

# PRE-ARRIVAL CHECKLIST

- Apply for UniCard
- Activate IT account
- Complete online registration
- Enter bank details on iExeter (if receiving a stipend)
- Book onto induction
- Book onto Health and Safety training\*
- Arrange a meeting with your supervisor
- Look at training needs analysis form and provision provided by the Researcher Development team
- Book onto LTHE training
- Contact Wellbeing Services
- Register with a Health Centre

\*Only certain disciplines are required to attend face to face Health and Safety training, this is normally those who work in a lab, however if you are unsure please contact your supervisor.