

UNIVERSITY OF
EXETER

SUPPORT FOR
STUDENT CARERS

Welcome to
Red Mews
Wellbeing
Centre



WELCOME TO YOUR UNIVERSITY >>

As a carer, coming to university may present its own unique challenges, and can often involve balancing studies alongside travel home and additional caring responsibilities.

However, you're not alone. At the University of Exeter, we are committed to supporting student carers and there is a range of information and advice available to help you.

WHO IS A STUDENT CARER?

At the University of Exeter we define a student carer as anyone who cares, unpaid, for a friend or family member who – due to illness, disability, a mental health problem, or an addiction – cannot cope without their support. This does not include parental responsibilities, unless for a disabled child (as identified in the Disability Act).

PRE-ENTRY SUPPORT

Exeter Scholars (Yrs 9 – 13)

As a young carer, you may be eligible to be part of the Exeter Scholars programme. Becoming an Exeter Scholar can be achieved by completing one of three unique pathways that include a range of specific events and activities. This free programme gives you the opportunity to develop your knowledge about university, and experience what it is like to study a subject of your choice at university level.

OPEN DAYS/OFFER HOLDER VISIT DAYS

If you would like to meet up with a member of staff while attending an Open Day or Offer Holder Visit Day, we would welcome you getting in touch to arrange this in advance.

Please contact the Student Recruitment Office to make arrangements by emailing outreach@exeter.ac.uk or calling 01392 724043. We will be more than happy to discuss any queries that you may have.

APPLICATION

When applying to university, UCAS offer advice on including your additional skills and strengths that you have in your personal statement. For more information, visit www.ucas.com/undergraduate/applying-university/writing-personal-statement/carers-your-personal-statement

SUPPORTING YOU THROUGH YOUR JOURNEY

Financial Support

We appreciate that you may have additional costs related to being a carer. If you are a full-time student with children or adult dependants you may qualify for extra financial help.

Carers bursary – Undergraduate carers are able to apply for a carers bursary. The amount is not fixed and will be dependent on your situation. For further information, or to find out about any additional funding, please contact the Students' Guild Advice Unit on advice@exeterguild.com.

Academic Support

Our advisers, on both the Exeter and Penryn campuses, can help you to develop personal learning strategies and discuss specific questions relating to your work. You can develop your skills as critical thinkers and writers, and learn new tips for success.

For students studying on the Exeter campuses:

As a carer, you will be eligible for a package of 3 one-to-one appointments. This support is part of the Hidden Talent in Devon project. For further information, please visit as.exeter.ac.uk/academic-skills-engagement-team/academic/htid

For further information, please visit:

- StudyZone website (Exeter)
www.exeter.ac.uk/studyzone
- ASK: Academic Skills website (Penryn)
ask.fxplus.ac.uk

MITIGATING CIRCUMSTANCES

If you feel illness or other adverse personal circumstances may affect your ability to undertake an assessment you may be able to apply for an extension or a deferral through what the University calls the 'Mitigation Process'. There is more information and guidance about the process on the Student Welfare site, visit www.exeter.ac.uk/wellbeing/studentwelfare/mitigationprocess

If you have any questions about this process please contact your HUB Info Point in the first instance. You can also get independent advice from the Students' Guild (Streatham/St Luke's) and FXU (Penryn/Truro) Advice Units.

CAREERS AND EMPLOYABILITY SUPPORT

The University of Exeter offers career and employability support and guidance throughout your time studying with us, with continued support after you graduate. The Career Zone offers a wide variety of programmes, including fully funded internships and mentoring schemes to support your entry into the work place. These programmes offer the flexibility to create your own internship, financially supported by the Career Zone.

For further information please visit the Careers website, or contact:

Exeter Career Zone (Exeter campuses)
01392 724493
careers@exeter.ac.uk

Penryn Career Zone
01326 253735
cc-careers@exeter.ac.uk

FURTHER SUPPORT

If you would like more information, require support, or have any questions regarding how the university can support you, please visit our website: exeter.ac.uk/students/wp-support/supportfor/studentcarers

As part of the website, there is an opportunity for you to complete the Student Carers form, please www.exeter.ac.uk/students/wp-support/supportfor/studentcarers/form

After completing this form you will have the opportunity to meet and discuss any support needs you may have, be offered advice, and can be signposted to relevant University staff.

CONTACT

If you are considering higher education and need advice and guidance and for information about the support offered by the University, please contact:

Natalie Bracher
01392 722526
outreach@exeter.ac.uk



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