



# PSYCHOLOGY

UNDERGRADUATE SUBJECT BROCHURE 2019  
EXETER CAMPUSES



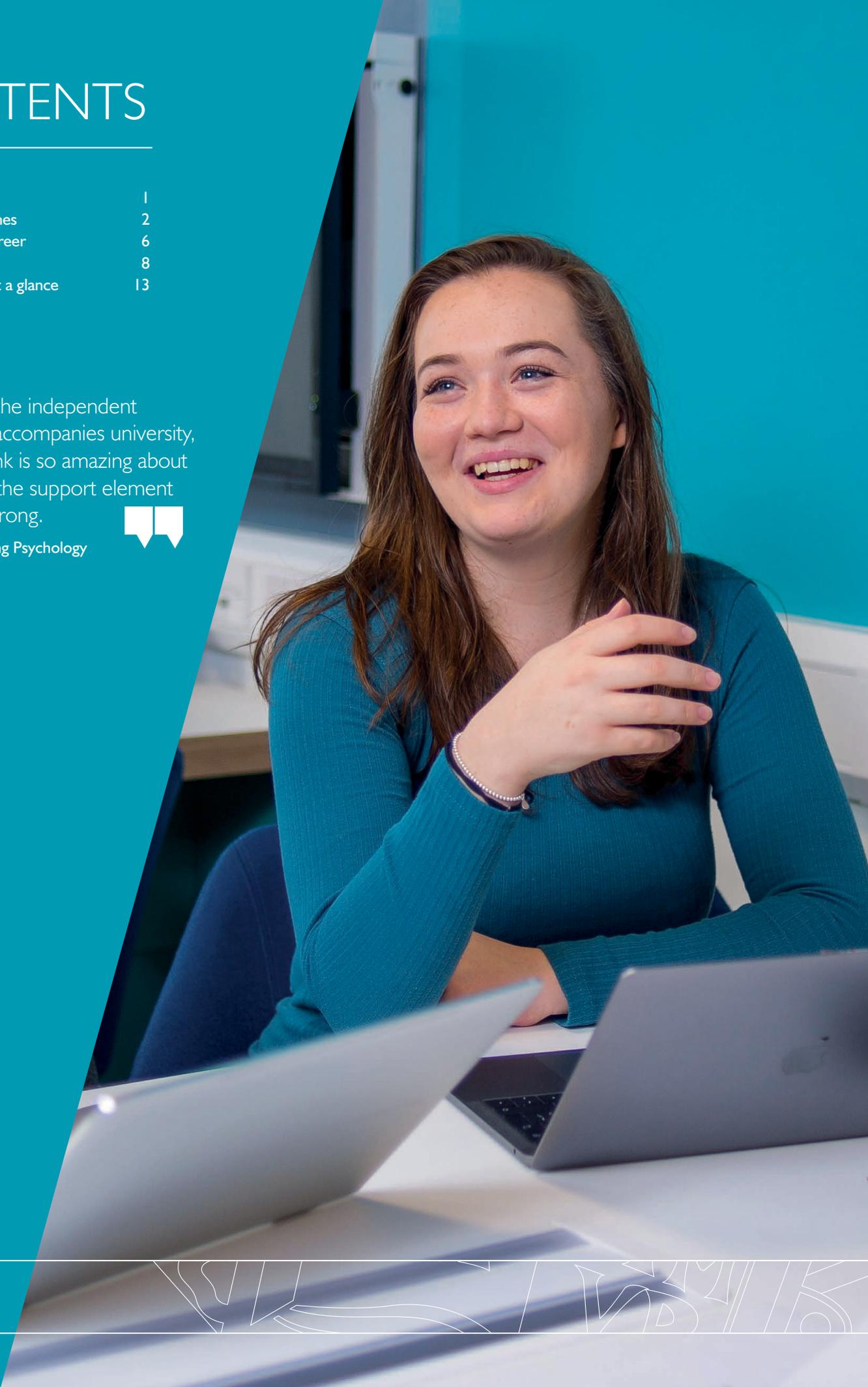
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 I love the independent element that accompanies university, but what I think is so amazing about Exeter is that the support element is incredibly strong.

Alexandra, studying Psychology



# PSYCHOLOGY

Top 10 for Psychology in *The Complete University Guide 2019*

Top 50 in the world for Psychology in *QS World University Rankings 2018*

81% of our Psychology students go into graduate employment or further study within six months of graduating<sup>1</sup>

Research in social, cognitive and clinical psychology and animal behaviour

Specialist research laboratories, clinical psychology suites and state-of-the-art audio-visual facilities

Accredited by the British Psychological Society<sup>2</sup>

Unique partnership with the NHS including exclusive contracts

Opportunity to study abroad

We provide a friendly, stimulating and supportive environment in which to study. Our programmes are led by academic staff at the forefront of their chosen fields, complemented by state-of-the-art facilities, including well-equipped workshops, specialist laboratories, clinical psychology suites and an audio/visual recording suite.

You will gain an excellent foundation in the key areas of psychology – developmental, cognitive, biological, clinical, social, personality – plus statistics, research methods and data analysis. You will explore some of the research fields in which we specialise, such as social psychology, organisational psychology, psychopathology, human cognition, animal behaviour, cognitive neuroscience and neuropsychology.

Our research blends theory, experimentation, and observation. Our lecturers take an

inclusive approach to education, so you will not only learn directly from them in the classroom, but also work alongside them on their research projects. You will also be invited to attend formal research seminars given by external speakers.

This research-inspired teaching deepens your understanding of psychology, giving you a competitive edge in securing internships and employment.

The MSci Applied Psychology (Clinical) programme has dual accreditation from the BPS – as a psychology degree and for the Psychological Wellbeing Practitioner (PWP) component. The clinical placement enables you to build up clinical hours towards becoming a fully registered PWP with the British Psychological Society after the training.

We place a strong emphasis on your personal and professional development as well as academic performance. You will be supported by a personal tutor who provides pastoral support. Our programmes have been specially designed to help you develop transferable skills that will make you sought after by employers.



**The British  
Psychological Society**  
Accredited

[www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

<sup>1</sup> Destination of Leavers from Higher Education Survey (DLHE) of 2015/16 undergraduates.

<sup>2</sup> BPS accredited and non-accredited pathways are available through the Flexible Combined Honours scheme.

# DEGREE PROGRAMMES

Psychology plays an important role in drawing together techniques, theories, findings and professional practice from several areas of expertise in order to address complex, but socially and economically important questions about behaviour.

Exeter's Psychology department is one of the UK's best, providing high-quality undergraduate programmes for intelligent and highly motivated people, whatever their background. Our teaching team comprises researchers in social, cognitive, and clinical psychology as well as animal behaviour. Our Psychology degrees are designed to provide a fantastic platform whatever your future career choice.

All our undergraduate programmes provide British Psychological Society (BPS) accreditation which confers eligibility for the Graduate Basis for Chartered Membership, provided the minimum standard of a Lower Second Class Honours (2:2) is achieved. This is the first step towards becoming a Chartered Psychologist.

## HOW YOUR DEGREE IS STRUCTURED

The degrees are divided into core and optional modules, which gives you the flexibility to structure your programme according to your specific interests. Individual modules are worth 15, 20 or 45 credits each. Full-time undergraduates need to take 120 credits in each year. Within Psychology, in addition to the core modules, you can choose from an extensive range of options in Years 2 and 3, a few examples of which are shown at the back of this brochure.

For up-to-date details of all our programmes and modules, please visit [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## SINGLE HONOURS

### BSc Psychology (EXETER)

BSc C802 3 yrs | AAA-AAB | IB: 36-34 | BTEC: DDD

with Study Abroad C820 4 yrs | AAA-AAB | IB: 36-34 | BTEC: DDD

Required subjects: GCE AL science<sup>+</sup> grade B; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5.

- An excellent education in key areas of psychology – developmental, cognitive, biological, social, clinical and personality – together with research methods and data analysis
- Explore some of the research fields in which we specialise, such as social and organisational psychology, psychopathology, human cognition, cognitive neuroscience and animal behaviour
- Broad and flexible programme allows you to explore your developing interests in more depth through a wide range of optional modules
- This programme provides British Psychological Society (BPS) accreditation – the first step towards becoming a Chartered Psychologist

**Year 1** You'll study a range of core areas, gaining a broad knowledge of psychology. Practical classes will give you training in quantitative, laboratory-based, experimental methodology in psychology. The first year also includes optional modules such as Introduction to Behaviour and Evolution and Classic Studies in Psychology.

**Year 2** You will gain more detailed knowledge and critical understanding of psychology and this will help you decide on the theme of your final year research project.

There's a much greater emphasis on original practical work in the second year and you'll start to design and carry out your own investigations. Practicals are in areas of cognitive psychology, animal behaviour, social psychology, research interview design and qualitative methods.

**Final Year** In the final year, the majority of your learning is based on small seminar groups. Optional seminar modules draw

on the research expertise of academic staff from four general subject areas: social and organisational psychology; cognitive psychology; comparative psychology; clinical and child psychology.

## LEARNING AND TEACHING

You will learn through methods including:

- Lectures
- Small group academic tutorials
- Seminar discussions
- Support with statistics and biological psychology through our helpdesks
- Practical work in the field and laboratory
- Large group practicals in the first year replaced by small group practical work in the second year
- Final year extended research project
- Participate in research
- Throughout your degree programme you will also be supported by a personal tutor with whom you will meet regularly

## ASSESSMENT

All modules are assessed by a combination of exams and coursework, or by coursework alone. Coursework comprises more than half of the overall marks which count towards your final degree. You will have to pass most of your first-year modules in order to progress to the second year, although the marks do not count towards your final degree classification.

## STUDY ABROAD

Our four-year BSc Psychology with Study Abroad programme offers you the chance to spend your third year studying abroad at a partner institution in, for example, Europe, North America, Australia, New Zealand or Hong Kong.

## CAREERS

A strong emphasis is placed on your personal and professional development and the programme is specifically designed to develop academic, personal and professional

skills that will prepare you for employment, future study or training for professional practice. Psychology incorporates the skills traditionally associated with science subjects alongside those more commonly associated with the social sciences, and what you study in psychology has unquestionable relevance across a range of contexts which can lead to a wide variety of career paths.

## WORK PLACEMENTS

If you choose the optional career development module in Year 2, you will deepen your understanding of a business or work environment through a short-term practical work placement. By securing your own placement, you will gain invaluable experience making you a more competitive candidate for jobs when you graduate.

## TAKING MODULES OUTSIDE OF YOUR PROGRAMME

### Streatham Campus

Depending on your programme you can take up to 30 credits each year in another subject, for instance a language or business module, to develop career-related skills or widen your intellectual horizons. If you achieve at least 60 credits in a language via our Foreign Language Centre (FLC) you may be able to have the words 'with proficiency in' and the language added to your degree title.

Further details about the FLC can be found on our website [www.exeter.ac.uk/flc](http://www.exeter.ac.uk/flc)

### MSc Applied Psychology (Clinical) (EXETER)

C811 4 yrs

AAA-AAB | IB: 36-34 | BTEC: DDD

Required subjects: GCE AL science\* grade B; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5.

- Innovative programme set within a UK centre of excellence for Low Intensity Cognitive Behavioural Therapy (CBT) training
- Designed to provide you with an understanding of the core areas of psychology and equip you with the

clinical skills to work as a trainee Psychological Wellbeing Practitioner (PWP) as you will undertake BPS-accredited PWP training, providing eligibility for qualification as a BPS-accredited PWP

- Includes modules with a particular focus on the development of professional practice and clinical competency in evidence-based, low intensity psychological therapy
- This programme provides British Psychological Society (BPS) accreditation – the first step towards becoming a Chartered Psychologist

**Years 1 and 2** Your first- and second-year modules will provide you with an appreciation of the development of psychology, including a focus on the application of psychology to clinical problems, and will introduce you to the concept of evidence-based practice. They will also develop your clinical understanding of individual differences and psychopathology whilst gaining an appreciation of biological psychology including an emphasis on the biological basis of behaviour and mental health. These modules will be shared with the BSc Psychology programme and provide you with a broad introduction to research methods, statistics, social, cognitive, biological and developmental psychology.

**Year 3** The emphasis in your third year is on clinical research and practice. You will undertake a clinical research project within the Mood Disorders Centre where you will see leading research in action. Your project will be supported by staff recognised internationally for their excellence in mood disorders research which seeks to translate research into clinical treatments.

**Year 4** The fourth (PWP) year of the programme provides a thorough grounding in the theory, evidence base and clinical practice of low intensity psychological therapy for anxiety and depression. You will undertake your clinical internship in this year. A patient-centered approach develops competencies in core patient-centred interviewing and assessment skills, case management, and the delivery of a range of low intensity interventions including

\* See Entry Requirements box on page 5.

behavioural activation, exposure, cognitive restructuring, sleep management, problem solving alongside support for medication taking. Completion of the programme gives you the ability to apply for trainee PWP positions at NHS Band 4/5.

## LEARNING AND TEACHING

You will learn through methods including:

- Lectures
- Seminars
- Problem-based learning
- Facilitated small group role play and skills modelling
- Self-practice/self-reflection supported by blogs
- Group clinical skills supervision sessions
- Clinical research internships
- A clinical practice placement

We also offer support with statistics through our Statistics Helpdesk. You will supplement your lectures with guided independent study.

You will meet your personal tutor regularly, who will provide guidance and support as you work to develop your personal and professional portfolio. This will focus on your clinical development, academic and transferable skills and help you to better apply your knowledge to clinical applications.

It also increases your employability, supporting your continued professional development.

## ASSESSMENT

You will be assessed through:

- Exams
- Essays
- Digitally recorded role play competency assessments
- Patient scenario presentations
- Case studies
- Patient work within the clinical practice placement portfolio
- A clinically focused research dissertation

## CAREERS

The research and evidence-based focus of this programme, alongside the clinical research internships, provides an ideal basis for a career in applied clinical psychology or health services research.

## COMBINED HONOURS DEGREES

### BSc Psychology with Sport and Exercise Science (EXETER)

BSc C8C6 3 yrs

AAA-AAB | IB: 36-34 | BTEC: DDD

Required subjects: GCE AL science\* grade B; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5.

- Taught jointly by complementary disciplines Psychology and Sport and Health Sciences
- The degree provides an excellent foundation for any student interested in a career as a psychologist with a particular focus on applying those skills in the broad areas of sport, exercise and health maintenance
- Focus on two significant applications of psychology: understanding the key components necessary for developing high level skill and expertise; and understanding the effects of physical activity and exercise on behaviour, cognition, interpersonal interactions and mental health
- This programme provides British Psychological Society (BPS) accreditation – the first step towards becoming a Chartered Psychologist

**Year 1** You'll study a range of core areas, gaining a broad knowledge of psychology and sport and exercise science. Practical classes will give you training in quantitative, laboratory-based, experimental methodology in psychology. Sport and exercise science modules include exercise physiology, human anatomy and sport psychology.

**Year 2** The second year will challenge you and prepare you for the final year. You'll be expected to produce essays, review journal articles and scientific reports that show that you can address problems systematically and can think critically and creatively. During this year you will gain more detailed knowledge and critical understanding of psychology and sport and exercise science and this will help you select your specialist seminar topics and decide on the theme of your final year research project. There's a much greater emphasis on original practical work in Year 2 and you'll start to design and carry out your own investigations.

**Year 3** You will undertake a psychology-related research project, supervised by a member of staff from either discipline. A greater emphasis will be placed on discussing and analysing theories and research, but you will continue to apply your knowledge in practical settings.

## LEARNING AND TEACHING

Our programme provides you with an excellent foundation in the key areas of the disciplines. Staff in both Psychology and Sport and Health Sciences are research experts in the areas in which they teach, and you will benefit from direct access to this current knowledge through the variety of modules on offer throughout your time studying.

You will have 15 hours of direct contact time per week with your lecturers and tutors during the first and second years. In the third year contact time will be six hours per week, reflecting the greater focus on small group teaching and independent study. You will be expected to supplement your lectures and seminars with independent study. Throughout your degree programme you will be supported by a personal tutor, who will help with any academic or personal problems that you may have. We also offer specific support with statistics and biological psychology through our helpdesks.

Depending on your programme you may take up to 30 credits in another subject (subject to academic approval and timetabling), for instance a language or business module, to develop career-related skills or widen your intellectual horizons.

\* See Entry Requirements box overleaf.

## CAREERS

This programme is specially designed to develop the skills you will require when preparing for employment or future studying.

These include:

- The ability to make critical judgements and evaluations to gain different perspectives on a question
- The ability to engage in effective team work
- Planning and project management skills to enable you to become more independent and pragmatic

You will also have the opportunity to take an optional Employability and Career Development module, which includes practical sessions to help prepare you for future employment supported by a period of self-organised work experience.

## FLEXIBLE COMBINED HONOURS

This innovative Combined Honours scheme enables you to combine modules from a number of different fields of study not otherwise available through an existing Combined Honours programme. You can combine Psychology with up to two other subjects from an extensive list. Further information and the full list of available subjects can be found at [www.exeter.ac.uk/ug/flexible](http://www.exeter.ac.uk/ug/flexible)



The Athena SWAN Charter recognises and celebrates good employment practice for women working in Science, Technology, Engineering, Mathematics and Medicine (STEMM) in higher education and research.

Find out more about Athena SWAN in Psychology at [www.exeter.ac.uk/psychology/athenaswan](http://www.exeter.ac.uk/psychology/athenaswan)

## ENTRY REQUIREMENTS: MORE INFO

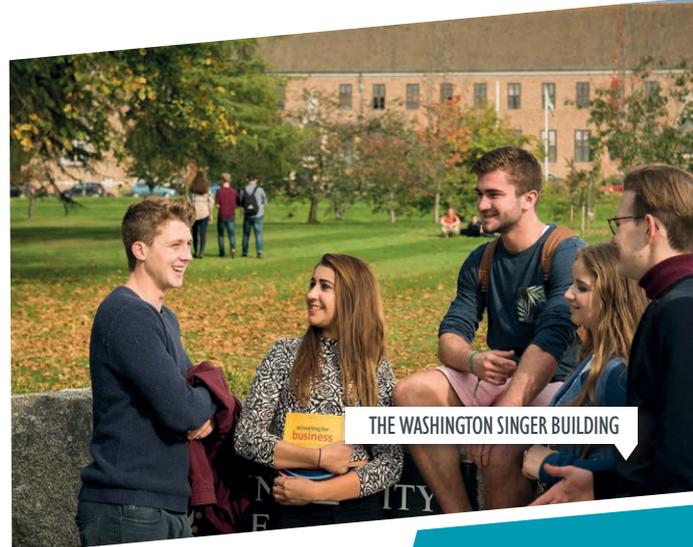
\*GCE AL science subjects include: Biology/Human Biology; Chemistry; Computing; Design and Technology; Electronics; Environmental Studies; Geography; Geology; Maths/Pure Maths/ Further Maths; Physical Education; Physics; Psychology; Science (applied); Statistics.

Applicants studying one of the following BTEC Extended Diplomas will be considered without GCE AL requirement(s): Sport and Exercise Science, Sport Science, Applied Science, Pharmaceutical Science. Applicants offering one of the above BTEC Extended Diplomas in lieu of the GCE A level Science will also be required to have a grade C or 4 in GCSE English Languages, Mathematics and Science.



The lecturers are brilliant. They are passionate about their field of work and more often than not are still active within research and so they are able to guide you to up-to-date and innovative areas of research. There are also a number of resources available for additional help to aid us in constantly improving our knowledge and work, such as helpdesks to go over essay feedback, and to help with the more difficult modules.

Beth, studying Applied Psychology (Clinical)



# YOUR SUCCESSFUL CAREER

## RECENT GRADUATES ARE NOW WORKING FOR<sup>▲</sup>:

- Accenture
- Colgate Palmolive
- Danone
- Deloitte
- Devon Partnership  
NHS Trust
- Estée Lauder
- Headway
- Help for Heroes
- Informa
- Mind

## RECENT GRADUATES ARE NOW WORKING AS<sup>▲</sup>:

- Analyst
- Assistant Psychologist
- Brand Executive  
Business Analyst
- Campaign Officer
- Customer Development  
Executive
- Data Assistant
- Hospital Play Specialist
- Human Resources  
Associate

<sup>▲</sup> This information has been taken from the Destinations of Leavers from Higher Education (DLHE) Surveys 2015/16. Please note that, due to data protection, the job titles and organisations are listed independently and do not necessarily correspond.

## CAREERS SERVICES

We have a dedicated, award-winning Careers Service, with offices at our Exeter and Penryn campuses, ensuring you have access to careers advisors, mentors and the tools you need to succeed in finding employment in your chosen field on graduation. We offer the Exeter Award and the Exeter Leaders Award which include employability-related workshops, skills events, volunteering and employment which will contribute to your career decision-making skills and success in the employment market. Our graduates compete very successfully in the employment market, with many employers targeting the University when recruiting new graduates. For further information about our Careers Service please visit: [www.exeter.ac.uk/careers](http://www.exeter.ac.uk/careers)

## SUPPORTING YOUR CAREER IN PSYCHOLOGY

Each year Psychology students are able to access a huge range of opportunities when considering their future career options. Recent events include the Your Future in Psychology Fair, career insights with visiting alumni and mock interviews with visiting employers and alumni.



I have absolutely loved my time studying Psychology at the University of Exeter. The enthusiasm the members of staff have for teaching, and their own research, makes each lecture so interesting.

Meghan, studying Psychology

# MODULES

**KEY** C = Core  
● = Optional

## HOW YOUR DEGREE IS STRUCTURED

Degrees are divided into core and optional modules, giving the flexibility to structure your degree according to your specific interests. Individual modules are worth 15, 20 or 45 credits each. Full-time undergraduates need to take 120 credits in each year.

Please note that availability of all modules is subject to timetabling constraints and that not all modules may be available every year.

For up-to-date details of all our programmes and modules, please check [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

### Year 1 Modules

Module Name	MSci Applied Psychology	BSc Psychology	BSc Psychology with Exercise and Sport Sciences
Bioenergetics			●
Classic Studies in Psychology	●	●	
Cognition, Emotion and Development	C	C	C
Foundations of Exercise and Sport Psychology			●
Human Anatomy and Kinanthropometry			●
Human Physiology			●
Introduction to Behaviour and Evolution	●	●	
Introduction to Biological Psychology	C	C	C
Introduction to Clinical Psychology	C	C	●
Introduction to Research Methods	C	C	C
Introduction to Social Psychology	C	C	●
Introduction to Statistics	C	C	C
Nutrition and Metabolism			●
Workplace Learning	●	●	●

### Year 2 Modules

Module Name	MSci Applied Psychology	BSc Psychology	BSc Psychology with Exercise and Sport Sciences
Biological Basis of Behaviour	C	C	C
Cognition and Emotion	C	C	C
Cognition Practical I and II	●	●	●
Development Psychology and Psychopathology	C	C	C
Exercise Physiology			●
Methods and Statistics in Psychology II	C	C	C
Observations and Experiments in Animal Behaviour	●	●	●
Personality and Individual Differences	C	C	C
Qualitative Methods and Interview Skills	●	●	●
Social Practical I and II	●	●	●
Social Psychology II	C	C	C
Sport Psychology			●
Wild Behaviour	●	●	●

### Final Year Modules

Module Name	MSci Applied Psychology	BSc Psychology	BSc Psychology with Exercise and Sport Sciences
Applied Social Psychology: Health, Environment and Society	●	●	●
Brain Plasticity and Language Learning across the Lifespan	●	●	●
Clinical Exercise Prescription			●
Cognitive Behavioural Approaches to Mood Disorders	●	●	●
Cognitive Behavioural Approaches to Working with Children with Common Mental Health Disorders	●	●	●
Communication and Social Groups	●	●	●
Comparative Approaches in the Study of Brain and Behaviour	●	●	●
Compulsive Behaviour	●	●	●
Contemporary Issues in Clinical Psychology	C	C	
Equality and Diversity at Work	●	●	●
Learning for Teaching: School Experience			●
Methods and Statistics in Psychology III	C	C	C
Mindfulness-based Interventions: Practice, Theoretical Backgrounds and Findings	●	●	●
Neuropsychology of Ageing and Dementia	●	●	●
Parental Psychiatric Disorders and Children's Development	●	●	●
Physiological Determinants of Exercise Performance			●
Processes of Human Memory	●	●	●
Psychology and Law	●	●	●
Psychology Applied to Health	●	●	●
Psychology Research Project	C	C	C
Sport Psychology			●
Sport, Physical Activity and Health			●
Stereotypes and Stereotyping	●	●	●
Studying Cognition and Emotion with Brain Imaging	●	●	●
The Associative Mind	●	●	●
The Evolution of Social Behaviour and Social Organisation	●	●	●
The Moral Mind	●	●	●
The Psychology of Addiction	●	●	●

Module Name	MSci Applied Psychology	BSc Psychology	BSc Psychology with Exercise and Sport Sciences
The Psychology of Gender	●	●	●
Women's Mental Health	●	●	●
Work and Organisational Psychology	●	●	●

Final Year optional modules are arranged into three groups. You must take one module from each group and the three modules cannot all be taken in the same term. The groupings may vary slightly from one year to the next and so prospective students should visit the the Psychology website for the most up to date information and contact the department before making any firm decisions.

**Year 4 (MSci Applied Psychology only):** Engagement and Assessment of Patients with Common Mental Health Problems; Enhancing Practice: Broadening Scope of Low Intensity CBT Interventions; Evidence-based Low Intensity Treatments for Common Mental Health Problems; IAPT Applied Clinical Practice; Values, Diversity and Context.



# MODULES CONTINUED

Please note that availability of all modules is subject to timetabling constraints and that not all modules are available every year. For up-to-date details of all our programmes and modules, please check the undergraduate section of our website at [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## YEAR I

<b>Classic Studies in Psychology</b>	Provides a basic understanding of the limitations as well as the strengths of classic studies in psychology and covers the broader relevance of findings.
<b>Cognition, Emotion and Development</b>	Introduces the scientific study of mental processes and the development of such processes. Uses evidence from behavioural and other experiments with adult participants to explore the processes and representations that enable us to select and interpret information made available by perceptual processes, to understand language, to remember facts and episodes, to think, act and react.
<b>Introduction to Biological Psychology</b>	Introduces the fundamental phenomena in neurophysiology, psychopharmacology and neuroanatomy in relation to human perception, memory, emotion and behaviour.
<b>Introduction to Clinical Psychology</b>	Gives an overview of how clinical psychologists understand major psychological disorders from a bio-psycho-social perspective. You will become familiar with a range of mental health conditions, their causes and psychological interventions for them.
<b>Introduction to Research Methods</b>	Provides you with the basic skills necessary to understand and conduct research in psychology. You will gain an understanding of the main scientific research methods, their advantages and disadvantages, and areas of application. You will gain first-hand experience of participating in psychological research, acquire skills in writing (scientific) reports and using library and online resources for scientific research, and develop an understanding of ethical issues related to conducting research in psychology.
<b>Introduction to Social Psychology</b>	Provides a grounding in some key areas of social psychology and parts of personality psychology, focusing in particular on groups and organisations.
<b>Introduction to Statistics</b>	This module will give you training on a variety of different statistical techniques commonly used in research conducted by psychologists. As such, it provides core skills required for other modules that will be taken during the degree.
<b>Introduction to Behaviour and Evolution</b>	This module explores how and why animals behave the way they do, and provides insights into human and animal behaviour and evolution, and the biological basis for behaviour. You will be introduced to key concepts and behaviours, such as predator avoidance, mating activities and optimal foraging.

## YEAR 2

<b>Biological Basis of Behaviour</b>	Provides an overview as to the many ways in which biology may impact upon our emotion and behaviour. Particular attention will be paid to an appreciation of the psychiatric understanding and treatment of mental health problems.
<b>Cognition and Emotion</b>	Establishes a detailed and critical understanding of the processes by which we learn and later access that learning, and those that underlie consciousness and language. You will explore and evaluate the methods, theories and debates in experimental studies of learning, memory and language processing. The module draws on computational modelling, imaging, ERP and patient data alongside the more traditional behavioural and flow-diagram approaches.
<b>Cognition Practical I and II</b>	These modules give you experience of doing research in experimental cognitive psychology. In groups of around five you will: come up with a research question to ask (under a heading such as 'category learning'); devise a novel experiment to answer it; design, programme and run the experiment; analyse the data; and report on the research in a short presentation and a written report.
<b>Developmental Psychology and Psychopathology</b>	Knowing what children are like, what informs their understanding, and the methods that are used to establish this body of knowledge are important in psychological education and the aim of this module is to provide you with knowledge and critical understanding of these aspects of developmental psychology.
<b>Methods and Statistics in Psychology II</b>	Introduces quantitative analysis of numerical data and equips you to understand published research papers that employ these methods and to use the procedures yourself when you embark on research.
<b>Observations and Experiments in Animal Behaviour</b>	This module will enable you to run a series of observational investigations and experiments in both the laboratory and field (largely on the University campus) to test key hypotheses in animal behaviour.
<b>Personality and Individual Differences</b>	Develops a broad and critical understanding of the ways in which personality and individual differences influence various aspects of human behaviour.
<b>Qualitative Methods and Interview Skills</b>	Develops your understanding of the skills and techniques involved in conducting research interviews and critical insight into the benefits and problems of doing qualitative research. You will also develop your skills in writing and producing a qualitative research report.

**Social Practical I and II** Are you interested in finding out how social psychological research is actually conducted? These modules provide you with the opportunity to conduct your own social psychology research project in groups and with the close support of academic staff.

**Social Psychology II** Provides an in-depth understanding of some of the main theoretical developments in the social psychological field and of the empirical support for theoretical assumptions in the field.

**Wild Behaviour** What methods can we deploy to explore why humans and other animals behave as they do in natural settings? In this module you learn about different observational, experimental and analytical approaches in a completely hands-on and applied manner.

## FINAL YEAR

**Cognitive Behavioural Approaches to Mood Disorders** Familiarises you with current cognitive-behavioural research and treatment approaches to depression. For those interested in a career as a psychological practitioner in the NHS or in clinical psychology, the seminar will assist in developing necessary skills for postgraduate study or early career employment.

**Compulsive Behaviour** Examines the neural and psychological mechanisms underlying impulsive-compulsive behaviour in psychological disorders ranging from OCD and substance use to the more recently recognised behavioural addictions eg, problem gambling, over-eating.

**Contemporary Issues in Psychology** Explores current research topics in psychology and animal behaviour. A series of research seminars delivered by leading researchers and visiting specialists, in addition to weekly discussion and problem-based learning sessions, allows you to learn about cutting-edge research in psychology, engage in a critical appraisal of these seminars, and improve key skills in developing and communicating your own ideas and responses to current research.

**Methods and Statistics in Psychology III** Undertaking scientific research in psychology requires the ability to analyse quantitative data and to communicate the results of data analysis in a scientific format. The aim of this module is to introduce you to the processes involved in handling your own data, enhance your range of statistical techniques, and improve your understanding of the ethics involved in data analysis and in the communication of science. The statistical techniques covered in this module are widely used within Psychology, but also within other disciplines, such as Business, Biosciences, Geography and Sports Science.

**Parental Psychological Disorders and Children's Development** Provides an up-to-date overview of the associations between parental psychiatric disorder and child problems by exploring some of the mechanisms by which risk is transmitted from parents to children.

**Psychology and Law** Gives an in-depth insight into how individuals interact with, and are affected by, the criminal justice system. It critically evaluates the role psychology can play in the development of the criminal justice system and considers how psychology is relevant to civil law.

**Psychology Research Project** You will develop your knowledge and understanding of the problems and complexities of conducting empirical research by completing the full process of designing and running an empirical study.

**Stereotypes and Stereotyping** Provides an exploration and evaluation of current proposals concerning the interaction between associative and rule-based processes in human cognition.

**The Psychology of Gender** Examines the way in which gender has been studied within psychology in order to acquire a critical understanding of the issues and key debates in the area, and of how these debates have been influenced by research conducted across a range of sub-disciplines in psychology.

## YEAR 4 MSCI ONLY

**Engagement and Assessment of Patients with Common Mental Health Problems** In this module you will learn how to undertake a range of patient-centred assessments and how to identify the main areas of concern relevant to the assessment undertaken. You will acquire knowledge and competence to enable you to apply these in a range of different assessment formats and settings. These different elements or types of assessment include screening/triage assessment within an IAPT service; risk assessment; provisional diagnostic assessment; mental health clustering assessment; psychometric assessment (using the IAPT standardised symptoms measures); problem focused assessment; and intervention planning assessment.

**Enhancing Practice: Broadening the Scope of Low Intensity CBT Interventions** This module will provide you with the opportunity to update and expand your competencies in the low intensity clinical method through attendance at 'low intensity clinical masterclasses' delivered by Clinical Education, Development and Research (CEDAR).

# MODULES CONTINUED

## **Evidence-based Low Intensity Treatments for Common Mental Health Problems**

In this module you will gain competency in recognising appropriate interventions from those available, an appreciation of what makes a good self-help resource, develop key skills in motivating and supporting the use of self-help materials with step 2 patients. You will learn how to identify common problems arising and support patients' use of these interventions, and you will learn about motivational interviewing and continue your skills around the COM-B model to aid this process. You will also gain knowledge and competencies required to support medication concordance.

## **Values, Diversity and Context**

Psychological Wellbeing Practitioners (PWP) operate at all times from an inclusive values base which promotes recovery, and recognises and respects diversity. Diversity represents the range of cultural norms including personal, family, social and spiritual values held by the diverse communities served by the service within which the worker is operating. Workers must respect and value individual differences in age, sexuality, disability, gender, spirituality, race and culture. You will learn to take into account any physical and sensory difficulties people may experience in accessing services and make provision in your work to ameliorate these. You must be able to respond to people's needs sensitively with regard to all aspects of diversity. You will learn to demonstrate a commitment to equal opportunities for all and encourage people's active participation in every aspect of care and treatment. You will also demonstrate an understanding and awareness of the power issues in professional/patient relationships and take steps in your clinical practice to reduce any potential for negative impact this may have.

## **IAPT Applied Clinical Practice**

This module consists of a clinically active extended placement within an IAPT stepped care service. You will be working as an honorary employee under supervision. The module represents the culmination of the PWP clinically-based competencies and knowledge you have developed across your degree programme. In addition, the module focuses on social inclusion. It will equip you with an understanding of the complexity of people's health, social and occupational needs and the services that can support people to recovery. It will develop your decision-making abilities and enable you to use supervision to recognise when and where it is appropriate to seek further advice, a step up or a sign-posted service. This module will expose you to the concept of diversity, inclusion and multiculturalism and equip you with the necessary knowledge, attitudes and competencies to operate in an inclusive values-driven service.

# KEY INFORMATION AT A GLANCE

	UCAS CODE	TYPICAL OFFER	REQUIRED SUBJECTS
<b>MSci Single Honours</b> Applied Psychology (Clinical)	C811	AAA-AAB; IB: 36-34; BTEC: DDD	GCE AL science grade B*; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5
<b>BSc Single Honours</b> Psychology	C802	AAA-AAB; IB: 36-34; BTEC: DDD	GCE AL science grade B*; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5
Psychology with Study Abroad*	C820	AAA-AAB; IB: 36-34; BTEC: DDD	GCE AL science grade B*; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5
<b>BSc Combined Honours</b> Psychology with Sport and Exercise Science	C8C6	AAA-AAB; IB: 36-34; BTEC: DDD	GCE AL science grade B*; IB science HL5; GCSE Maths grade B or 5; GCSE English Language grade B or 5

\*GCE AL science includes: Biology/Human Biology; Chemistry; Computing; Design and Technology; Electronics; Environmental Studies; Geography; Geology; Maths/ Pure Maths/Further Maths; Physical Education; Physics; Psychology; Science (applied); Statistics.

The full and most up-to-date information about Psychology is on the undergraduate website at [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology) and we strongly advise that you check this before attending an Open Day or making your application.

We make every effort to ensure that the entry requirements are as up-to-date as possible in our printed literature. However, since this is printed well in advance of the start of the admissions cycle, in some cases our entry requirements and offers will change.

## International students

If you are an international student you should consult our general and subject-specific entry requirements information for A levels and the International Baccalaureate, but the University also recognises a wide range of international qualifications. You can find further information about academic and English language entry requirements at [www.exeter.ac.uk/ug/international](http://www.exeter.ac.uk/ug/international)

For further details on all our entry requirements, please see our Psychology pages at [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## MSci Applied Psychology (Clinical)

**Placement requirement** There will be a clinical placement within an NHS or other IAPT service setting in the final year of this programme. Given the exposure to patients, offers will be conditional upon successful completion of a self disclosure form and satisfying full health assessments.

If a place is offered and accepted, students will be required to undergo an Enhanced Disclosure & Barring Service (DBS) check in their second year prior to their Clinical Practice Placement. Students will not be able to begin their placements prior to the Disclosure receipt and it being deemed satisfactory.

**Offers/interviews** We meet all shortlisted applicants before making an offer for the MSci Applied Psychology (Clinical) programme. Shortlisted applicants will be invited to attend a day-long interview process which will include an assessment of communication skills, a service-user led group interview and an individual interview.

## STREATHAM AND ST LUKE'S CAMPUSES, EXETER

Website: [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)  
[www.exeter.ac.uk/enquiry](http://www.exeter.ac.uk/enquiry)

Phone: +44 (0)1392 725818

# THE UNIVERSITY OF EXETER

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## FIND OUT MORE

Come to one of our open days. Visit us at our campuses in Exeter and Cornwall: [www.exeter.ac.uk/ug/visiting](http://www.exeter.ac.uk/ug/visiting)

For further information please visit [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

### Accuracy of subject brochure information

The information in this subject brochure forms part of the undergraduate prospectus 2019 and is aimed at prospective undergraduate students wishing to apply for a place at the University of Exeter (the University) and start a course with us in autumn 2019. The prospectus and subject brochures describe in outline the courses and services offered by the University and we make every effort to ensure that the information provided is accurate and up-to-date at the time of going to print (undergraduate prospectus is printed January 2018 and subject brochures are printed in May 2018).

However, it may be necessary for the University to make some changes to the information presented in the prospectus following publication – for example, where it is necessary to reflect changes in practice or theory in an academic subject as a result of emerging research; or if an accrediting body requires certain course content to be added or removed. More information about our terms and conditions can be found at: [www.exeter.ac.uk/undergraduate/applications/terms](http://www.exeter.ac.uk/undergraduate/applications/terms)

<sup>1</sup> 98% of our research was rated as 2\*,3\* or 4\* in the Research Assessment Exercise 2014.

<sup>2</sup> Between 2006/07 – 2015/16, the University of Exeter saw the greatest rise in research income, compared to all other Russell Group universities.

