

UNIVERSITY OF  
**EXETER**

# PSYCHOLOGY

UNDERGRADUATE SUBJECT BROCHURE 2017



**THE** GLOBAL  
TIMES HIGHER EDUCATION **100**  
UNIVERSITY

# KEY INFORMATION AND ENTRY REQUIREMENTS

	UCAS CODE	TYPICAL OFFER	REQUIRED SUBJECTS
<b>BSc Single Honours Psychology</b>	C802	AAA-AAB; IB: 36-34	GCE AL science grade B; IB science HL5; GCSE Maths grade B; GCSE English Language grade B
<b>MSci Single Honours Applied Psychology (Clinical)</b>	C811	AAA-AAB; IB: 36-34	GCE AL science grade B; IB science HL5; GCSE Maths grade B; GCSE English Language grade B
<b>BSc Combined Honours Psychology with Sport and Exercise Science</b>	C8C6	AAA-AAB; IB: 36-34	GCE AL science grade B; IB science HL5; GCSE Maths grade B; GCSE English Language grade B
Flexible Combined Honours	Y004	A*AA-AAB; IB: 38-34	Dependent on subjects chosen. For details see <a href="http://www.exeter.ac.uk/ug/flexible">www.exeter.ac.uk/ug/flexible</a>
Flexible Combined Honours with Study Abroad	Y006	A*AA-AAB; IB: 38-34	Dependent on subjects chosen. For details see <a href="http://www.exeter.ac.uk/ug/flexible">www.exeter.ac.uk/ug/flexible</a>
Flexible Combined Honours with UK Work Experience	Y007	A*AA-AAB; IB: 38-34	Dependent on subjects chosen. For details see <a href="http://www.exeter.ac.uk/ug/flexible">www.exeter.ac.uk/ug/flexible</a>
Flexible Combined Honours with Work Abroad	Y008	A*AA-AAB; IB: 38-34	Dependent on subjects chosen. For details see <a href="http://www.exeter.ac.uk/ug/flexible">www.exeter.ac.uk/ug/flexible</a>

GCE AL/AS science includes: Biology/Human Biology<sup>+</sup>; Chemistry; Computing; Design and Technology; Electronics; Environmental Studies; Geography; Geology; Maths/Pure Maths/Further Maths<sup>+</sup>; Physical Education; Physics; Psychology; Science (applied); Statistics.

<sup>+</sup> If more than one of these is taken they would only count as one 'science', but could count as two A levels towards our general requirements.

The full and most up-to-date information about Psychology is on the undergraduate website at [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology) and we strongly advise that you check this before attending an Open Day or making your application.

We make every effort to ensure that the entry requirements are as up-to-date as possible in our printed literature. However, since this is printed well in advance of the start of the admissions cycle, in some cases our entry requirements and offers will change.

## International students

If you are an international student you should consult our general and subject-specific entry requirements information for A levels and the International Baccalaureate, but the University also recognises a wide range of international qualifications. You can find further information about academic and English language entry requirements at [www.exeter.ac.uk/ug/international](http://www.exeter.ac.uk/ug/international)

For further details on all our entry requirements, please see our Psychology pages at [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## STREATHAM AND ST LUKE'S CAMPUSES, EXETER

Website: [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

Email: [cles-externalrelations@exeter.ac.uk](mailto:cles-externalrelations@exeter.ac.uk)

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The British Psychological Society  
Accredited



# PSYCHOLOGY

Top 100 in the world for Psychology<sup>1</sup>

98% of Psychology students progressing into employment or further study within six months of graduation<sup>2</sup>

85% of research classified as world-leading or internationally excellent<sup>3</sup>

Accredited by the British Psychological Society<sup>4</sup>

Teaching team includes researchers in social, cognitive and clinical psychology, and animal behaviour

Specialist research laboratories, extensive computer laboratories, clinical psychology suites, and state-of-the-art audio-visual facilities

Interdisciplinary, flexible programme structures

Unique partnership with the NHS; contracts include the high profile NHS Treatment Centre and Improving Access to Psychological Therapies

The University of Exeter is in the top 100 in the world for Psychology and we are committed to providing an outstanding learning experience for all students, generating high quality academic research and advancing clinical practice. 85 per cent of our research has been classified as being world-leading or internationally excellent (Research Excellence Framework 2014) and last year we secured £2.8 million of external research funding from UK research councils and charities.

We provide a friendly and supportive environment in which to study and our challenging programmes are led by academic staff at the forefront of their chosen fields. This stimulating environment is complemented by state-of-the-art facilities, including well-equipped workshops, specialist laboratories, clinical psychology suites to support the development of clinical

competency and an audio-visual recording suite. Undergraduates have their own computer laboratory, which you will use extensively during your studies.

We will give you an excellent foundation in the key areas of psychology – developmental, cognitive, biological, clinical, social, personality – plus statistics, research methods and data analysis. You will also have the opportunity to explore some of the research fields in which we specialise, such as social psychology, organisational psychology, psychopathology, human cognition, animal behaviour, cognitive neuroscience and neuropsychology. If you study the Applied Psychology (Clinical) programme you will have the opportunity to specialise in the clinical application of psychology whilst also benefiting from a broad-based training in psychology.

The staff who supervise your research projects and lead seminars are known both nationally and internationally in their own fields. They place a strong emphasis on theoretical, experimental and observational contributions to the growing field of psychology and as an undergraduate you'll be very much part of this process. This inclusive approach means our students not only learn directly from world-leading academics in the classroom, but can also conduct research projects or secure internships alongside foremost experts in their field. This research-inspired teaching is embedded across all levels of study, and is exemplified by the third year undergraduate seminar modules.

All our programmes provide British Psychological Society (BPS) accreditation.\* BPS accreditation confers eligibility for the Graduate Basis for Chartered Membership, provided the minimum standard of a Lower Second Class Honours is achieved. This is the first step towards becoming a Chartered Psychologist. The MSci Applied Psychology (Clinical) programme has dual accreditation from the BPS pending – as a psychology degree and for the Psychological Wellbeing Practitioner component. The clinical placement enables you to build up clinical hours towards becoming a fully registered Psychological Wellbeing Practitioner (PWP) with the British Psychological Society after the training.

We place a strong emphasis on your personal and professional development as well as academic performance. Throughout your degree programme you will be supported by a personal tutor who provides pastoral support. Our programmes have been specially designed to help you develop teambuilding and other transferable skills. You'll be expected to develop good skills in personal organisation and time management and we'll ensure that you acquire key skills in, for example, communication, presentation and IT that will make you sought after by employers in your future working life.



The Athena SWAN Charter recognises and celebrates good employment practice for women working in Science, Technology, Engineering, Mathematics and Medicine (STEMM) in higher education and research. Find out more about Athena SWAN in Psychology at [www.exeter.ac.uk/psychology/athenaswan](http://www.exeter.ac.uk/psychology/athenaswan)

<sup>1</sup> QS World University Rankings 2015.

<sup>2</sup> Respondents to the Destination of Leavers from Higher Education (DLHE) survey 2013/14.

<sup>3</sup> Research Excellence Framework 2014 based on the percentage of research categorised as 4\* and 3\*.

<sup>4</sup> BPS accredited and non-accredited pathways are available on the Flexible Combined Honours scheme.

\* British Psychological Society accreditation for MSci Applied Psychology (Clinical) pending at the time of print. Please check [www.exeter.ac.uk/jug/psychology](http://www.exeter.ac.uk/jug/psychology) for latest details.

# DEGREE PROGRAMMES

By studying our programmes you will acquire an excellent foundation in the core principles and concepts of psychology in year one, along with the scientific and analytical skills necessary for carrying out psychological research. In years two and three, there is a clear progression, which lets you build on your strengths and interests to carry out more specialised study and research.

We expect our students to have a scientific approach to research and our methodology modules will give you excellent training in both quantitative and qualitative research techniques. For example, you'll learn about statistical tests, questionnaire construction, experimental methods, qualitative interviewing and observational techniques, amongst many others.

For up-to-date details of all our programmes and modules, please check [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## Single Honours

### MSci Applied Psychology (Clinical)

This innovative and unique programme, set within a UK centre of excellence for Low Intensity Cognitive Behavioural Therapy (CBT) training, has been developed for students who are interested in a career in a mental health field. It is designed to provide you with both an understanding of the core areas of psychology, as well as equip you with the clinical skills to work as a trainee Psychological Wellbeing Practitioner (PWP) as you will undertake full British Psychological Society accredited PWP training. In your final year you will undertake a placement working with a caseload of patients delivering Low Intensity CBT interventions in a clinical setting. This will allow you to build up clinical hours towards becoming a qualified PWP after the training by completing more clinical hours under supervision.

The programme includes modules with a particular focus on the development of professional practice and clinical competency in evidence-based, low-intensity psychological therapy. In addition, there will be opportunities to undertake research internships within the internationally recognised Mood Disorders Centre, which will enable you to develop your skills and provide excellent experience of working within a clinical and research setting. Due to the nature of clinical training, modules based

around the development of clinical practice will have high contact hours to ensure your clinical competencies are developed to the highest standard.

The programme is accredited by the British Psychological Society which confers eligibility for the Graduate Basis for Chartered Membership, provided the minimum standard of a Lower Second Class Honours is achieved; this is the first step towards becoming a Chartered Psychologist.

**Years 1 and 2** Your first and second year modules will provide you with an appreciation of the development of psychology, including a focus on the application of psychology to clinical problems, and will introduce you to the concept of evidence-based practice. They will also develop your clinical understanding of individual differences and psychopathology whilst gaining an appreciation of biological psychology, including an emphasis on the biological basis of behaviour and mental health. These modules will be shared with the BSc Psychology programme and provide you with a broad introduction to research methods, statistics, social, cognitive, biological and developmental psychology. Each applied module includes practical classes with small-group academic tutorials.

**Year 3** The emphasis in your third year is on clinical research and practice. You will undertake a clinical research project within the Mood Disorders Centre where you will see leading research in action. Your project will be supported by staff who are recognised internationally for their excellence in mood disorders research, which seeks to translate research into clinical treatments. To support your research project you will undertake specialist modules in research methods and statistics and small-group seminar modules that will increase your depth of knowledge and understanding in specialist areas of psychology, delivered by experts in those fields. In addition, MSci students will take a 15-credit module *Contemporary Issues in Clinical Psychology*, which will prepare you for the fourth year clinical placement, embedded within a rapidly changing healthcare landscape service.

**Year 4** The fourth (PWP) year is delivered by CEDAR (Clinical Education Development and Research) an independent department, within the School of Psychology, specialising in a range of postgraduate professional trainings in clinical psychology and psychological therapies. The fourth year

provides a thorough grounding in the theory, evidence base and clinical practice of low-intensity psychological therapy for anxiety and depression. The content of the postgraduate modules delivered in this year is heavily rooted within the development of clinical skills associated with a patient-centred approach; promoting recovery using evidence-based low-intensity CBT interventions, understanding health behaviour change and recognising and respecting diversity. It develops competencies in core patient-centred interviewing and assessment skills, case management, and the delivery of a range of low-intensity interventions, including behavioural activation, exposure, cognitive restructuring, sleep management, problem-solving alongside support for medication-taking. Particular innovations in the low-intensity model of working is the way in which the approach is embedded within a model of collaborative care and supported through the use of case management supervision and informed by an understanding of health behaviour change.

**Learning and teaching** You will be taught through a range of methods including lectures, seminars, problem-based learning, facilitated small-group role play and skills modelling, self-practice/self-reflection supported by blogs, group clinical skills supervision sessions, clinical research internships and a clinical practice placement. We also offer specific support with statistics through our Statistics Helpdesk. You will be expected to supplement your lectures with guided independent study, so you should expect your total workload to average about 40 hours per week during term time.

Throughout your degree you will be supported by a personal tutor with whom you will meet regularly in all three years to support your personal and professional development portfolio. The portfolio will focus on your academic, transferable skills and clinical development and help you to better apply your knowledge to clinical applications. It will also be helpful in increasing your employability, supporting your continued professional development.

**Assessment** You will be assessed in a number of ways, including exams, essays, digitally recorded role play competency assessments, patient scenario presentations, case studies, patient work within the clinical practice placement, portfolio and a clinically focused research dissertation.

**Careers** The research and evidence-based focus of this programme, alongside the clinical research internships, provides an ideal basis for a career in applied clinical psychology or health services research. Completion of the programme gives you the ability to apply for trainee/qualified PWP positions at NHS Band 4/5. If you decide you wish to pursue alternative career paths, you can be confident that you will have developed excellent transferable skills which will be valuable in a range of sectors.

## BSc Psychology

This three-year programme provides you with an excellent foundation in key areas of psychology – developmental, cognitive, biological, social, clinical and personality – together with research methods and data analysis. You will have the opportunity to explore some of the research fields in which we specialise, such as social and organisational psychology, psychopathology, human cognition, cognitive neuroscience and animal behaviour. This broad and flexible programme allows you to explore your interests in more depth as they develop through a wide range of optional modules.

The programme is accredited by the British Psychological Society as conferring eligibility for the Graduate Basis for Registration, provided that the minimum qualification of Lower Second Class Honours is achieved. This is the first step towards becoming a Chartered Psychologist after further professional training.

The degree is divided into core and optional modules, which gives you the flexibility to structure your degree according to your specific interests.

**Year 1** In the first year you'll study a range of core areas, gaining a broad knowledge of psychology. Practical classes will give you training in quantitative, laboratory-based, experimental methodology in psychology, covering the broad range of subject areas across the core modules. Each core module includes practical classes and small-group academic tutorials.

A quarter of your first year's credits are made up from your choice of options. These can be chosen from modules that are available across all disciplines and we also currently offer optional modules that include *Introduction to Behaviour and Evolution* or *Classic Studies in Psychology*.

**Year 2** The second year will challenge you and prepare you for the final year. You'll be expected to produce essays, reviews of journal articles and scientific reports, which show that you can address problems systematically and can think critically and creatively. During this year you will gain more detailed knowledge and critical understanding of psychology and this will help you select your specialist seminar topics and decide on the theme of your final year research project. Staff will discuss their own research work in lectures and practicals and you'll be invited to attend formal research seminars given by external speakers.

There's a much greater emphasis on original practical work in the second year and you'll start to design and carry out your own investigations with the use of computer software and statistics packages. Practical classes are in areas of cognitive psychology, animal behaviour, social psychology, research interview design and qualitative methods.

**Year 3** In the third year, the majority of our teaching is based on small seminar groups of approximately 25–35 students. You will indicate your preference for three out of about 20 seminar options in areas where the seminar leader has an active research involvement, including topics on social and organisational psychology, cognitive and biological psychology, and comparative, clinical and child psychology. You may also attend classes on research methods and statistics and have the opportunity to learn about the cutting-edge research conducted by our academic and research staff.

By this point you will be skilled and competent enough to carry out your own project. As experienced researchers, staff will be able to give you advice on the subject matter, design, execution and writing up of the project. We regard this piece of work as the flagship of your practical work and many students have gone on to postgraduate study to develop these research interests. You'll normally work in pairs during your research project and then you'll write an independent report.

**Learning and teaching** You will be taught by research-active staff of international repute. Lectures supported by small-group academic tutorials are typical in the first and second years, with seminar discussions and small-group supervision dominating your third year. We also offer specific support with statistics and biological psychology through our helpdesks. Practical work is undertaken

in the field and laboratory. The large-group practicals in the first year are replaced by small-group practical work in the second year. For the extended research project in your final year, you will work in pairs. You'll have 10 hours of direct contact time per week with your lecturers and tutors during the first and second years. In the third year, contact time will be eight hours per week reflecting the greater focus on small-group teaching and independent study. You should expect your total workload to average about 40 hours per week during term time.

Throughout your studies you will participate in research, which not only offers a valuable insight but also provides an alternative perspective that you can draw upon in your future work. In your second year practical modules you will both participate in, and help design, psychological research projects. In your final year you will work with a partner on an extended research project that has the potential to result in truly novel discoveries. Throughout your degree programme you will also be supported by a personal tutor with whom you will meet regularly in all three years.

**Assessment** Almost all modules are assessed by a combination of exams and coursework, or by coursework alone. Coursework comprises more than half of the overall marks which count towards your final degree. You will have to pass most of your first year modules in order to progress to the second year, although the marks do not count towards your final degree classification. Assessment in the second and final years counts towards your final degree award.

**Careers** A strong emphasis is placed on your personal and professional development and the programme is specifically designed to develop academic, personal and professional skills that will prepare you for employment, future study or training for professional practice. Psychology incorporates the skills traditionally associated with science subjects alongside those more commonly associated with the social sciences, and what you study in psychology has unquestionable relevance across a range of contexts which can lead to a wide variety of career paths. We prepare graduates of our Psychology programmes to be psychologically engaged global citizens, who can apply their advanced understanding of the basic principles of human behaviour to help individuals, groups, and societies in an ethically and socially responsible manner.

## Combined Honours Degrees

### BSc Psychology with Sport and Exercise Science

This programme is taught jointly by Psychology and Sport and Health Sciences. The degree provides a good foundation for any student interested in a career as a psychologist with a particular focus on applying those skills in the broad areas of sport, exercise and health maintenance.

The programme provides British Psychological Society (BPS) accreditation. BPS accreditation confers eligibility for the Graduate Basis for Registration, provided the minimum standard of qualification of Lower Second Class Honours is achieved. This is the first step towards becoming a Chartered Psychologist.

**Year 1** In the first year you'll study a range of core areas, gaining a broad knowledge of psychology and sport and exercise science. Practical classes will give you training in quantitative, laboratory-based, experimental methodology in psychology, covering the wide range of subject areas across the core modules. Each core module includes practical classes and small-group academic tutorials.

A third of your first year credits will be taken in sport and exercise science modules, including exercise physiology, human anatomy and sport psychology. In these modules, you will study a range of sub-disciplines such as physiology and psychology. A mix of lectures, seminars and laboratory-based practical classes will help develop your knowledge and provide initial opportunities to employ theoretical concepts in applied exercise and sport settings.

**Year 2** The second year will challenge you and prepare you for the final year. You'll be expected to produce essays, reviews of journal articles and scientific reports that show that you can address problems systematically and can think critically and creatively. During this year you will gain more detailed knowledge and critical understanding of psychology and sport and exercise science and this will help you select your specialist seminar topics and decide on the theme of your final year research project. Staff will discuss their own research work in lectures and practicals and you'll be invited to attend formal research seminars given by external speakers.

There's a much greater emphasis on original practical work in year two and you'll start to design and carry out your own investigations

with the use of computer software and statistics packages.

**Year 3** In the third year, you will undertake a psychology-related research project, supervised by a member of staff from either discipline. Almost all of our third year psychology teaching is based on small seminar groups of approximately 25–35 students discussing advanced topics in psychology in the areas of social and organisational psychology, cognitive psychology, and comparative clinical and child psychology.

The modules offered in exercise and sport science provide an opportunity to cover a range of sub-disciplines or focus on your preferred area. A greater emphasis will be placed on discussing and analysing theories and research, but you will continue to apply your knowledge in practical settings.

By this point you will be skilled and competent enough to carry out your own project. As experienced researchers, staff will be able to give you advice on the subject matter, design, execution and writing up of the project. We regard this piece of work as the flagship of your practical work and many students have gone on to postgraduate study to develop these research interests. You'll normally work in pairs during your research project and then you'll write an independent report.

**Learning and teaching** Our programme provides you with an excellent foundation in the key areas of the disciplines. Staff in both Psychology and Sport and Health Sciences are research experts in the areas in which they teach, and you will benefit from direct access to this current knowledge through the variety of modules on offer throughout your time studying.

You will have 15 hours of direct contact time per week with your lecturers and tutors during the first and second years. In the third year contact time will be six hours per week reflecting the greater focus on small group teaching and independent study. You will be expected to supplement your lectures and seminars with independent study. You should expect your total workload to average about 40 hours per week during term time. Throughout your degree programme you will be supported by a personal tutor, who will help with any academic or personal problems that you may have. We also offer specific support with statistics and biological psychology through our helpdesks.

The modules available from Sport and Health Sciences provide a range of learning experiences. Lead lectures are designed to introduce topics, provide a framework for further reading, and provide background material for extended work through laboratory and practical experiences. In practical laboratory sessions you'll work in smaller groups with specialised equipment such as that found in the exercise physiology and biomechanics laboratories, while seminars allow you to work in smaller groups and contribute through discussion, role-play, short presentations and problem-solving approaches.

Practical sessions are available and provide sport and exercise experiences in the performer, leader, observer and researcher role. We also frequently welcome visitors of international standing in the area of exercise and sport and, where possible, arrange for them to speak to students and staff.

**Careers** We have an excellent reputation with graduate recruiters and our students and graduates compete very successfully in the employment market. This programme is specially designed to develop the skills you will require when preparing for employment or future studying. These include: the ability to make critical judgements and evaluations to gain different perspectives on a question; the ability to engage in effective team work; and personal planning and project management skills to enable you to become more independent and pragmatic.

If you are studying BSc Psychology with Sport and Exercise Science you will also have the opportunity to take an optional *Employability and Career Development* module as part of the programme. This module includes practical sessions to help prepare you for future employment supported by a period of self-organised work experience.

## Flexible Combined Honours

This innovative Combined Honours scheme enables you to combine modules from a number of different fields of study not otherwise available through an existing Combined Honours programme. You can combine Psychology with up to two other subjects from an extensive list. Further information and the full list of available subjects can be found at [www.exeter.ac.uk/ug/flexible](http://www.exeter.ac.uk/ug/flexible)

## Examples of the destinations of our recent graduates:

### Occupations

Mental Health Advisor // Applied Behavioural Analysis Tutor // Assistant Psychologist // Support Officer // Bereavement Counsellor // Psychology Therapist // Product Marketing Executive // Family Care Worker // Intelligence Analyst // Marketing Analyst // Occupational Therapy Assistant // Research Associate

### Employers

Allen and Overy // Brandon Trust // Civil Service // Mental Health Care // Venn Group // Virgin Media // Young People in Crisis // Macmillan Cancer Support // NHS // Workways // Accenture // Cruse Bereavement Care // Treehouse // Teach First

### Examples of subject areas of further study followed by our graduates:

- |   |  |
|---|--|
| <input type="checkbox"/> Social and Organisational Psychology | <input type="checkbox"/> Clinical and Community Psychology |
| <input type="checkbox"/> Cognitive Neuroscience               | <input type="checkbox"/> Animal Behaviour                  |
| <input type="checkbox"/> Criminology                          | <input type="checkbox"/> PGCE Primary                      |
| <input type="checkbox"/> Forensic Psychology                  | <input type="checkbox"/> Developmental Psychology          |
| <input type="checkbox"/> Psychological Research Methods       | <input type="checkbox"/> Marketing                         |
| <input type="checkbox"/> Mental Health Studies                | <input type="checkbox"/> Human Resource Management         |



# MODULES

**KEY** C = Core  
● = Optional

For up-to-date details of all our programmes and modules, please check [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## Year 1 Modules

Module Name	Applied Psychology (Clinical)	Psychology	Psychology with Sport and Exercise Science
Bioenergetics			●
Classic Studies in Psychology	●	●	
Cognition, Emotion and Development	C	C	C
Foundations of Exercise and Sport Psychology			●
Human Anatomy and Kinanthropometry			●
Human Physiology			●
Introduction to Behaviour and Evolution	C	●	
Introduction to Biological Psychology	C	C	C
Introduction to Clinical Psychology	C	C	●
Introduction to Research Methods	C	C	C
Introduction to Social Psychology	C	C	●
Introduction to Statistics	C	C	C
Nutrition and Metabolism			●

## Year 2 Modules

Module Name	Applied Psychology (Clinical)	Psychology	Psychology with Sport and Exercise Science
Biological Basis of Behaviour	C	C	C
Cognition and Emotion	C	C	C
Cognition Practical I and II	●	●	●
Developmental Psychology and Psychopathology	C	C	C
Exercise Physiology			●
Methods and Statistics in Psychology II	C	C	C
Observations and Experiments in Animal Behaviour	●	●	●
Personality and Individual Differences	C	C	C
Professional Development Experience	●	●	●
Qualitative Methods and Interview Skills	●	●	●
Social Practical I and II	●	●	●
Social Psychology II	C	C	C
Sport Psychology			●
Wild Behaviour	●	●	●

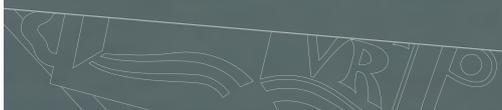
## Year 3 Modules

Module Name	Applied Psychology (Clinical)	Psychology	Psychology with Sport and Exercise Science
Applied Social Psychology: Health, Environment and Society	●	●	●
Associative Mechanisms Underpinning Human Addictive Behaviour	●	●	●
Brain Plasticity and Language Learning Across the Lifespan	●	●	●
Clinical Exercise Prescription			●
Cognitive Behavioural Approaches to Mood Disorders	●	●	●
Communication and Social Groups		●	●
Comparative Cognition		●	●
Compulsive Behaviour	●	●	●
Contemporary Issues in Psychology		C	●
Integrated Physiology and Adaptation to Physical (in) Activity			●
Learning for Teaching: School Experience			●
Methods and Statistics in Psychology III	C	C	C
Parental Psychological Disorders and Children's Development	●	●	●
Physical Determinants of Exercise Performance			●
Processes of Human Memory	●	●	●
Professional Development Experience			●
Psychology and Law	●	●	●
Psychology Research Project / Dissertation	C	C	C
Social Psychology of Prosocial and Antisocial Behaviour	●	●	●
Sport, Physical Activity and Health			●
Stereotypes and Stereotyping	●	●	●
Studying Cognition and Emotion with Brain Imaging	●	●	●
The Associative Mind	●	●	●
The Evolution of Social Behaviour and Social Organisation	●	●	●
The Psychology of Gender	●	●	●
Women's Mental Health	●	●	●
Work and Organisational Psychology	●	●	●



I have absolutely loved my time studying Psychology at the University of Exeter. The enthusiasm the members of staff have for teaching, and their own research, makes each module so interesting. The module choices in first and second year were varied, allowing us to develop a good understanding of all the different areas of psychology. But what I have loved the most, has been the chance to pick modules in third year that are really relevant to what I am most interested in and related to what I intend to do in the future. The continuous academic and pastoral support, and career advice given to students from the Psychology department has been invaluable. It's an intellectually challenging, fun and enjoyable degree.

Meghan Honeysett, BSc Psychology



# MODULES CONTINUED

Please note that availability of all modules is subject to timetabling constraints and that not all modules are available every year. For a full list and details of the individual modules, please check the undergraduate section of our website at [www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)

## Year 1

<b>Classic Studies in Psychology</b>	Provides a basic understanding of the limitations as well as the strengths of classic studies in psychology and covers the broader relevance of their findings.
<b>Cognition, Emotion and Development</b>	Introduces the scientific study of mental processes and the development of such processes. Using evidence from behavioural and other experiments with adult participants, we explore the processes and representations that enable us to select and interpret information made available by perceptual processes, to understand language, to remember facts and episodes, to think, act and react.
<b>Introduction to Biological Psychology</b>	Introduces you to the fundamental phenomena in neurophysiology, psychopharmacology and neuroanatomy in relation to human perception, memory, emotion and behaviour.
<b>Introduction to Clinical Psychology</b>	Gives an overview of how clinical psychologists understand major psychological disorders from a bio-psycho-social perspective. You'll become familiar with a range of mental health conditions, their causes and psychological interventions for them.
<b>Introduction to Research Methods</b>	Provides you with basic skills necessary to understand and conduct research in psychology. You will gain an understanding of the main scientific research methods, their advantages and disadvantages, and areas of application. You will gain first-hand experience of participating in psychological research, acquire skills in writing (scientific) reports and using library and online resources for scientific research, and develop an understanding of ethical issues related to conducting research in psychology.
<b>Introduction to Social Psychology</b>	Provides a grounding in some key areas of social psychology and parts of personality psychology, focusing in particular on groups and organisations.

## Year 2

<b>Biological Basis of Behaviour</b>	Provides an overview as to the many ways in which biology may impact upon our emotion and behaviour. Particular attention will be paid to an appreciation of the psychiatric understanding and treatment of mental health problems.
<b>Cognition and Emotion</b>	Establishes a detailed and critical understanding of the processes by which we learn and later access that learning, and those that underlie consciousness and language. You will explore and evaluate the methods, theories and debates in experimental studies of learning, memory and language processing. The module draws on computational modelling, imaging, ERP and patient data alongside the more traditional behavioural and flow-diagram approaches.
<b>Developmental Psychology and Psychopathology</b>	Knowing what children are like, what informs their understanding, and the methods that are used to establish this body of knowledge are important in psychological education and the aim of this module is to provide you with knowledge and critical understanding of these aspects of developmental psychology.
<b>Methods and Statistics in Psychology II</b>	Introduces quantitative analysis of numerical data and equips you to understand published research papers that employ these methods and to use the procedures yourself when you embark on research.
<b>Personality and Individual Differences</b>	Develops a broad and critical understanding of the ways in which personality and individual differences influence various aspects of human behaviour.
<b>Qualitative Methods and Interview Skills</b>	Develops your understanding of the skills and techniques involved in conducting research interviews and critical insight into the benefits and problems of doing qualitative research. You will also develop your skills in writing and producing a qualitative research report.
<b>Social Psychology II</b>	Provides an in-depth understanding of some of the main theoretical developments in the social psychological field and of the empirical support for theoretical assumptions in the field.

## Year 3

### **Associative Mechanisms Underpinning Human Addictive Behaviour**

A diverse set of psychological theories has been proposed to explain addictive behaviour. Behavioural economists favour notions of rational choice, cognitive neuroscientists focus on cognitive impairment and hypofrontality, and clinical psychologists highlight the importance of psychiatric comorbidity. Reconciling these accounts offers an enduring challenge to students of psychology. We will explore psychological processes that have been proposed to underpin addictive behaviour.

### **Cognitive Behavioural Approaches to Mood Disorders**

Familiarises you with current cognitive-behavioural research and treatment approaches to depression. For those interested in a career as a psychological practitioner in the NHS or in clinical psychology, the seminar will assist in developing necessary skills for postgraduate study or early career employment.

### **Compulsive Behaviour**

Examines the neural and psychological mechanisms underlying impulsive-compulsive behaviour in psychological disorders ranging from OCD and substance use to the more recently recognised behavioural 'addictions' (problem gambling, over-eating).

### **Contemporary Issues in Psychology**

You will explore current research topics in psychology and animal behaviour. A series of research seminars delivered by leading researchers and visiting specialists, in addition to weekly discussion and problem-based learning sessions, allows you to learn about cutting-edge research in psychology, engage in a critical appraisal of these seminars, and improve key skills in developing and communicating your own ideas and responses to current research.

### **Parental Psychological Disorders and Children's Development**

Provides an up-to-date overview of the associations between parental psychiatric disorder and child problems by exploring some of the mechanisms by which risk is transmitted from parents to children.

### **Psychology and Law**

Gives an in-depth insight into how individuals interact with, and are affected by, the criminal justice system. It critically evaluates the role psychology can play in the development of the criminal justice system and considers how psychology is relevant to civil law.

### **Psychology Research Project**

You will develop your knowledge and understanding of the problems and complexities of conducting empirical research by completing the full process of designing and running an empirical study.

### **Stereotypes and Stereotyping**

Analyses the extant literature on stereotypes and stereotyping and explores in depth both traditional and contemporary approaches to the area.

### **The Associative Mind**

Provides an exploration and evaluation of current proposals concerning the interaction between associative and rule-based processes in human cognition.

### **The Psychology of Gender**

Examines the way in which gender has been studied within psychology in order to acquire a critical understanding of the issues and key debates in the area, and of how these debates have been influenced by research conducted across a range of sub-disciplines in psychology.



The lecturers are brilliant. They are passionate about their field of work and more often than not are still active within research and so they are able to guide you to up-to-date and innovative areas of research. There are also a number of resources available for additional help to aid us in constantly improving our knowledge and work, such as helpdesks to go over essay feedback, and to help with the more difficult modules.

Beth Williams, BSc Applied Psychology (Clinical)



# ABOUT THE UNIVERSITY OF EXETER

Ranked in the top 100 universities in the world

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Top 10 in all major UK league tables

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7th in *The Times and The Sunday Times Good University Guide 2016*

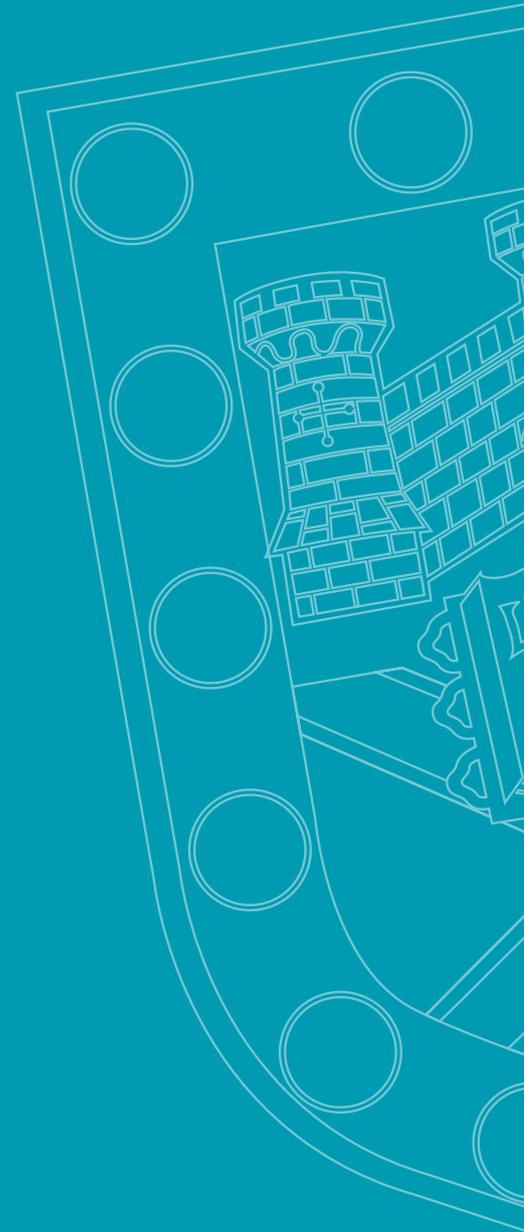
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Our teaching is inspired by our research, 82% of which was ranked as world-leading or internationally excellent in the 2014 Research Excellence Framework

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Six months after graduation, 95% of our first degree graduates were in employment or further study (HESA 2013/14)

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## VISIT US TO FIND OUT MORE

### Open Days

You can register your interest now for our Open Days and receive priority access to book your place\*; visit [www.exeter.ac.uk/ug/opensdays](http://www.exeter.ac.uk/ug/opensdays)

\* Pre-registration guarantees priority access to the booking system and is not an absolute guarantee of a place at any of our Open Days. Booking is essential and is on a first-come, first-served basis.

Exeter campuses:

**Friday 3 June 2016**

**Saturday 4 June 2016**

**Saturday 1 October 2016**

### Campus Tours

We run campus tours at the Streatham Campus each weekday, and at St Luke's Campus on Tuesdays and Fridays, during term time. You will be shown round by a current student, who will give you a first-hand account of what it's like to live and study at the University.

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[www.exeter.ac.uk/ug/psychology](http://www.exeter.ac.uk/ug/psychology)



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