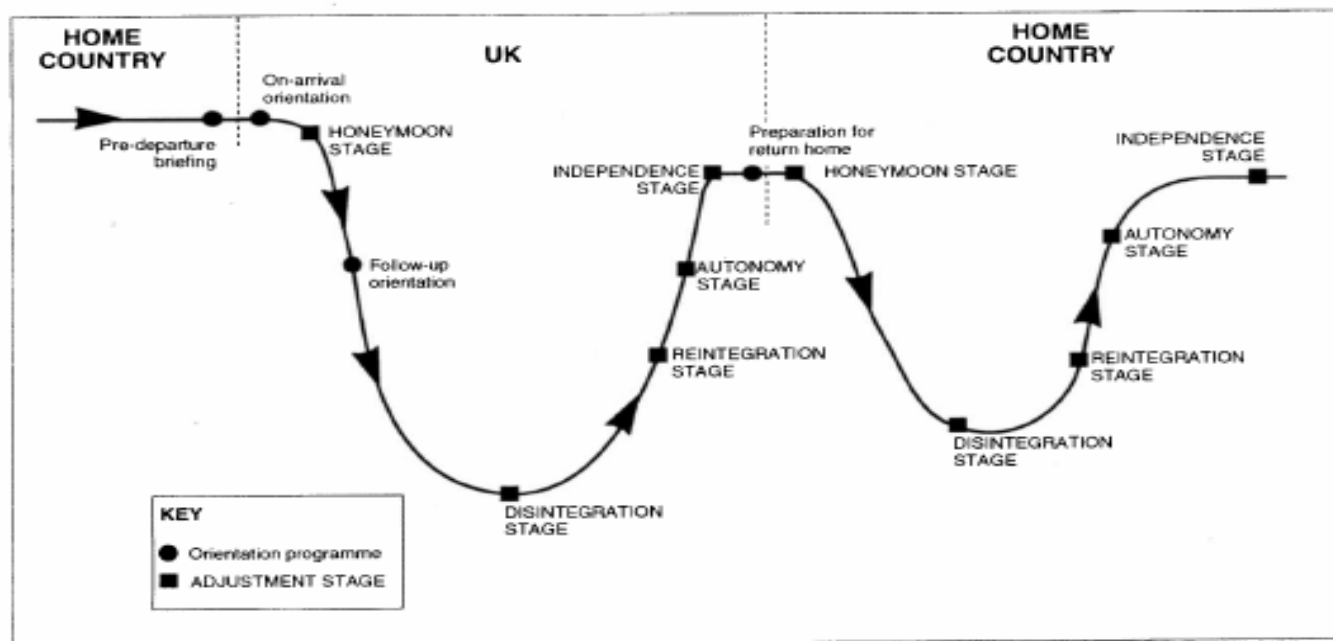




Culture shock!!!

Culture Shock... eh?

◆ W-CURVE: stages of adjustment experienced during orientation



Adapted from "Orientated for Success", edited by M. Barker, Australian International Development Assistance Bureau, 1990.

UK Habits: the basics

- Punctuality
- Queuing
- Polite conversation: the weather!
- Carry an umbrella
- Reserved or uninterested?
- Regional differences + 4 nations!
- Uncomfortable conversations:
Brexit, money, politics, relationships (especially sex!)

Language

- Hi, how are you? Do we mean it?
- Hello
- Politeness: Please, thank you, SORRY!
- Body language and comfortable space
- Colloquialisms and Exeter shorthand
- Insult like a brit

Check out Anglophenia on Youtube

Food

- Terrible reputation but very delicious!
- UK foods: Chips, fish and chips, roast dinners, cornish pasties, cake, cream tea
- Drinking and pub etiquette
- When and what to tip
- Seagulls... are evil!



Popular culture

TV:

- Great British Bake Off (channel 4)
- Strictly Come Dancing (BBC1)
- Gogglebox (channel 4)
- News at 10pm (BBC1)
- The Crown (Netflix)



IWT: what was different or difficult for you when you were settling in?

What do you like about British Culture so far?

Any questions/Comments?

Thank you!