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Supporting Teachers and childRen in Schools

Paediatric Neuropsychology Event

June 2015

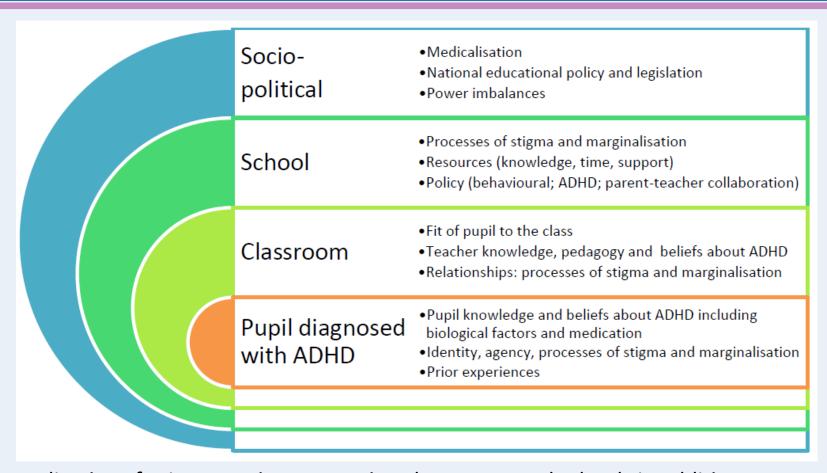








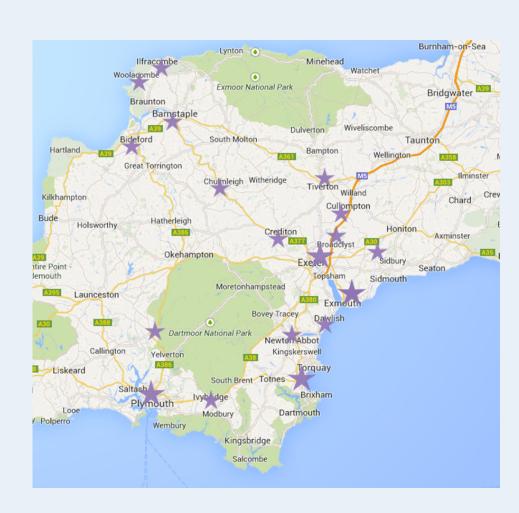
Complexity of the school context



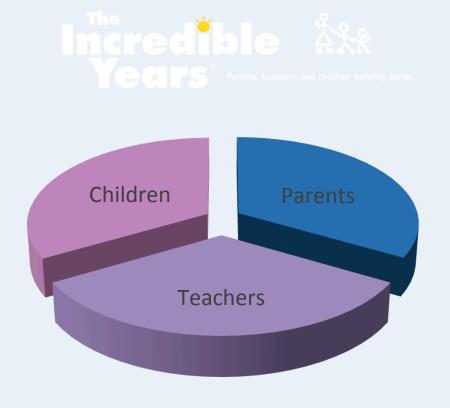
Implications for interventions: targeting classrooms and schools in addition to pupils for change may increase effectiveness

STARS Trial

- Incredible Years Teacher
 Classroom Management
- 80 primary schools across Devon, Plymouth & Torbay
- 1 teacher per school
- Foundation to Year 4



The Incredible Years Context



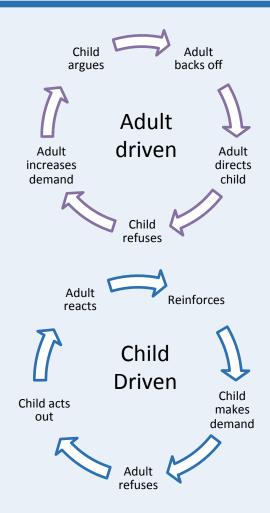
- ★ Parenting Programme
- ★ Child FocussedTherapeutic andClassroom BasedProgrammes
- ★ Teacher Classroom Management Programme

www.incredibleyears.com

June 2015 4

IY course theory

- ★ Patterson's social learning model
 - ★ importance of teacher in socialisation processes.
- ★ 'Coercion hypothesis'
 - ★ Adult critical or coercive behaviours reinforce child negative behaviours.
- ★ Aims to reverse in order to aid the development of children's social competence, emotional regulation and reduce aggressive behaviour



IY course theory

- ★ Bandura's modelling and self-efficacy theories
 - ★ live and video modelling
 - * rehearsal
 - ★ self-management
 - ★ cognitive self-control and self reflection.
- ★ Bowlby's attachment theory
 - ★ importance of warm and nurturing relationships in children's development
 - ★ building relationships through social and emotional coaching, praise and incentives.

The Incredible Years Teacher Classroom Management (TCM) Programme

Content

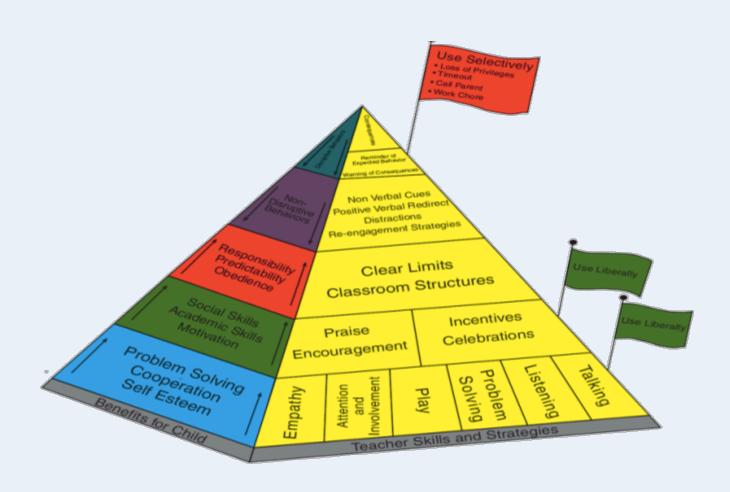
- ★ The importance of teacher attention, encouragement & praise
- ★ Motivating children through incentives
- ★ Preventing behaviour problems 'the Proactive Teacher'
- ★ Decreasing students' inappropriate behaviours
- ★ Building positive relationships with students & problem solving







The Incredible Years Teacher Classroom Management (TCM) Programme - Principles



Teaching Pyramid

STARS Trial – Outcome Measures

About the child

- Strengths and Difficulties Questionnaire (teacher and parent)
- How I Feel About My School Questionnaire (HIFAMS) (child)
- Pupil Behaviour Questionnaire (teacher)
- Assessment of academic attainment (teacher)

About the teacher

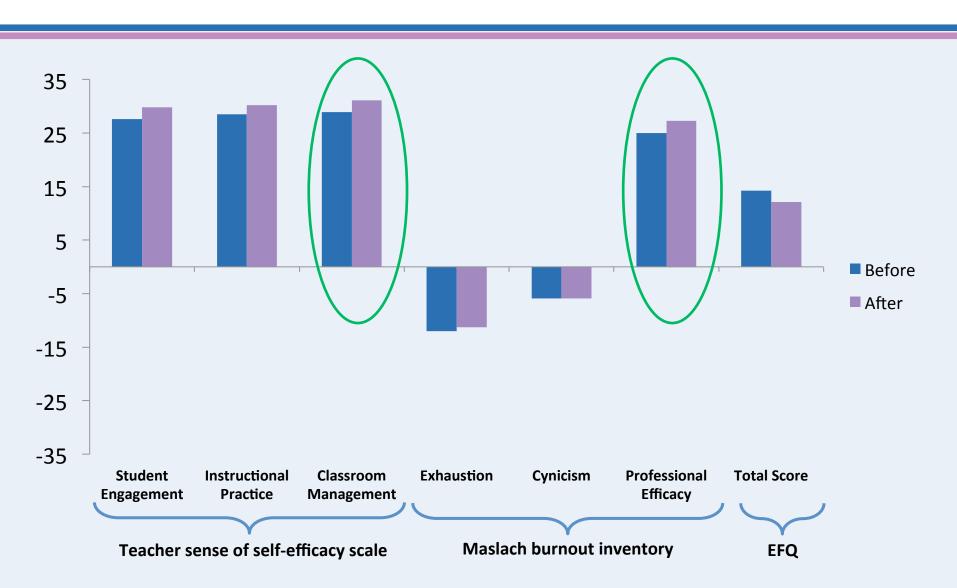
- Teacher sense of efficacy scale (teacher)
- Maslach Burnout Inventory General Survey (teacher)
- Everyday Feeling Questionnaire (teacher)



What teachers say ...



Feasibility Study



In reception this class had a reputation for being quite physical with each other and quite a high level of parental complaint - this is no longer the case. I think that this is down to the ground work in reception

There are couple of boys in the class who openly say that school is boring - however watching them in school would suggest differently, it is more of a case that they don't like work and without the positive environment behaviour could be very challenging indeed.

My two PGCE students were unconvinced at first but after observing another teacher - an experienced good teacher - they couldn't believe the difference in attitude the class had and the feeling in the room from someone who was not using the STARS training.

I don't know if it is a coincidence but the academic progress this year has been fantastic with some of the highest academic levels I have seen in my ten year career

Extending to children with SEND

Supporting Teaching staff to Enable children to build Emotional and behavioural Resilience for interested would involve:-

- Releasing one LSA who has one-to-one time with 1+ child(ren) who has SEND, ideally with the class teacher.
- For TCM training 6 full days training across 6 months (October 2015 to April 2016)
- Allowing us to approach the parents of the child/ren with SEND's to obtain consent for the collection of social, emotional and attainment data from them and their child before and after TCM
- The LSA and teacher complete brief questionnaires before and after TCM and attend a focus group after TCM
- Please contact me (<u>t.j.ford@exeter.ac.uk</u>) if you are interested































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