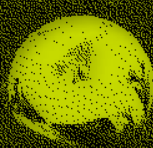




# THE SPORTS EXPERIENCE

**2010-2011**

UNIVERSITY OF EXETER  
ATHLETIC UNION



# No spin.

Straight talking from KPMG.

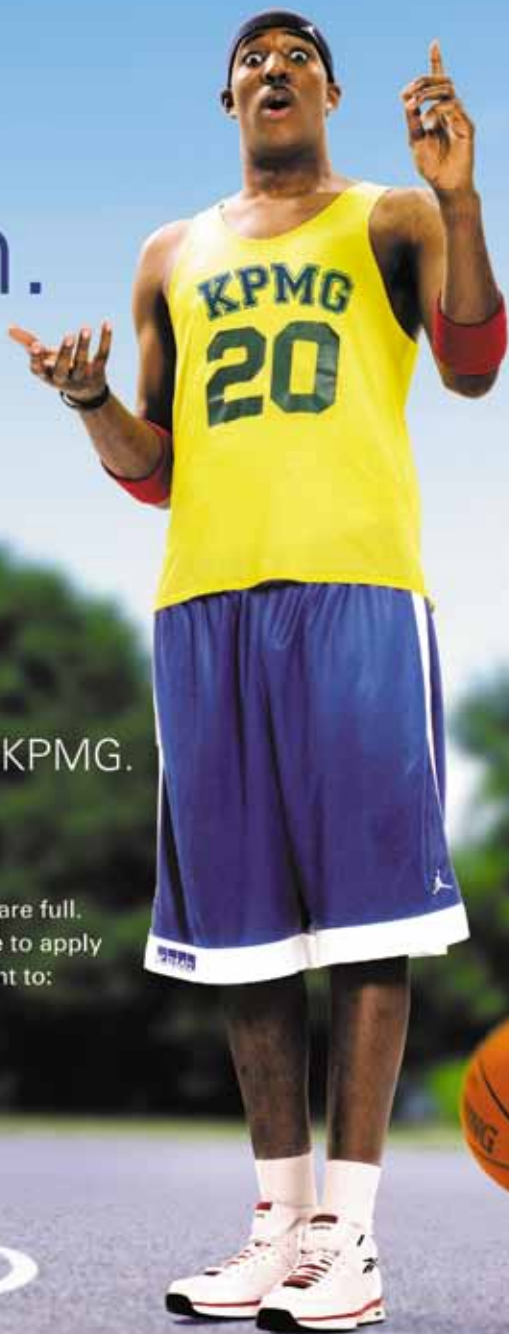
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# WELCOME TO THE AU 2010-2011



Welcome to the University of Exeter and of course the Athletic Union. We are here to do everything we can to make sure your Exeter sporting experience is as fulfilling and as exciting as it can possibly be. We cater for all abilities, whether you are interested in trying a new sport like surfing or an Olympic rower.

Exeter has a renowned sporting reputation with many of our teams competing at the higher level. This led to a 10th place finish in BUCS (British Universities & Colleges Sport) in the year just gone. Now we have reached the top ten the AU have real ambition to build on this success and be a consistently top ten finishing institution. However, don't be put off the performance aspect of our sport is only part of what we offer. All AU members welcome new enthusiasts to their clubs. We offer something for everyone, be it coaching through our successful Student Volunteering Scheme or you and a group of friends entering an Intra-mural team and represent your hall or academic group for a fun get together once a week.

This booklet is designed to be your sporting bible, with all the information you will need to contact the relevant captain of individual sports and learn what Exeter sport has to offer. Over the page there is a list of taster and trial sessions that will be happening during welcome week. This is the ideal time to get involved and try something new!

Membership of the Athletic Union is essential to ensure you get the most out of your time at Exeter. The diversity of activities, sports, opportunities to volunteer and participate is vast yet all have the same goal; enjoyment through sport. I look forward to meeting you in the coming year,

A handwritten signature in black ink that reads "J Belsher".

**Josh Belsher**  
Athletic Union President

01392 263 573 [au@exeter.ac.uk](mailto:au@exeter.ac.uk)  
[www.sport.exeter.ac.uk/athleticunion](http://www.sport.exeter.ac.uk/athleticunion)



CLUB	ATHLETIC UNION	VENUE	DATE	TIME
ATHLETIC UNION	ACTIVITES FAIR	MAIN SITE, SPORTS HALL, SPORTS PARK	03/10/10	11:00 - 16:00
AMERICAN FOOTBALL	TASTER SESSION	MAIN SITE - RUBBER CRUMB MEET @ 1.55PM	29/09/10	14:00 - 16:00
	TASTER SESSION	MAIN SITE - RUBBER CRUMB MEET @ 1.55PM	01/10/10	14:00 - 16:00
ARCHERY	INTRODUCTORY SHOOT	MAIN SITE SPORTS HALL	28/09/10	20:00 - 22:00
	INTRODUCTORY SHOOT	MAIN SITE SPORTS HALL	29/09/10	12:00 - 14:00
	INTRODUCTORY SHOOT	ST LUKES - UPPER GYM	30/09/10	16:00 - 18:00
	INTRODUCTORY SHOOT	MAIN SITE SPORTS HALL	02/10/10	12:00 - 14:00
ATHLETICS	INTRODUCTION TO EUAC	ST LUKES - MEET @ 2.30PM IN COLLEGE HOUSE CAR PARK	27/09/10	15:00 - 17:00
		MAIN SITE - MEET OUTSIDE SPORTS CENTRE @ 2.30PM		
		JOG DOWN TO THE ARENA - LIFTS MAY BE AVAILABLE		
	CLUB RUN - FOR ALL ABILITIES	MAIN SITE - MEET OUTSIDE SPORTS CENTRE @ 10AM	28/09/10	10-11.30AM
		ST LUKES - MEET @ 9.30AM IN COLLEGE HOUSE CAR PARK		
	RUN/JUMP AND THROW SESSION	STREATHAM SPORTS CENTRE	29/09/10	14:00 - 16:00
	WHITE T-SHIRT - SOCIAL	MEET @ LEMON GROVE	29/09/10	19:30 - LATE
	GRASS INTERVAL SESSION	MAIN SITE- MEET OUTSIDE SPORTS HALL @ 3PM ST LUKES - MEET @ 2.30PM IN COLLEGE HOUSE CAR PARK	30/09/10	15:00 - 17:00
	BEACH SESSION @ EXMOUTH	MAIN SITE - MEET OUTSIDE SPORTS HALL @ 10.30AM ST LUKES - MEET IN COLLEGE HOUSE CAR PARK @ 10.30AM	01/10/10	11:30 - 13:30
BADMINTON	GIVE IT A GO TASTER SESSION	MAIN SITE SPORTS HALL	30/09/10	14:00 - 16:00
	GIVE IT A GO TASTER SESSION	MAIN SITE SPORTS HALL	01/10/10	16:00 - 18:00
	GIVE IT A GO TASTER SESSION	MAIN SITE SPORTS HALL	02/10/10	16:00 - 18:00
BASKETBALL-WOMEN	TASTER SESSION	MAIN SITE SPORTS HALL	30/09/10	16:00 - 18:00
	TASTER SESSION	ST LUKES - LOWER GYM	28/09/10	14:00 - 16:00
BASKETBALL – MEN'S	TASTER SESSION	STREATHAM SPORTS CENTRE	27/09/10	14:00 - 16:00
	TASTER SESSION	STREATHAM SPORTS CENTRE	29/09/10	16:00 - 18:00
	TASTER SESSION	STREATHAM SPORTS CENTRE	01/10/10	10:00 - 12:00
BIKE	ROAD BIKE TASTER	MEET OUTSIDE THE BACK OF CORNWALL HOUSE	30/09/10	14:00
	MOUNTAIN BIKE TASTER	MEET OUTSIDE HATHERLEY BIO-SCIENCE BUILDING	02/10/10	12:00
CANOE	FREE TASTER TRIPS TO THE QUAY	MEET AT THE BACK OF LEMON GROVE 15 MINUTES BEFORE	28/09/10 - 01/10/10	10:00 / 11.30 14:00 / 15:30
	MEET THE CLUB EVENING	THE IMPERIAL - WEATHERSPOONS	01/10/10	20:00 - LATE
CLAY PIGEON SHOOTING	SEE FACEBOOK PAGE			
CLIMBING	GIVE CLIMBING A GO!	MAIN SITE SPORTS HALL CLIMBING WALL AND TRAVERSE WALL	28/09/10	19:30 - 22:00
	TRIP TO HAYTOR ON DARTMOOR	MEET OUTSIDE PETER CHALK CENTRE	29/09/10	09:50 / 11:50 13:50 / 15:50



CLUB	ATHLETIC UNION	VENUE	DATE	TIME
CLIMBING	SOCIAL	THE IMPERIAL WEATHERSPOONS EX4 4AH	30/09/10	19:00 - LATE
CRICKET – WOMEN'S	TASTER SESSION	MAIN SITE - INDOOR DEVON CRICKET CENTRE	01/10/10	14:00 - 15:30
CRICKET – MEN'S	TASTER SESSION	DEVON CRICKET CENTRE ON MAIN SITE	27/09/10	10:00-12:00
		DEVON CRICKET CENTRE ON MAIN SITE	28/09/10	10:00 - 12:00
		DEVON CRICKET CENTRE ON MAIN SITE	29/09/10	10:00 - 12:00
		DEVON CRICKET CENTRE ON MAIN SITE	01/10/10	12:00 - 14:00
FENCING	TASTER SESSION	MAIN SITE SPORTS HALL - STUDIO 1	27/09/10	15:00 - 17:00
	TASTER SESSION	MAIN SITE SPORTS HALL - STUDIO 1	29/09/10	19:00 - 21:00
	TASTER SESSION	MAIN SITE SPORTS HALL - STUDIO 1	01/10/10	13:00 - 15:00
FOOTBALL – WOMEN'S	TASTER SESSION	ST LUKES MEET AT THE ARCHES AT 10:30 MAIN SITE MEET AT THE RUBBER CRUMB	27/09/10	11:00 - 12:00
	TASTER SESSION	ST LUKES MEET AT THE ARCHES AT 10:30 MAIN SITE MEET AT SAND ASTRO	01/10/10	15:00 - 16:00
	SOCIAL	CLIFTON INN - ST LUKES MEET AT THE ARCHES AT 18:50 MAIN SITE MEET AT GREAT HALL AT 18:50	01/10/10	19:00 - 23:00
FOOTBALL – MEN'S	FOOTBALL MEET AND GREET/TASTER	MAIN SITE - RUBBER CRUMB	27/09/10	14:00 - 16:00
	FOOTBALL MEET AND GREET/TASTER	MAIN SITE - RUBBER CRUMB	28/09/10	12:00 - 14:00
	1ST TRIALS	MEET @ GREAT HALL 12.30PM OR FOR ST LUKES IN COLLEGE HOUSE CAR PARK @ 12.20PM OR AT DUCKES MEADOW 1PM	29/09/10	13:00 - 15:00
	2ND TRIALS	MEET @ GREAT HALL 12.30PM OR FOR ST LUKES IN COLLEGE HOUSE CAR PARK @ 12.20PM OR AT DUCKES MEADOW 1PM	01/10/10	13:00 - 15:00
FUTSAL - MEN'S	SMALL SIDED GAMES AND MORE INFORMATION	HOUSE CAR PARK @ 12.20PM OR AT DUCKES MEADOW 1PM	30/09/10	10:00 - 12:00
GLIDING	GLIDER FLYING TASTER SESSION - £25	MEET AT THE PETER CHALK CENTRE BUS STOP @ 8.30AM	27/09/10	09:00 - 12:00
	GLIDER FLYING TASTER SESSION - £25	MEET AT THE THE PETER CHALK CENTRE BUS STOP @ 12PM	27/09/10	13:00 - 17:00
	GLIDER FLYING TASTER SESSION - £25	MEET AT THE PETER CHALK CENTRE BUS STOP @ 8.30AM	28/09/10	09:00 - 12:00
GLDING	GLIDER FLYING TASTER SESSION - £25	MEET AT THE THE PETER CHALK CENTRE BUS STOP @ 12PM	28/09/10	13:00 - 17:00
GOLF	TASTER SESSION	MEET AT CLIFTON HILL DRIVING RANGE	28/09/10	18:00 - 19:00
	TASTER SESSION AND MEET THE COACHES	MEET @ EXMINSTER GOLF CENTRE	29/09/10	14:00 - 16:00
HOCKEY – WOMEN'S	TASTER SESSION AND TRIALS	MEET @ MAIN CAMPUS WATER ASTRO 13:45	29/09/10	14:00 - 16:00
	TASTER SESSION AND TRIALS	MEET @ MAIN CAMPUS WATER ASTRO 13:45	30/09/10	14:00 - 16:00

CLUB	EVENT	VENUE	DATE	TIME
HOCKEY – MEN'S	TASTER SESSION AND TRIALS	MEET @ MAIN CAMPUS WATER ASTRO 13:45	29/09/10	14:00 - 16:00
	TASTER SESSION AND TRIALS	MEET @ MAIN CAMPUS WATER ASTRO 13:45	30/09/10	14:00 - 16:00
JULIJITSU	TASTER SESSION	MAIN SITE SPORTS CENTRE	3RD OCTOBER	6.30-8.30PM
KARATE SHOTOKAN	INTRODUCTION TO KARATE	MEET MAIN SITE SPORTS HALL @ 5.45PM	28/09/10	18:00 - 20:00
KITESURF	KITE FLYING SESSION	MEET AT GREAT HALL. CAR APRK AT 1PM	01/10/10	13:30 - 17:00
LACROSSE	LADIES TASTER SESSION	MAIN SITE - RUBBER CRUMB	27/09/10	16:00 - 18:00
		MAIN SITE - RUBBER CRUMB	29/09/10	10:00 - 12:00
	MEN'S TASTER SESSION	MAIN SITE - RUBBER CRUMB	28/09/10	14:00 - 16:00
		MAIN SITE - RUBBER CRUMB	29/09/10	16:00 - 18:00
	MIXED SESSION	MAIN SITE- RUBBER CRUMB	01/10/10	16:00 - 18:00
NETBALL	TASTER SESSION	MAIN SITE SPORTS CENTRE. MEET AT 1.50PM	28/09/10	14:00 - 16:00
	TASTER SESSION	MAIN SITE SPORTS CENTRE. MEET AT 1.50PM	01/10/10	14:00 - 16:00
POLO	MEET AND GREET BBQ'S	16, UNION ROAD, EXETER	30/09/10	16:00 - 19:00
	MEET AND GREET BBQ'S	GREAT HALL CAR PARK	06/10/10	12:00 - 16:00
POWERKITING	SEE FACEBOOK PAGE			
RIDING	BUDLEIGH RIDING SCHOOL VIEWING OF YARD AND HORSES FOLLOWED BY A BBQ/BUFFET	MEET AT MAIN SITE SPORTS CENTRE @ 12PM	29/09/10	12:00 - 16:00
RIFLE	TASTER SESSION AT THE RANGE	MEET AT SWIMMING POOL SIDE OF CORNWALL HOUSE.	28/09/10 29/09/10 30/09/10	16:00 - 18:00
ROWING	MEET AND GREET Q + A SESSION	MEET AT THE LEMON GROVE	28/09/10	11:00 - 12:00
	MEET AND GREET Q + A SESSION	MEET AT THE LEMON GROVE	29/09/10	13:00 - 14:00
	MEET THE CLUB AND BBQ	MAIN SITE SPORTS CENTRE - OUTDOOR TENNIS COURTS	29/09/10	16:00 - 17:00
RFC	MEET AND GREET Q + A SESSION	MEET UPSTAIRS @ WALKABOUT IN TOWN	27/09/10	17:00 - 20:00
	TRIALS	MAIN SITE SPORTS CENTRE - RUBBER CRUMB	30/09/10	18:00 - 20:00
	TRIALS	DUCKES MEADOW - EX2 4SN	01/10/10	12:00 - 14:00
	TRIALS	DUCKES MEADOW - EX2 4SN	02/10/10	12:00 - 14:00
WRFC	FUN TASTER SESSION	MAIN SITE - RUBBER CRUMB	28/09/10	16:00 - 18:00
	FUN TASTER SESSION	MAIN SITE - RUBBER CRUMB	30/09/10	16:00 - 18:00
RUGBY LEAGUE	TASTER SESSION	MAIN SITE - RUBBER CRUMB	27/09/10	12:00 - 14:00
	TASTER SESSION	MAIN SITE - RUBBER CRUMB	29/09/10	12:00 - 14:00
	TASTER SESSION	MAIN SITE - RUBBER CRUMB	30/09/10	12:00 - 14:00
SAILING	MEET AND GREET	EUSC - SEE FACE BOOK PAGE	02/10/10	10:00 - 15:00
SNOOKER AND POOL	TASTER SESSION - £3	RILEYS SNOOKER AND POOL CLUB NEXT TO ICELAND, HIGH STREET	02/10/10	14:00 - 16:00
SNOWSPORTS	FREE BBQ AND BEGINNER SKI AND SNOWBOARD TASTER	MEET AT 12PM, 1PM AND 2PM AT THE RAM OR FOR ST LUKES @ CROSS KEYS AT 1PM	02/10/10	12,10R 2PM
SPELEOLOGY	COME FOR SOME DRINKS, MERRIMENT AND FREE PIZZA WITH THE CAVING CLUB	MEET @ RAM BAR ON MAIN SITE @ 7.30PM	28/09/10	19:30 - LATE
SQUASH	TASTER SESSION /TRIALS	MAIN SPORTS CENTRE - SQUASH COURTS	28/09/10	12:00 - 14:00
	TASTER SESSION /TRIALS	MAIN SPORTS CENTRE - SQUASH COURTS	29/09/10	12:00 - 14:00



CLUB	EVENT	VENUE	DATE	TIME
	TASTER SESSION /TRIALS	MAIN SPORTS CENTRE - SQUASH COURTS	30/09/10	12:00 - 14:00
	TASTER SESSION /TRIALS	MAIN SPORTS CENTRE - SQUASH COURTS	01/10/10	12:00 - 14:00
	TOURNAMENT	MAIN SPORTS CENTRE - SQUASH COURTS	02/10/10	10:00 - 17:00
	SOCIAL	RAM BAR AT 6PM AND THEN ON TO THE LEMON GROVE	02/10/10	18:00 - LATE
SUB AQUA	TRY - DIVE	OUTSIDE SWIMMING POOL AT CORNWALL HOUSE. MEET AT THE LEMON GROVE @ 6.15PM	30/09/10	6.30-8.30PM
	TRY - DIVE	ST LUKES SWIMMING POOL	02/10/10	14:00 - 16:00
SURF	TRIP TO POLZEATH AND BBQ - BOARD AND SUIT HIRE AVAILABLE. SIGN UP ON TUESDAY 28TH SEPT IN DEVONSHIRE HOUSE FROM 12-2PM.	MEET OUTSIDE GREAT HALL @ 9AM	29/09/10	09:00 - 17:00
	SOCIAL	MEET IN THE RAM BAR AT 8PM	30/09/10	20:00 - LATE
SWIMMING	TASTER SESSION FOR ALL ABLILITES	MEET @ CORNWALL HOUSE OUTSIDE SWIMMING POOL	29/09/10	14:30 - 16:00
	TASTER SESSION FOR ALL ABLILITES	MEET @ ST LUKES INDOOR SWIMMING POOL	30/09/10	14:30 - 16:00
TAEKWONDO	DEMONSTRATION	MAIN SITE SPORTS HALL - STUDIO ONE	30/09/10	19:00 - 20:30
TABLE TENNIS	PLAY AND MEET THE CLUB	MAIN SITE SPORTS CENTRE - STUDIO 1&2	30/09/10	14:00 - 16:00
	PLAY AND MEET THE CLUB	MAIN SITE SPORTS CENTRE - STUDIO 1&2	01/10/10	10:00 - 12:00
	BUCS TEAM TRIALS	MAIN SITE SPORTS CENTRE - STUDIO 1&2	01/10/10	20:00 - 22:00 20:30 - 22:00
TENNIS	TASTER SESSION	MEET AT THE INDOOR TENNIS CENTRE @ 12.45PM	02/10/10	13:00 - 14:00
TRAMPOLINING	TASTER SESSION	ST LUKES - LOWER GYM	28/09/10	11:00 - 13:00
	TASTER SESSION	ST LUKES - LOWER GYM	01/10/10	15:00 - 17:00
ULTIMATE FRISBEE	THROWING SESSION	GRASS AREA BEHIND THE BUSINESS SCHOOL	27/09/10	12:00 - 14:00
	THROWING SESSION	GRASS AREA OUTSIDE HOPE HALL	28/09/10	12:00 - 14:00
	THROWING SESSION	GRASS AREA BEHIND THE ARABIC CENTRE	29/09/10	12:00 - 14:00
	THROWING SESSION	ST LUKES QUAD	29/09/10	15:00 - 17:00
	THROWING SESSION	GRASS AREA OUTSIDE HOPE HALL	30/09/10	12:00 - 14:00
	OUTDOOR SESSION	MAIN SITE - RUBBER CRUMB	30/09/10	14:00 - 16:00
	INDOOR SESSION	MAIN SITE SPORTS HALL	01/10/10	12:00 - 14:00
VOLLEYBALL	TASTER SESSION	MAIN SITE SPORTS HALL - MEET AT 11.50AM	28/09/10	11:00 - 13:00
	TASTER SESSION	MAIN SITE SPORTS HALL - MEET AT 11.50AM	30/09/10	12:00 - 14:00
WATERPOLO	TASTER SESSION	MEET @ BACK OF LEMON GROVE OUTSIDE SWIMMING POOL	28/09/10	15:00 - 17:00
	TASTER SESSION	MEET @ BACK OF LEMON GROVE OUTSIDE SWIMMING POOL	30/09/10	15:00 - 17:00
WATERSKI AND WAKEBOARD	A DAY TRIP TO CABLE/BOAT FOR WAKEBOARDING AND WATERSKIING	MEET IN GREAT HALL CAR PARK @ 9AM EMAIL HPJM201@EX.AC.UK TO BOOK FOR THIS TRIP BY 30.9.10	02/10/10	09:30 - 18:30
WINDSURFING	BBQ BEACH PARTY AT EXMOUTH	MEET IN GREAT HALL CAR PARK @ 12.30PM	29/09/10	12:30 - 16:00

**FOR MORE INFORMATION**  
 01392 263 573 [au@exeter.ac.uk](mailto:au@exeter.ac.uk)  
[www.sport.exeter.ac.uk/athleticunion](http://www.sport.exeter.ac.uk/athleticunion)



# Sports Volunteering Scheme

## WHAT IS IT ALL ABOUT?

- Volunteer in the local community
- Help out at local sports events, assisting PE teachers and leading PE sessions
- Teach your chosen sport to schoolchildren of all ages or get valuable experience teaching a multitude of activities in school PE lessons
- Build up your coaching hours and exchange them for recognised sports courses of your choice
- Work towards your Exeter Award by volunteering and become more employable after you leave University
- Any Exeter University student can participate
- No experience is necessary

## HAVE FUN FURTHERING YOUR UNIVERSITY EXPERIENCE!!

For more information come and speak to us at the Activities Fair, Sunday 3rd October at the Sports Park on Streatham Campus or email [svs@exeter.ac.uk](mailto:svs@exeter.ac.uk)



**Contacts:** Chris Watts, Will Budge, John Lewiston  
**Email:** cw309@ex.ac.uk; wb217@ex.ac.uk;  
jaal201@ex.ac.uk; exeterdemons@live.co.uk  
**Website:** <http://au.ex.ac.uk/~demons>

## TRAINING TIMES:

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The Exeter Demons American Football team is now entering its 2nd year in the BUAFL university league with the future as bright as ever. Last year in the league we competed with the top teams in the country and were rewarded with the 2009 AU Non-BUCS team of the year and earning praise as the top rookie team in the country. We are expanding our squad in order to hit the next level and becoming one of the teams to beat in the south.

In American Football there are different positions to suit anyone. This is especially true for the Demons with opportunities for everyone to get significant playing time in the 1st team regardless of previous knowledge/experience as almost everyone joining is a new player.

The club is very diverse and welcomes people from any background with everyone getting involved in the great social side to the annual Super Bowl party with over 300 people attending.

If you have any queries please chat to any of the Club members either around campus, through email or at the Activities Fair.

**Contact:** Josh Tucknott  
**Email:** jt280@ex.ac.uk  
**Website:** <http://au.exeter.ac.uk/archery>

## TRAINING TIMES:

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At Exeter University Archery Club we are a very friendly club open to anyone who wants to come along, whether they are new to the sport or an experienced shooter. As of this year we will have training on both Streatham and St Luke's Campus where we are able to shoot full competition distances and also shorter distances for training those who have never tried the sport before. We run a 6 week beginner course at the start of the year run by experienced archers to get people started. For the more competitive we have 3 local university league competitions and 2 national university competitions each year where we take a squad of both experienced and novice archers.

Anyone interested should pop along to one of our have-a-go's, email our captain if you are unable to make it or come and meet us at the fair.





## ATHLETICS



## BADMINTON

**Contact:** Clare Hodgson  
**Email:** [ceh216@exd.ac.uk](mailto:ceh216@exd.ac.uk)  
**Website:** [www.euac.co.uk](http://www.euac.co.uk)

### TRAINING TIMES:

Exeter University Athletic Club is the “Most Improved Club of the Year 2010,” it’s exciting, it’s great fun, it’s a laugh, it’s well organised, it’s successful, it has variety. Our 100 members consists of a range of international, national, county standard athletes; some of our members don’t compete and are part of the club socially and to keep themselves fit. Whether you just want to get fit or if you want to get your face on the sporting scene there is definitely a place in EUAC for you!

EUAC are recognised by many top sporting universities and were competing against them in many events across the UK, including BUCS cross country, BUCS indoors and outdoor events.

Outside of training and competition, we love to have fun and we do so in style!

If you’ve got any questions drop Clare an email at [ceh216@exeter.ac.uk](mailto:ceh216@exeter.ac.uk), or check out our website.

**Contact:** Minty Gilders  
**Email:** [avg201@ex.ac.uk](mailto:avg201@ex.ac.uk)

### TRAINING TIMES:

The University’s Badminton club is one of the great sports clubs based at the University, whether you’re after Performance or Social opportunities, the badminton club can cater for a range of abilities in a relaxed, fun and friendly environment. The club offers high level on-court and fitness training and competition for those members selected into the squad at trials under the guidance of our full-time Director of Badminton.

For the social players within the club we offer 2 court sessions a week, with the opportunity to receive coaching from qualified level 2 coaches to help improve your game. There are also competitive opportunities for social members through the newly launched badminton intramural programme. The club also organises regular socials to ensure members are well catered for and have an enjoyable experience.

If you would like any further information about the club, please contact the club captain; Minty Gilders - [avg201@exeter.ac.uk](mailto:avg201@exeter.ac.uk)

**Contacts:** Henry Conrad;  
Fabio Acampora; Chris Worcester (Coach)  
**Emails:** hc255@exeter.ac.uk, fa231@exeter.ac.uk,  
C.J.Worcester@lboro.ac.uk  
**Website:** www.eubc.webeden.co.uk

## TRAINING TIMES:

EUBC is one of many great opportunities to get involved with sport during your time here. Our club has grown significantly in recent years, we now run three teams in a local league as well as one team in BUCS division 1A which we finished top of last season. We have training for our three teams and non-team members so we have sessions to suit any ability.

As well as our enjoyable playing sessions we organise exciting socials and other basketball events. Newly appointed 1st team coach Chris Worcester will be providing 1st team players with a quality standard of coaching throughout the season, as well as helping out with our other teams. As one of the sports on the higher performance programme we have access to an expert support team of fitness instructors.

Whether you're a serious baller, or a novice hoping to learn, or someone who just wants to play, have fun and meet new people, then EUBC is the club for you!

**Contacts:** Amy Lincoln (Captain);  
Helena Edmonds (V. Captain)  
**Email:** al325@ex.ac.uk; he229@ex.ac.uk  
**Website:** <http://eubc.webeden.co.uk/>

## TRAINING TIMES:

EUBLC is a great club to join whether you are a complete beginner or more of an advanced player! Basketball is brilliant fun and great for fitness! We compete in the BUCS league each year as well as entering a local league so if you're interested in joining the team there will be plenty of competitive match play each week. We have 3 training sessions a week on Steatham and St Lukes campuses and welcome anyone to come and play whether you've played basketball before, a complete beginner or if you want to play to keep fit!

Everyone is really friendly and we love getting together for socials to have some fun off the court - we often join the men's teams for socials and it's a great way to meet new people at uni.

We'll be running sessions on Tuesday and Thursday in Welcome week so please come along and give it ago.



## MEN'S BASKETBALL



## WOMEN'S BASKETBALL

**Contacts:** Matt Dowler (Road Riding);  
 Matt Humphreys (Off-Road Riding)  
**Email:** [exeterunibikeclub@hotmail.co.uk](mailto:exeterunibikeclub@hotmail.co.uk)  
**Website:** [www.exeterunibikeclub.webs.com](http://www.exeterunibikeclub.webs.com)

## TRAINING TIMES:

Bike Club offers riding for any type of rider. We have large Road and Mountain Bike sections and we also run social rides for the whole club. Our Road section focuses on Racing and we are currently the highest ranked University club in the South-West. We run club training rides twice a week in the beautiful (and hilly!) Devon countryside and arrange other rides via our facebook group. Non-Racers are welcome to come along on our rides to improve their fitness and riding skills.

The mountain bike side of the club is a diverse affair with regular cross country, downhill and leisure rides. These vary from short blasts in the local woods on a Wednesday to all-day epics on Dartmoor or uplifts at Gawton on a weekend. All abilities are welcomed. Members interested in racing whether on-or-off road will have the chance to compete in regional races and BUCS.

Whether you want a club to race for, to have fun on the trails or just find some people to ride to the pub with, Bike Club is the one to join!

**Contact:** Lynne Medlock  
**Email:** [captain@eucc.org.uk](mailto:captain@eucc.org.uk)  
**Website:** [www.eucc.org.uk](http://www.eucc.org.uk)

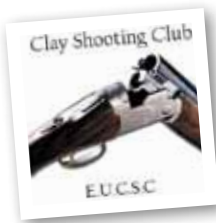
## TRAINING TIMES:

EUCC is a fun and friendly group of students who just love to paddle! Whether you're a complete beginner full of enthusiasm, or a seasoned creeker/freestyler, our club has something to offer you. We run two training sessions in the pool every week, river or surfing trips every weekend, exciting weekly socials - there's plenty to keep you busy!

We run weekend trips to Wales and Cornwall, join other universities for events all over the country, compete in kayak polo competitions and travel abroad with our annual trip to the French-Alps.

We like to explore as many types of kayaking as possible, but you'll most often find us on white-water rapids, surfing, or polo training. What better way is there to make the most of the range of rivers on Dartmoor, one of the most popular kayaking destinations in the country? The club's supportive atmosphere gives you the confidence and advice to help you progress quickly; you'll be amazed at how quickly you improve on the water!





## CLAY SHOOTING

**Contact:** Josh Belsher  
**Email:** au@ex.ac.uk

### TRAINING TIMES:

The Clay Shooting club is a new and exciting club for those interested in clay shooting. The club is open to anyone who wants to get involved in the sport whether as a beginner, or a more competitive level. Members will gain training, as well as the option to compete in competitions against other universities and clubs.

The club is run from a local shoot ground with excellent facilities. When you sign up to the club you will receive membership to the shoot ground, as well as access to weekly socials. The membership will also make you eligible for subsidised cartridges and equipment, and the chance to buy the 'coolest stash around'!

Come and see us at the activities fair to get involved!



**Contact:** Mike Tibbits (Captain) / Liv Steele (Secretary)  
**Email:** mt275@ex.ac.uk / os226@ex.ac.uk  
**Website:** <http://au.exeter.ac.uk/climbing>

### TRAINING TIMES:

The Climbing Club is a group of friendly and fun-loving students who share an interest in rock climbing. We're a welcoming bunch and have the facilities to accommodate a whole range of abilities, so regardless of whether you've never climbed before or are a hard-core climbing addict then we'd love for you to join.

We run sessions every Tuesday at the indoor climbing and bouldering walls at the Sports Hall from 7:30pm-10pm. We also run outdoor trips every weekend. These are a great day out and are perfect for either practicing your climbing or simply just for getting to know people.

If you ever need training, advice, or are a beginner who's just started off, then there are experienced climbers who are happy to help. For the competitive out there, we enter teams into various competitions throughout the year.

Come along to a taster session, give it a go and see what we're all about! If you have any questions or just want further info about the club, send us an email or come find us at the Activities Fair!

**Contacts:** Tom Worthington (Captain)  
Julian Wyatt (Director of Cricket)  
**Emails:** tw259@ex.ac.uk; J.G.Wyatt@ex.ac.uk

## TRAINING TIMES:

EUMCC is one of the most popular sport clubs at Exeter. The club has 4 sides representing the university in BUCS competition, with the 1st XI boasting BUCS premier league status for the last nine years, the only non-MCCU side to have achieved this. Last year also saw the introduction of a 5th team playing numerous friendly fixtures against local sides.

The status of the club has continued to grow over the passed few years, with the completion of the Sir Christopher Ondaatje Devon Cricket last year giving club members access to the best cricket facilities in the south west. The club has also seen the appointment of ex-Somerset professional Julian Wyatt as Director of Cricket and 1st team coach, and the annual cricket varsity is now the University's summer sport highlight.

EUMCC's off field activities go hand-in-hand with competition, with the club arranging socials throughout the year.

Cricketers of any ability are encouraged to come to the trials and approach us at the fair. Club net's will also run throughout the winter for those wanting to get involved.

**Contacts:** Katy Dennis / Kat Witkowska  
**Emails:** kd262@ex.ac.uk / kw254@ex.ac.uk

## TRAINING TIMES:

At Exeter University Archery Club we are a very friendly club open to anyone who wants to come along, whether they are new to the sport or an experienced shooter. As of this year we will have training on both Streatham and St Luke's Campus where we are able to shoot full competition distances and also shorter distances for training those who have never tried the sport before. We run a 6 week beginner course at the start of the year run by experienced archers to get people started. For the more competitive we have 3 local university league competitions and 2 national university competitions each year where we take a squad of both experienced and novice archers.

Anyone interested should pop along to one of our have-a-go's, email our captain if you are unable to make it or come and meet us at the fair.



## MEN'S CRICKET



## WOMEN'S CRICKET



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to all the AU teams  
and scholars in  
2010 - 2011

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Sport

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exetersport@exeter.ac.uk - [www.exeter.ac.uk/sport](http://www.exeter.ac.uk/sport)

**Contact:** Gareth Rogers (Club Captain)

**Email:** gtr201@ex.ac.uk

## TRAINING TIMES:

EUFC is an active, friendly club where both beginners and experienced fencers are equally welcome. We run a variety of different training sessions each week with a professional coach and all kit is provided for beginners. Whether you're just starting out or wanting to work hard to improve your technique or fitness we have a place for you and something to offer. Outside of training we have a highly active social side with a good mix of big nights out and more relaxed events. If you're looking for a club where you can make real progress with the sport in a supportive and friendly environment then come along to a training session.



**FENCING**





## MEN'S FOOTBALL

**Contacts:** Kenzo Onumonu (Streatham),  
Andy Waddingham (St Luke's)  
**E-mail:** ko218@ex.ac.uk, aw319@ex.ac.uk

### TRAINING TIMES:

The EUAFC is one of the biggest sports clubs at Exeter University. The club's friendly, professional atmosphere invites players of all abilities to get involved and continue enjoying the game. With 6 competitive teams, 4 of which play in the BUCS league and local leagues, we have a range of levels encouraging everyone to get competitive or simply have fun. The introduction of the 5th team into the Devon and Exeter Football League and a new Futsal team brought immediate success with the 5s winning promotion and Futsal narrowly missing out on a BUCS final place, it is an exciting time for the club.

We are also vivid advocates of the 'work hard play harder' philosophy, and would welcome EVERYONE to experience our football socials leading up to our Easter football tour. Everyone in the club is important to us and we aim to give each member the experience they are after. So whatever level you have played before, we have something for you. Any questions or queries email either club captains. We look forward to welcoming you!

## WOMEN'S FOOTBALL



**Contacts:** Charlotte Poole; Becca Todd  
**Emails:** cp310@ex.ac.uk; rt262@ex.ac.uk  
**Website:** www.eulfc.com

### TRAINING TIMES:

With fantastic experiences for competent players as well as beginners, we cater for all individuals, no matter how much football you want to play. With last year's success we have high expectations for the forthcoming season with our team to dominate in the BUCS league and knock outs.

You can expect to be playing at a good level, be it on a Wednesday competing in BUCS, followed by a much anticipated social in the evening for all club members. Or on a Sunday in the Devon League at the weekends. With EULFC there is also the opportunity to go on tour to Spain over Easter, for many undoubtedly the highlight of the year! So there is plenty of banter to be had as well as great competitive football. Let's be honest, it's an unbeatable line up!

If you have any queries do not hesitate to chat to any of the Club members either around campus or at the Activities Fair and make sure you visit our new website! [www.eulfc.com](http://www.eulfc.com)



**Contact:** Edward Hirons  
**Email:** E.J.Hirons@ex.ac.uk

## TRAINING TIMES:

Gliding is a thrilling aerial sport that gives people the opportunity to learn how to fly at a reasonable cost and with no previous experience required! Gliding is a sport in its own right, but can also be used as the first step towards further flight training and, for those with a competitive streak; there are competitions that can be entered at any ability level.

As a member of Exeter University Gliding Club (EUGC) you will have access to our host clubs training gliders and instructors. The sport is volunteer based, and so part of the whole experience is helping out on the field, retrieving, moving and launching gliders, logging flights retrieving the cables etc. It is a full, fun day out where you will be at the controls on your first few flights an soaring above the countryside before you know it. If you have any questions about the sport please do not hesitate to contact us.

**Contacts:** Christian Brown (Captain);  
 Craig Townsend (Director of Golf)  
**Emails:** cb336@ex.ac.uk;  
 info@devongolfpartnership.org.uk

## TRAINING TIMES:

Exeter University Golf Club (EUGC) caters for all types of player. Whether you are a beginner or a seasoned pro, EUGC is the club for you. We run a range session every Tuesday night at Clifton Hill driving range from 6:30pm onwards. Every member is welcome. Our aim is to try and get everyone to compete at the highest possible level. Currently we run two teams in the BUCS leagues, but we are hoping to run a third team this year as well. Our most talented golfers also compete in the BUCS individual strokeplay tournament. Beginners can take lessons from our Pro's down at Exminster Golf Centre.

We play our golf at Dawlish Warren, which is a 25 minute drive, but also accessible via train. BUCS matches are played on a Wednesday, and we run our own Order of Merit competition throughout the year, usually played on a Saturday/Sunday. Socials take place every Wednesday, with more details to follow from our Social Sec. Anyone who is interested should e-mail the Captain or Director of Golf.



## GLIDING



## GOLF



## MEN'S HOCKEY



## WOMEN'S HOCKEY

**Contacts:** Samuel Burrett; Simon Hicks  
**Emails:** [sjb235@ex.ac.uk](mailto:sjb235@ex.ac.uk); [stmh201@ex.ac.uk](mailto:stmh201@ex.ac.uk)  
**Website:** [www.eumhc.org](http://www.eumhc.org)

### TRAINING TIMES:

Boasting six teams and a growing intra-mural competition, the Men's Hockey Club encourages players of all standards to join this successful and progressive club. Members will have the opportunity to play and train regularly within a competitive, but friendly environment on the water based pitch and newly laid astro.

EUMHC members enjoy being part of a club which has an enviable reputation both on and off the pitch. Off the pitch, we have four Club Social Secretaries to ensure that all our members enjoy a full and varied social schedule should they so wish! On the pitch, the club has developed a culture of success that has seen us climb to the upper echelons of British University sport and dominate the Devon and West Country hockey community. Last season the 1st team competed in the top tier of English Hockey, the National Premier League and the 2nd team were victorious in the primary division of the N4 Hockey Leagues. Both sides were crowned BUCS Champions and were consequently awarded the joint accolade 'University of Exeter Team of the Year' at the annual Athletic Union Dinner.

**Contacts:** Anna Glyn Davies; Sarah Brook  
**Emails:** [ag331@exeter.ac.uk](mailto:ag331@exeter.ac.uk); [sb219@exeter.ac.uk](mailto:sb219@exeter.ac.uk)  
**Website:** [www.eulhc.co.uk](http://www.eulhc.co.uk)

### TRAINING TIMES:

So what does the Ladies Hockey Club have to offer you? The club has 5 BUCS teams, all excelling in their leagues. This season the 1st's won the Premier South league making them as the top university team in the South. The 2nd, 3rd, 4th and 5th's all finished in the top 4 of their leagues. All teams are now looking to push for BUCS Gold which is well within our grasp. The Club also has a very close and strong relationship with the local hockey club ISCA, who have 5 teams in leagues in the South-West providing competitors with the chance to play club hockey. EULHC are able to offer everyone a chance to play hockey.

With over 130 active members you would find it difficult not to find friends from different courses, campuses and backgrounds. EULHC also provides the chance to tour. The Club's hospitable and down-to-earth atmosphere welcomes people of all abilities and we look forward to meeting you come October! Any questions, queries or problems do not hesitate to get in contact with your club captains.

**Contact:** Josh Tucknott  
**Email:** jt280@ex.ac.uk  
**Website:** <http://au.exeter.ac.uk/archery>

**TRAINING TIMES:**

May I jump straight to the point and invite you try something totally new. Whether you have no previous experience of martial arts or have done a previous art for years we're here for you. First session is always free so there are no excuses!

What do we offer? Primarily we look to street effective self defense. Come along to our taster session and find out. We also practice Brazilian Jiu Jitsu, and have strong links with our MMA town club if that is your thing. We have national competitions, termly trips to our sister university clubs, the social side is vital to us and our social secs have some treats lined up!

We want men, women, little people, big people, the inflexible, the strongman and people who just want to have fun.

Martial arts... two words that leave most people unsure, two words that don't exactly set people buzzing. Let me give you two new words, Jiu Jitsu. Come and try it, after all your first session is always free!



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## KARATE



## LACROSSE

**Contact:** Samantha Howell  
**Email:** sh341@ex.ac.uk

### TRAINING TIMES:

The Exeter University Shotokan Karate Club offers high quality training with a 5th Dan instructor to both beginners and those who have already graded, in any style of karate. The club is also affiliated with the Karate Union of Great Britain (KUGB).

The club competed in both the KUGB Student championships and the BUCS last year and we are looking forward to sending squads to both competitions again this year.

Training provides both great physical activity and self defence and the club has a lively social scene to get to know everyone. If you haven't tried martial arts before or wish to continue your training at university come along to our fresher's week taster sessions and give it a try, everybody is welcome. If you can't make our taster sessions come along once term starts, the first session is always free.

**Contacts:** Alex Wilby (Mens Captain)  
 Ginny Langton (Womens Captain)  
**Email:** aw310@exeter.ac.uk; gl245@exeter.ac.uk  
**Website:** www.exeterlacrosse.co.uk

### TRAINING TIMES:

The Lacrosse Club is a mixed AU club and one of the biggest at the University. With talent and determination the lacrosse teams are a force to reckon with on and off the field. Our socials are every Wednesday with plenty of variety to themes and location to make sure our reputation as the club holding the best socials at uni is maintained! We welcome people of all standards and have beginner's men's, women's and mixed which is always a laugh. Every Easter the Lacrosse Club heads on tour with various mixed teams to Dublin for a few days of intense lacrosse and even more intense partying! There is a strong family atmosphere within the club and you will make some great friends and always be looked after.

**Contact:** Kara Stone  
**Email:** kds202@exeter.ac.uk  
**Website:** <http://www.eunc.btik.com>

## TRAINING TIMES:

EUNC is one of the biggest and well established female sporting clubs at Exeter, with last year seeing the first team pushing for promotion into the premier league, as well as 2 of our teams achieving promotion. We are a very friendly and open club that prides itself on catering for all abilities and as such are keen to recruit both experienced and new players.

Our ever growing number of teams allows us to cater for all abilities, with six BUCs teams and seven non-BUCs teams competing in our popular local league whether you're here to play serious netball or want to take up something new then we are the club for you! Not only do we have a great atmosphere on the court we also have a lively social scene, with weekly Wednesday socials after matches, end of season dinners and our annual tours there's plenty to keep you occupied. If you have any questions at all have a chat with any of our members around campus or at the activities fair, alternatively you can email the club captain.

**Contacts:** Jessica Waddington (President);  
 Alice Etchells (V. President)  
**Email:** jrw217@exeter.ac.uk; ae262@exeter.ac.uk

## TRAINING TIMES:

Exeter University Polo Club offers fantastic experiences for those who are able to play and those who fancy trying something new. The club has grown over the last 10 years, boasting an impressive 80 members in 2009/10. Opportunities are available to all levels of players with the Exeter League and infamous Varsity against Cirencester for experienced members, complimented with termly tournaments for those who are just starting out. On a social level the club is open to all with suppers, socials and the Christmas Ball to look forward to. Practices are held weekly on a Wednesday afternoon with tournaments on Fridays as well as socials throughout the term. If you have any questions please do not hesitate to contact us and do come along to our meet and greet barbeque to get a chance to realise that the polo club is the right one for you.

Welcome week Polo Social BBQ: Thursday 30th September, 3,30pm meet at the Ram.



## NETBALL



## POLO





# Intramural Sport 2010/11

Intramural Sport is your chance to compete against other teams of students, whether you're representing your halls, academic subject or are just a group of mates.

No previous experience is necessary and sports are open to all

Intramural Sports on offer

**11-a-side Football**

**Mixed Hockey**

**Badminton**

**5-a-side Football**

**Tennis**

**Mixed Netball**

**Indoor Cricket**

For more details contact the Athletic Union Office in the Sports Park.  
Tel 01392 262152, E-mail [IMSport@ex.ac.uk](mailto:IMSport@ex.ac.uk)

**Contact:** Katy Dziedzic  
**Email:** exeter\_uni\_riding\_club@yahoo.com  
**Website:** au.exeter.ac.uk/riding

## TRAINING TIMES:

Love horses? Love competitions? Love being social? Then EURC is the club for you! Whether you have never sat on a horse before, gave up riding years ago and fancy taking it up again, or compete at any level EURC has something to offer you.

Throughout the year there is the chance to go on organised group hacks, to improve your riding with lessons at two BHS approved riding schools and to compete in BUCS and friendlies competitions.

More recently the club has also offered members the chance to attend trials for the World University Championships, representing Great Britain. We also offer many unmounted activities, with discounted trips to Badminton International Horse Trials, days out at Exeter Racecourse and any other equestrian related event we can find throughout the University year.

EURC is a very friendly and welcoming club and we would like any equestrian minded students to come and join us for another successful and fun year!

**Contact:** Henry Gilbert  
**Email:** hg238@ex.ac.uk  
**Website:** <http://michaelmorrisdesign.co.uk/eurc/>

## TRAINING TIMES:

Tuesday ..... 1900 - 2100  
 Wednesday ..... 1900 - 2100  
 Thursday ..... 1900 - 2100

EURC is a friendly club that caters for all levels of shooters, from complete beginners to those shooting at international level; of which approximately 80% of our memberships haven't shot before. We have all the kit you need! EURC is one of Exeter's most successful clubs and we have won BUCS for the last 3 years, and we have several members who have competed and won at international level who are more than happy to help you out and give you hints along the way. We compete in both the BUCS small-bore league and also travel to Bisley to shoot full-bore.

University is about trying something new, so if you are interested come along to meet us as the Lemon Grove during welcome week and try one of our tasters session.



## RIDING



## RIFLE





## ROWING



**Contact:** Luke Dillon (President)  
**Email:** ltod201@ex.ac.uk  
**Website:** <http://www.eubc.co.uk/>

### TRAINING TIMES:

Exeter University Boatclub or EUBC is the place for all rowing / sculling at the university. We are a very friendly and open club keen for new members both experienced and total beginners. Our boathouse and land training facilities allow us to cater for all abilities and we are keen to encourage and develop people who may never have considered rowing before.

Our aim is to get every member of the club competing at the highest level possible with fast track programs for talented beginners and the possibility of doing international trials for experienced oarsmen/women. Our large squads compete regularly at all of the major national events including the 4 major Head of the River races in London, British Universities Championships, National Championships and Henley Royal and Women's regattas. Anyone who is interested should email the president, check out our website ([www.eubc.co.uk](http://www.eubc.co.uk)) or come and talk to us at our meet the boat club BBQ (Wednesday at 4:00pm in the tennis courts next to the sports park) or alternately find us at the squash.



## MEN'S RUGBY

**Contacts:** Kit Muir (Captain); Mark Douglas (V Captain)  
**Emails:** km319@ex.ac.uk, mtd206@ex.ac.uk  
**Website:** [www.eurfc.com](http://www.eurfc.com)

### TRAINING TIMES:

The most friendly and sociable club in the AU, offering rugby to players of all standards. With a fiercely competitive Fresher's League playing against local rivals such as Bristol and Bath, it is a great way to meet people in the first year and gain an understanding of sport at Exeter before moving into the BUCS teams. The Club puts out seven teams on a regular week with four University teams, two Fresher's teams and the notorious BaBa's side, which is open to all.

Socialising is a key aspect to any Club and the EURFC has the work hard play hard balance spot on with all club members gathering on a weekly basis in the relaxed environment of Walkabout.

To complete the package, the recently promoted Exeter Chiefs will be lending more of their expertise this year than ever before, lending players to coach all sides from the 1st XV to the Fresh 2nds.

We shall be holding trials during Welcome Week so be sure to keep one eye open when walking around campus.



## WOMEN'S RUGBY



## RUGBY LEAGUE

**Contacts:** Hat Hewitt-club (Captian);  
Jenny Fotheringham (V. Captain)  
**Emails:** heh205@ex.ac.uk; jkf204@ex.ac.uk  
**Website:** www.euwrfc.sports.officelive.com

### TRAINING TIMES:

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Exeter Women's Rugby club is a great way to meet new people, have fun and train hard. Whether you're new to the sport or have played before, it's a great club to get stuck into. With great coaching, a fun aspect to all sessions and a great social side too, you can't go wrong!

So come along to the crumb at 4pm on Tuesday and or Thursday in welcome week and give it a go or find us as the activities fair.

You'll never know unless you try!!

**Contact:** Tom Williams  
**Email:** eurlinfo@gmail.com  
**Website:** <http://au.exeter.ac.uk/eurl>

### TRAINING TIMES:

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The Rugby League club has performed at the highest level of student rugby league in recent years. The 1st XIII, playing the the Premier South Division, finished in the top eight last year and has regularly done so for the last four years. We send many players to the South West student regional trials and many go on to the national squads! In our current squad we have Nico Flanagan (England Students), Andy Auld (Harlequins RLFC), Stu Fee (Scotland Brave Hearts) and Chris Pawson (South of England Students) and we hope to have many more international representatives next year!

We have a strong second team in the Wales and West division with a huge amount of competition for places and for movement up to the first XIII. We have a big coaching team who will help with anything that you need. Our socials are at 44 Below (on Queen street) every Wednesday at 7pm - come along!

**Contact:** Tim Saxton

**E-mail:** tmws201@ex.ac.uk

**Website:** www.au.ex.ac.uk/sailing

## TRAINING TIMES:

With over 130 members, we are one of the university's largest clubs. The club caters for a large of sailing interests, from beginners to the more experienced, both in dinghy sailing and yachting. We have several teams, allowing as many as possible to take part in racing against people of the same ability. We have been very successful over the past few years winning BUSA events and currently field a strong fleet of athletes.

At BUCS level we enter teams in the following areas of the sport; Team Racing / Yachting Racing / Match Racing / Fleet Racing

However do not despair if you are not of the competitive spirit, or new to the sport. We provide coaching for all standards, abilities and interests through regular training sessions. Our standard on the water is also reflected in our socials. We are one of the most sociable clubs in the AU and meet every week giving new members the opportunity to meet the old. Come and find us at the fair!

**Contacts:** David Clark (Captain); James Wilson (V. Captain)

**Email:** dc276@ex.ac.uk; jww202@ex.ac.uk

## TRAINING TIMES:

Fancy some friendly competition or potentially something more serious? Well the Snooker Club could be just for you. It is one of the fastest growing clubs at the university. Our club offers you two enjoyable sports in one, both snooker and pool, giving you an opportunity to concentrate on one or the other, or for those cue enthusiasts, both. Neither sport is gender biased, we encourage both males and females to give it ago.

Whether you want to experience something you've never tried before, improve your ability and compete in our Snooker and Pool leagues or just have some easy to learn fun with new people, the Snooker and Pool club is the choice for you. Along with our two leagues there will also be a cup competition for both snooker and pool for the first time this year. With the added possibility of representing Exeter University in the BUCS competitions this society offers you everything you need and more. Oh, and then there's our socials...



## SAILING



## SNOOKER AND POOL



**Contacts:** Morgan Williams (President),  
Kirsty Probert (V. President)  
**Email:** mw317@exeter.ac.uk, kap205@ex.ac.uk  
**Website:** www.exetersnowsports.com

## TRAINING TIMES:

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Have you ever been skiing or snowboarding? No? Then now is the time to do it!

As the largest AU club we do everything from getting you onto your first pair of skis or snowboard to 'sessioning the kickers' with all you freestyle fanatics. We run trips to a dry slope with our friendly freestyle experts giving some tips of the tricks to the first timer or the most experienced rail rat. Anybody just starting out skiing/boarding or wanting a refresher, we run lessons to get you on your feet. For you speed demons wanting to push your skiing and boarding, you can be being a part of the race team and coming along to our race training sessions every Wednesday and Sunday. To put your skills into practice we attend regional races and national freestyle/race events all around the country and with Snow sports... we never forget the after party!



**Contacts:** Sam O'Leary (President);  
Alastair Begley (Secretary)  
**Emails:** so245@exeter.ac.uk; ajb240@exeter.ac.uk  
**Facebook:** Exeter Uni Caving Club

## TRAINING TIMES:

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EUSC better known as the Caving Club is the centre of all things subterranean at Exeter University. Whether you're a seasoned troglodyte or have never even set foot underground you will find that we offer something for everyone. Speleology is a sport like no other, one minute you can find yourself strolling through a cavern lined with stalactites and crystal curtains and the next pitching down a rope through a waterfall. We run regular trips to Dartmoor and weekend trips to the Mendips and South Wales where there are some fantastic caves to explore.

EUSS is a friendly and open club and we're always looking to welcome new members. As a club we never take ourselves too seriously and are all about having a good time both below and above ground. So for a chance to explore some of the best caves in the country from Dartmoor to Yorkshire come and see us for drinks and free pizza on Tuesday (8:00pm) in the Ram Bar. Alternatively find us at the fair or get in touch with Sam or Alastair.

## SPELEOLOGY





## SQUASH

**Contacts:** Simon Livett (Club captain);  
Sophie Williams (Ladies Captain)  
**Emails:** sl299@ex.ac.uk; semw201@ex.ac.uk

### TRAINING TIMES:

Exeter University Squash Club has something for everyone, whether squash is your main sport or whether you just want to keep fit. Owing to the exciting and intense nature of the game, many athletes like to use squash to enhance speed, agility and stamina. We welcome anyone who shares our interest in this great sport, regardless of ability.

For those wanting to compete, we have three men's teams and one women's team competing in the Devon League, as well as regular BUCS fixtures, while beginners and improvers have several hours of court-time set aside per week and a monthly squash ladder to add an element of competition. Committee members will always be on hand for advice, and this season sees a new qualified coach come in to oversee and develop the club further.

Other events in the squash calendar are socials, Christmas and end-of-term dinners, termly tournaments open to all and – for the more adventurous players – a chance to represent the university both throughout the season and at the BUCS individual tournament.

## SUB AQUA



**Contacts:** Gary Stevens; Scott Brown; Emma Rowe  
**Emails:** gs259@exeter.ac.uk; sb356@exeter.ac.uk;  
cr203@exeter.ac.uk  
**Website:** [www.au.exeter.ac.uk/eusac](http://www.au.exeter.ac.uk/eusac)

### TRAINING TIMES:

EUSAC welcomes new and already certified divers from all training agencies. Whether you're looking to do your first qualification or are a more experienced diver, this is the club for you. Last year alone EUSAC members completed 500 dives and gained 30 qualifications. Being a university club means the costs are a third of what you'd pay at a dive centre.

Being in the South-West we have many great dive sites on our doorstep, such as wrecks like HMS Scylla and shallow reefs with much marine life. We run regular trips all year round and have a holiday abroad in the summer, this year to Malta.

The club is not just about diving though; we run courses in other areas such as first aid and boat handling. We have regular socials and special events, and trips to dive shows.

So, if you want to explore a different world and pick up some useful skills, EUSAC is the club for you.



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**SURFING**



**SWIMMING**



**Contact:** Sam Upton; Alex Kinna  
**E-mail:** su212@ex.ac.u; awk202@ex.ac.uk  
**Facebook:** Exeter Uni Surf Club

**TRAINING TIMES:**

Surfing, at its best, combines sport, art form, and lifestyle. As an Exeter student, you have the ideal privilege of being close to the UK's premier surf destinations. North Devon and Cornwall are merely an hour's drive from campus, and ideal for surfs before and after lectures.

Exeter University Surf Club (EUSC), known as Boardriders; prides itself as being one of the elite University Surf Clubs of the nation. Boardriders is beginner friendly. It offers weekly surf day trips, where experienced committee and non-committee surfers are at hand to assist in surf tuition. This year's sponsor Surfs Up also serves as great coaches and instructors for weekend trips.

For the more experienced surfers, the BUCS nationals, and local inter University Surf competitions provide the opportunity for students to compete for the Boardriders.

The surf trip to Morocco is one of the highlights of the year, and offers world class surf for all abilities.

**Contacts:** Adam Ryman (President);  
 Dave Chesterman; Kim Paginton  
**Email:** ar276@exeter.ac.uk; dc305@exeter.ac.uk;  
 kp278@exeter.ac.uk

**TRAINING TIMES:**

At Exeter University Swimming Club we're a friendly bunch: the club is open to all levels of swimmers, with any water lovers welcomed. We have five pool sessions and a land circuits session weekly, which are each designed to cater for varied levels of fitness. Any members can attend any of the sessions for free, so it's easy to get involved.

If competitive swimming is your thing, EUSC is renowned for a fantastic team spirit and the team regularly performs well at BUCS championships. Before the first major competition there is a training camp in Cardiff, so everyone on the team can get to know each other even better. Time trials are also held throughout the year, so all members can monitor their own swimming progress or try out for the team.

Whilst EUSC is pretty good at the swimming, the socials aren't bad either. We have at least one social every fortnight, and host annual friendly events like the Swimming Varsity and the epic Battle-of-the-Waves. If you've got any questions or want to get involved, check out our Facebook group or email our President.

**Contacts:** Thomas Gough (Captain)  
Ashley Uffindell (Secretary)  
**Email:** tg227@ex.ac.uk; au208@ex.ac.uk  
**Website:** euttcc.co.uk

## TRAINING TIMES:

Exeter University Table Tennis Club is a friendly and welcoming club with members ranging from beginners to international standards. We are happy to guide new players and players who wish to improve their skills, as well as casual players coming along to play at their own pace.

For those of you looking to play competitively; we are running 2 men's and 1 women's team for BUCS next year. Tryouts for both teams will be held on Friday 8th October at 8am. Both the women's and men's teams enjoyed success last year, with the men topping their division and being promoted, and the women reaching the semi finals of the season tournament.

For casual players, we have 3 sessions a week, one in which we arrange a friendly tournament aimed at casual and improving players, one which is just open for people to practice together and improve, and one on Friday morning which is a very friendly and usually small session for all players to enjoy.

## TABLE TENNIS



## TAEKWON-DO

**Contact:** Felicity Trubshaw  
**Email:** ft210@ex.ac.uk  
**Website:** <http://au.exeter.ac.uk/taekwon-do/>

## TRAINING TIMES:

Taekwon-Do is a Korean martial art, a national sport and a good way to learn self-defence. We are a very friendly and supportive club, trained by our instructors Miss Anna Clarkson (II Degree) and Mr Jonathan Fieldsend (II Degree). We learn a balanced combination of skills, patterns and sparring techniques, and grade on average once a term, meeting twice a week for training sessions. There are national sparring competitions throughout the year which can be observed or competed in at any level.

Taekwon-Do is a brilliant way to improve your strength, agility and control and everyone is welcome regardless of age, fitness or physique. There are specific training times for beginners as well as mixed grade classes - where the help and support from the seniors makes for very enjoyable training.







**Contacts:** Ellie Muir; James Wright  
**Emails:** alm212@ex.ac.uk; jw345@ex.ac.uk

### TRAINING TIMES:

As one of the largest clubs in the Athletic Union the Tennis club can offer something for everyone whether you the next Rafeal Nadal or just want to try a new sport, you wont want to miss out!

A lively, welcoming club open to players of any standard. We have 3 men's and 3 ladies teams representing the university at the highest level in BUCS and a further 3 teams that compete in the local leagues. We offer social tennis, coaching and intra-club match play as well as a number of fun tournaments throughout the year, if that doesn't tickle your strings come to our socials every other week at Hole in the Wall followed by Timepiece. Turn up to one of the trails or the taster session in welcome week or come and find us at the activities fair!

Come and make a racket, it'll be ACE!



## TRAMPOLINING

**Contacts:** Jennifer Wing; Alex Hiles  
**Email:** jw403@exeter.ac.uk; ah330@exeter.ac.uk

### TRAINING TIMES:

Exeter Trampoline club has something to offer everyone, from those looking to try out a fun new sport, to those keen to compete in BUCS. Being a member of the club you'll have the opportunity to learn new skills with qualified coaches, to train and compete at any level from beginner to elite, and to attend socials. Training sessions run three times a week with a beginner's session for those new to the sport and a squad session for competition training. The social's range from themed nights out, days at 'Go Ape' and the beach. As well as all this, the club regularly holds fund-raising events such as pub quizzes and the traditional, and infamous, 100 mile walk.

EUTC welcomes everyone of any ability. The club's warm and friendly attitude allows for a relaxed and fun environment to meet new people and train until your heart's content. If you have any queries please email the captains, write on the Facebook wall, or come and chat to us at the fair, we'd love to hear from you.



## ULTIMATE FRISBEE

**Contacts:** Ollie Gordon (President);  
Jake Warren (V. President)  
**Email:** Urielultimate@gmail.com  
**Website:** <http://urielultimate.webs.com/>

### TRAINING TIMES:

Ultimate Frisbee is a fast-paced, non-contact team sport that combines throwing and catching skills with elements of American Football and Netball, the continuous flow of Soccer, and the offensive/defensive play of Basketball to create an elegantly simple yet fascinating and demanding game. Self-refereed, it is played by hundreds of thousands of people in more than 50 countries worldwide. To compete at the top level, Ultimate players require an incredible degree of speed, stamina and agility, yet the simplicity of the rules means it's easy and fun for newcomers to pick up.

Exeter's team, Uriel, regularly compete at the top national level of University Ultimate in both the men's and women's division, yet pride themselves on warmly welcoming beginners and introducing them to a fast-growing sport. Its mixed division is one of the few sports where men and women can compete on the pitch together; indoors, outdoors and on beach.

## VOLLEYBALL



**Contacts:** Ludovica Innocenzi; Zosia Jasnikowska  
**Emails:** li205@ex.ac.uk; zij201@ex.ac.uk

### TRAINING TIMES:

Exeter University Volleyball Club - Whether you are new to volleyball, or have been playing for years, the volleyball club is for you. Boasting one of the friendliest atmospheres and culturally diverse teams, we welcome everyone and anyone. No matter your initial level, our coaches work hard to develop your skills and bring you to the top of your game and shape by the end of the season. We split our training sessions into: beginners, advanced and squads, so that everyone can feel comfortable with their level and enjoy the sessions.

For those keen to compete, we participate into two competitions, Local League, in which we enter 3 teams one of which is mixed and the BUCS Girls and Guys Competitions (1st Division for both).



**Contact:** Katie Read (Girls captain) Alex Fitzpatrick (Men's)  
**Email:** kr222@ex.ac.uk ; af267@ex.ac.uk  
**Facebook:** Exeter University Water Polo Club

## TRAINING TIMES:

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Think swimming, one-armed basketball, fast-paced teamwork and lots of laughs on top. Meet EUWPC. Water polo is a sport that many of us never get introduced to. Seven players on each team, 2 goals, one netball sized ball, no touching the bottom, 4 quarters of 7 minutes, and the most exhilarating game you will ever play on water.

Unbelievably good for fitness, great social events throughout the year, games almost every week in the UPOLO and BUCS leagues for the more competitive and to top it off some of the best people you will meet in your time at Exeter.

Come along to our taster sessions in Fresher's week whether you've played before or not. Men and women of all aquatic ability are welcome along to learn the rules and have a splash. We have men's, women's, and mixed training sessions and teams all of which are friendly and fun with the option of playing as competitively as you choose.



**WATER  
POLO**



## KWW CLUB

**Contact:** Charlie Mole  
**Email:** cm314@ex.ac.uk  
 Find us on Facebook!

### TRAINING TIMES:

Exeter KWW club is one club that you will never forget. Growing bigger each year, this club welcomes interested beginners to advanced riders. Our links with other universities and pro-riders mean that we are able to have big inter-university events in Exeter, with the opportunity to meet likeminded people from all horizons!

Our club, thanks to the support of local shops and our stock of kit, offers many possibilities to get on the water for every member. Our standard has improved and has enabled us in the past to be wakeboard national champions in Sheffield and Kite surf national champions in Westward Ho!

Our members will ensure you get in the water at every opportunity, either behind a boat or under a kite! We run regular training sessions, weekly Wednesday trips to the cable for wake boarders of all levels! We run an incredible kite-surfing trip to Tarifa over Easter and the adrenalin fuelled Uniwake weekend for wake boarders in October!



## WINDSURFING

**Contacts:** Richard Maskey; Rachel Brown  
**Email:** rm312@exeter.ac.uk; rlb211@ex.ac.uk  
**Facebook:** Exeter University Windsurf Club

### TRAINING TIMES:

The club promises to cater for all abilities, whether it's your first time or if you've been hooked from an early age we can guarantee you'll have fun, make friends and improve your technique.

Being near the coast means we can run beginner lessons and more advanced sessions regularly. As a member you will have access to our kit store, invitations to our socials and opportunities to represent the Uni by competing at the several events throughout the year. The events are run by the Student Windsurf Association and are hosted by Uni's across the country. They take place over a weekend and include two nights out and two days of windsurfing and competitions. The three categories (beginner, intermediate and advance) mean it's great fun and suitable for anyone.



# WANT TO HELP EXETER ACHIEVE UNRIVALLED SUCCESS?

## DO YOU COMPETE IN A SPORT NOT LISTED IN THIS HANDBOOK?

The Athletic Union aims to cater for everybody's sporting provision, regardless of your sport of choice. If you have competed to a high standard in any of the sports listed below, and are interested in representing the University of Exeter in the BUCS Championships, please contact Josh in the Athletic Union office:

■ Rugby Fives

**call: 01392 263 573**

■ Marathon

**email: [au@exeter.ac.uk](mailto:au@exeter.ac.uk)**

■ Judo

**[www.sport.exeter.ac.uk/athleticunion](http://www.sport.exeter.ac.uk/athleticunion)**

■ Orienteering

■ Modern Biathlon/ Pentathlon

■ Tenpin Bowling

**For further details on the sports listed and their specific  
championship details please visit: [www.bucs.org.uk](http://www.bucs.org.uk)**

The ultimate aim is to unearth all the possible male and female talent capable of achieving BUCS success for Exeter. There are numerous students who come to the University who have previously specialised in the sports listed above. We want to ensure that we harness this talent and that all athletes have the opportunity to share in Exeter's sporting success.



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