

RESEARCH DEVELOPMENT PGR PROGRAMME 2019-20

September 2019 edition



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Welcome

As a Postgraduate Researcher (PGR), you have the opportunity to take ownership of your professional development. When conducting your Training Needs Analysis (TNA) with your supervisors you will evaluate your current knowledge, skills and experiences, and identify training opportunities at the University and beyond. Vitae's Researcher Development Framework (Page 7) is a key tool to use alongside your TNA to help you consider your holistic development as a researcher, for a range of future careers.

This catalogue contains details of the courses run by our Researcher Development and Research Culture team. To help you design your own programme of development, we have arranged these opportunities in to strands:

- Researcher Development Essentials*
- Career Development Essentials*
- Data*
- Sharing Your Research*
- Writing.*

These strands are designed to help you enhance your research and employability, to meet others and become part of our vibrant research community. We have also included other key training and development opportunities from across the university to help you navigate the wealth of support on offer during your time at Exeter.

Professor Andrew McRae
Dean of Postgraduate Research and
the Doctoral College



Making the most of the Researcher Development Programme

Eligibility

All postgraduate researchers (PGRs) registered at the University of Exeter are eligible to attend our Researcher Development workshops and events, irrespective of funding or mode of study.

Students who are studying on Undergraduate or Masters programmes are not eligible to attend but can access support through the Career Zone.

Is the training compulsory?

To find out about our compulsory training for PGRs at the University of Exeter please look on page 5 of this catalogue.

Course fees

There are no fees for University of Exeter PGRs to attend our workshops.

Talking with your Supervisors

All supervisors and researchers are to discuss skills training as an integral part of the supervisory process, and your supervisors should help you to identify, acquire and review your skills on a regular basis.

The Training Needs Analysis form should be completed and reviewed each academic year and should act as a live document when having discussions with your supervisors. We encourage all PGRs to take ownership of their research

Pre-course preparation

Most of our workshops do not require preparation, however, if a workshop requires preparatory work we will email you with the details of any requirements.

Up to date list of courses

My Career Zone holds the most up to date list of courses, along with the RSS Feeds linked on our website. All PGRs will receive a Doctoral College Newsletter every fortnight (unless you have opted out) which contains an up to date list of the courses for the next 4-6 weeks.

Booking a place

You can book a place to attend an upcoming course or WEBINAR via [My Career Zone](#). If a course is full you can add your name to a waiting list and you will be automatically emailed if a place becomes available.

Waiting lists are in operation for many of our courses and early cancellation enables us to offer your place to another PGR.

Please note that frequent non-attendance or late cancellations are recorded in My Career Zone.

Distance researchers

We offer all our core training as WEBINARs, look out for the  logo in the catalogue to identify these sessions. In order to access WEBINARs you will need to download [Skype for Business](#). We also have a large bank of online resources which can be accessed via [ELE](#).

Something not offered?

We are always considering ways in which our training programme can be enhanced. If there are particular sessions that you would like to see offered please do get in touch via email: researcherdevelopment@exeter.ac.uk.

Connect with us

We value any feedback or questions you might have about our programme. If you have feedback or a question please email us at: researcherdevelopment@exeter.ac.uk

Mandatory Training and Induction



As a new Postgraduate Researcher at the University of Exeter, there are a variety of things you need to complete and attend in the first couple of weeks.

Mandatory training



There are four online mandatory courses all PGRs are required to complete as part of their induction. These are:

- Information Governance and Security
- Research and Integrity
- Health and Safety
- Equality and Diversity

We recommend you complete these within the first two weeks of starting at the University of Exeter. These online courses are accessed via our [ELE page](#).

Induction



All new PGRs are required to attend induction, even if you are progressing from Undergraduate or Masters Study at Exeter. Our induction sessions are designed to provide you with essential information to help you throughout your research degree. It is also a great way to meet fellow PGRs. For those that are at a distance or unable to attend our face-to-face induction we run an **online WEBINAR induction**, recording of which will be posted online.

Dates of Induction:

January 2020: Date coming soon

Health and Safety



All new PGRs are required to attend the first half day of Health and Safety training irrespective of what subject they are studying. The first half day covers topics such as an introduction to Health and Safety, Risk Assessments and Fire Safety. The second half day of Health and Safety training covers topics such as COSHH, Radiation and Lasers. You will only need to attend the second half day depending on the type of research you are conducting. If you have any queries as to whether you should attend the second half day please speak to your supervisors.

www.exeter.ac.uk/doctoralcollege/researcherdevelopment

Exeter Cornwall Face-to-face WEBINAR/Online @ExeterDoctoral

Researcher Development Programme

Our Researcher Development programme is designed to support you at all stages of your research degree. The programme is organised into five strands: **Researcher Development Essentials, Career Development Essentials, Data, Sharing Your Research and Writing**. Courses within these strands are then recommended for different stages of your research degree - Early, Mid or Late. This enables you to develop and build on your skills holistically throughout your time at Exeter.

PGR Stages

Early - within the initial stages of your research degree, i.e. the first 1-2 years or pre-upgrade.

Mid - those in the middle stages of their research degree, i.e. 2-3 years or post-upgrade.

Late - those who have finished data collection and are entering the writing-up stage of their research degree.

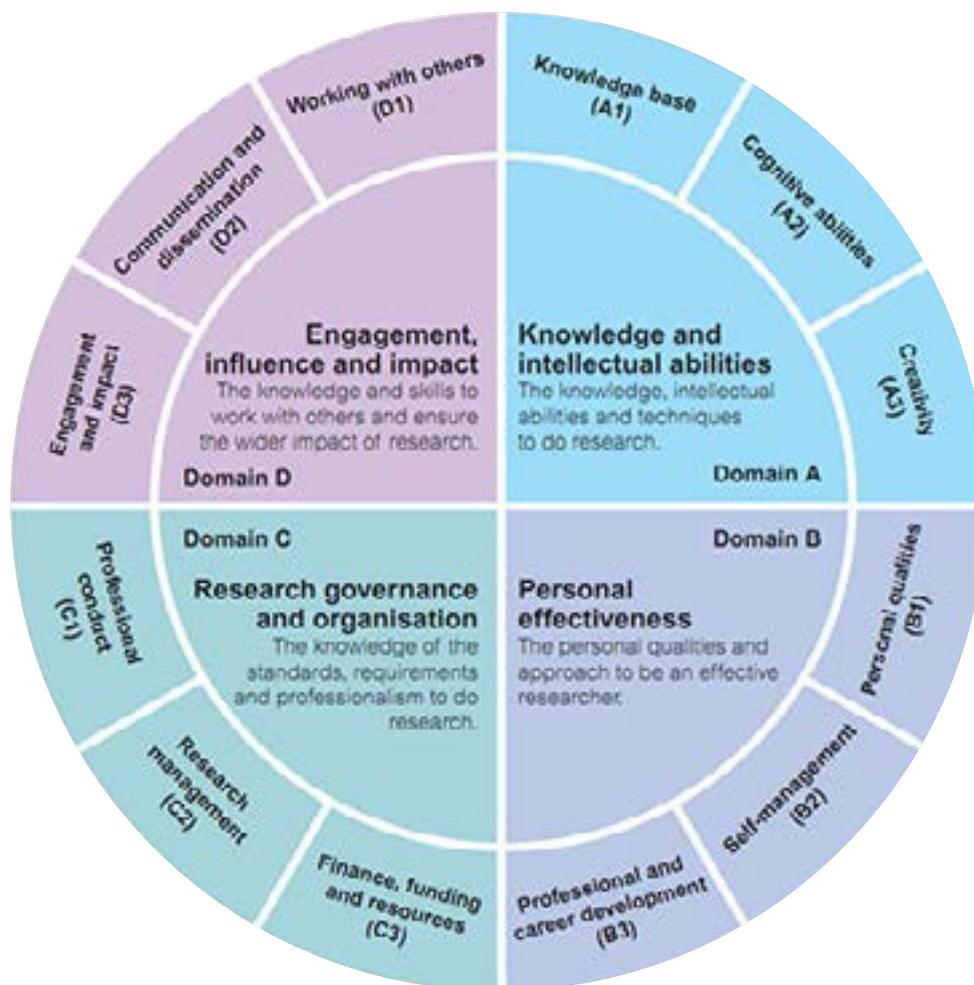


Researcher Development Framework



The Vitae Researcher Development Framework (RDF) is structured into four domains covering the knowledge, behaviours and attributes of effective researchers.

It sets out the wide-ranging knowledge, intellectual abilities, techniques and professional standards expected to do research, as well as the personal qualities knowledge and skills to work with others to ensure the wider impact of research.



Training Need Analysis

Each year you will work with your supervisors to complete a skills audit and associated Training Needs Analysis. This covers parallel areas to the Researcher Development Framework, and is designed to help you regularly review your skills and training needs. You can then design a bespoke programme of professional development from the opportunities at Exeter.

Researcher Development Essentials



Researcher Development Essentials are the core of our programme, and is made up of a series of workshops and WEBINARS to support you throughout your research degree - from doing your literature review to preparing for your viva

Getting Started...

Check out [our video](#) 'Things I wish I knew before starting my research degree'



Planning ahead: developing yourself and your skills

E C

PGR Stage : Early

This session will help you make the most of the opportunities to develop yourself and your skills at Exeter. The session will introduce the Vitae Researcher Development Framework as a tool to analyse your current skills, identify your training needs and plan your professional development.

Starting your thesis: preparing for your literature review

E C

PGR Stage : Early

Writing a literature review is an essential starting point of good research. This session will help you get started with your literature review, offering practical strategies for searching, reading and organising your literature.

**BOOK ONTO WORKSHOPS
VIA MY CAREER ZONE**

www.mycareerzone.exeter.ac.uk

“

I liked listening to people who have experienced it. There was so many practical and useful points. I feel more confident about my study now.

PGR feedback from Preparing for your viva

”



Project managing your research degree

E C

PGR Stage : Early

A research degree is a huge undertaking encompassing multiple forms of work, constant change and inherent uncertainty. This session will provide insight into how to make the step from early research to successful completion, and manage your research.

“

An excellent training session. I really enjoyed it. It provided useful advice for us as first year PhD students

PGR feedback from Working effectively with your supervisors

”

Working effectively with your supervisors

E C

PGR Stage : Early

The members of your supervisory team are the most significant individuals influencing the development of your research. This session will give you an overview of what to expect from your supervisory team, and how to make the most of your supervisors' time, knowledge and skills.

Maintaining momentum and focus after your upgrade

E C

PGR Stage : Mid

You've made it through the upgrade...now what? As your research journey continues you will be faced by growing challenges and a changing work load. This session will help you clarify the process of the final stages of your research degree and help you take the next steps.

Managing research relationships

E C

PGR Stage : Mid

This session focuses on relationships between researchers and their supervisors. It's an engaging exploration of tensions in communication, assertiveness, securing collaboration and 'managing your manager' with subtly and grace.

Preparing for your viva: WEBINAR and panels

E C

PGR Stage : Late

As you start to write up your thesis, your mind will turn to the viva voce that will be part of the examination of your thesis. Our Q&A panels are an opportunity to ask supervisors, examiners and recent 'survivors' what to expect and how to prepare.

www.exeter.ac.uk/doctorscollege/researcherdevelopment

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Career Development Essentials



Career Development Essentials include workshops, WEBINARS and resource to introduce you to and take you through all stages of the Career Development Cycle – including securing a job at the end of your research degree. Our support is enhanced by 1-2-1 careers consultations and other opportunities offered through the Career Zone.

Resilient career planning



PGR Stage : Early

The session introduces both career planning and resilience tools to help you progress through your research degree and into your future career, either within academia or exploring broader options.



The most useful part of the session was learning that there are many opportunities outside of academia

PGR Feedback from Resilient career planning



Mapping and maketing your skills



PGR Stage : Mid

This WEBINAR will provide you with the tools to successfully apply for jobs when you finish your research degree. Mapping your experience, skills, competencies and attributes will enable you to write CVs and personal statements, and market yourself and answer questions effectively in interviews.

Building your networks



PGR Stage : Late

This session aims to help you begin to network effectively, and with more confidence in order to create more connections, explore opportunities and increase both your self-confidence and results.



Engaging excercises, useful tools and accesible content

PGR Feedback from Resilient Career Planning



Applying for postdoctoral funding



PGR Stage : Late

This session will give researchers an introduction to postdoctoral funding, as well as guidance on where to find positions and writing successful applications.

Beyond Your Research Degree



Beyond your research degree is a new seminar series from the Doctoral College Researcher Development and Research Culture team. In this seminar series, you will hear talks from a range of doctoral graduates, all from different disciplines, working outside academia. We will be running separate seminar series at both our Exeter and Cornwall campuses.

These talks are intended to give our postgraduate researchers an insight into the career routes open to them and how to prepare for a career beyond academia.

If you have requests or suggestions for speakers please contact: researcherdevelopment@exeter.ac.uk



PGR Careers Resource

Our PGR careers ELE page provides in-depth information and practical guidance tailored towards postgraduate researchers, whether you are thinking about working in academia, industry, self-employment, or research.

On the ELE page you will be able to work through each section progressively, or dip in and out as you have time. In order to be competitive we recommend that you begin this process early in your PGR journey so that the transition into work/further research is as smooth as possible; for your own wellbeing as much as for your success!

You can access the PGR careers resource at ex.ac.uk/pgrcareersresource

www.exeter.ac.uk/doctorscollege/researcherdevelopment

 Exeter
  Cornwall
  Face-to-face
  WEBINAR/Online
  @ExeterDoctoral

Career Zone support for PGRs

With expert careers and employability consultants, the Career Zone, provide additional support to help you explore your career options, in academia and beyond, and to successfully apply for jobs.

1-2-1 Appointments

PGRs have access to 1-2-1 face-to-face, telephone or Skype appointments with experienced Careers Consultants through the Career Zone.

Career Mentor Scheme

PGRs can be matched with an experienced professional to gain 1-2-1 careers advice, support and guidance into their profession and sector for up to six months.

Careers Fairs

The Career Zone deliver a range of employers offering part-time work, internships, graduate and postgraduate opportunities.





eXpert Scheme

PGRs contact university alumni to gain advice on how to enter their chosen sector, work for a certain company, become self-employed to benefit from possible networking opportunities and contacts.

Internships and placements

The Career Zone runs and has information on a number of internship and placements schemes, which PGRs can take part in for a maximum of 6 hours per week if studying full time.

Access to Internships (A2I)

A2I provides support and funding to help Exeter students and recent graduates arrange a paid internship in the UK. PGRs are eligible to apply once they have submitted their thesis, to undertake a 10 week long internships. This scheme is funded by Santander Universities.

Support offered by Innovation, Impact and Business (IIB)

Student Startups

The Student Startup team provides PGRs with enterprise support through a combination of interactive workshops and events, 1-2-1 advising and by facilitating opportunities for networking and collaboration.

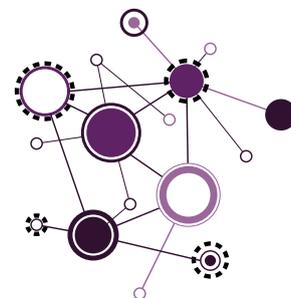
SETsquared

SETsquared is a unique enterprise partnership between Bath, Bristol, Exeter, Southampton and Surrey with programmes of tailored support for PGRs.

CAREER ZONE



Data



Data analysis and management is an integral part of conducting your research. We run a range of courses covering different software and techniques to help you - whether the data you're collecting is quantitative or qualitative.

How do I manage my research?



PGR Stage: Early

Good practice in research data management is an integral part of research excellence, and this course will provide you with the knowledge and skills to help you manage your research data effectively throughout the research lifecycle.

Data drop ins



PGR Stage: Any

We are working with Exeter IT to provide online resources and drop in sessions for the following software packages:

- ArcGIS
- Matlab
- NVivo
- SPSS
- Stata
- Python
- Latex
- Linux

Penryn data programme



PGR Stage: Any

We work collaboratively with researchers at the Penryn campus to run data training.

In the Autumn term this includes:

- R training
- Open Science and Reproducibility
- Introduction to Spatial Data & Analysis

More courses will be announced through the year.

A variety of software is available to support research & data analysis

as.exeter.ac.uk/it/software/

Additional Data Training and Support

Biomedical Informatics Hub

The Biomedical Informatics Hub offers a number of advanced training courses aimed at developing the skills necessary to handle large a wide range of quantitative and mathematical analyses of biological and medical data. For more information or to request a specific workshop please email Dr. Jeremy Metz.

Courses offered include:

- Introduction to Mathematical Modelling
- Data Processing with AWK and Unix workshop
- Image processing with *imagej*
- Introduction to R
- Adavanced Python for Data Analysis
- Introduction to Python
- Statistics: Introduction to multi-level modelling with Stata
- Introduction to MATLAB (Matrix Laboratory)
- RNA-seq
- Genomics
- Unix workshops

Data Bee

Data Bee are a group of PGRs from the University of Exeter. They are passionate about qualitative research methods and are keen to help improve the rigour of qualitative research by supporting qualitative data analysis. They run fortnightly data analysis sessions where they share data, discuss analysis and support each other with their learning. They work with interviews, naturally occurring data, focus groups, tweets and other kinds of texts, audio and visuals. They also facilitated Data Hive – a day workshop on qualitative methods – and are planning future events. This is an open group and they welcome new participants who would like to bring along data or come along to find out what we do.



Q-Step Centre Applied Data Analysis Workshops

The Q-Step workshops in Applied Data Analysis seek to provide additional support to students interested in Quantitative Methods for the Social Sciences. They aspire to raise interest in Applied Data Analysis amongst undergraduates and postgraduates, and embed quantitative literacy in the culture of the university.



Recordings and workshop materials for previous sessions can be found on the [Q-Step ELE page](#).

www.exeter.ac.uk/doctoralcollege/researcherdevelopment

 Exeter  Cornwall  Face-to-face  WEBINAR/Online  @ExeterDoctoral

Sharing your research



Sharing your research is integral to the research process - both to share findings and insights with your peers, but feedback on your work. These workshops cover everything from presenting at a conference to tweeting about your research.

Writing conference abstracts



PGR Stage : Early

Applying for your first conference? This session will help you write clear and succinct abstracts for research posters and presentations.

Designing research posters



PGR Stage : Early

Posters are a novel form of academic communication that can effectively summarise your work and engage an audience. We will explore the different contexts for posters, how these affect design choices and creating content, and how to use the poster to inspire great conversations.

Presentation skills for researchers



PGR Stage : Early

Giving presentations is a key process in the dissemination of research, and is a vitally important skill to develop during your research training. This session will help you reflect on and develop key skills for giving effective research presentations.

This session is useful for our Three Minute Thesis (3MT) competition.

“

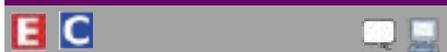
This was a brilliant session! Lots of useful guidance and the presenter was super engaging

PGR Feedback from Designing Research Posters

”



Multimedia research communication



PGR Stage : Early

This session will help you be a more effective, engaging, and efficient communicator by changing how you approach the process of outreach. The workshop will cover the essentials needed to communicate with any audience in a diverse range of formats. **This session is useful for our 3MT, Images of Research and #tweetyourthesis competitions.**

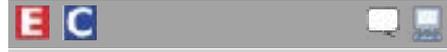
An introduction to the publishing process



PGR Stage : Early

Publishing in journals is vital to sustain a research career, but for PGRs who have not published in journals before, the process can be challenging and understanding 'peer review' can also be bewildering. This WEBINAR will gently guide you through the process of publication from start to finish.

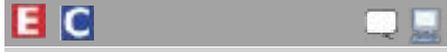
What is open access?



PGR Stage : Early

Open Access makes your research outputs freely available to anybody with an internet connection, anywhere in the world. It increases visibility of your work and helps to raise your research profile. Copyright licences allow others to reuse and build upon your research, crediting you as the author.

Write a journal article



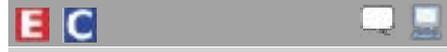
PGR Stage : Mid

This session is aimed at PGRs who are ready to write their first journal article. As a follow-up to our An Introduction to the Publishing Process WEBINAR, this highly practical 3 hour workshop will take you through the process of planning and writing your journal article.

I acquired new skills and the session was engaging; with lots of short activities.

PGR Feedback on Write a Journal Article

Communicating your research to the media



PGR Stage : Mid

This interactive session will help you increase your confidence and help you build the relevant skills required to effectively communicate your research in printed and visual media.



Writing



We recognise the importance of writing skills for your training, development and completion of your thesis. In addition to our Researcher Development essentials, we provide writing support in the form of training sessions and writing spaces.

Academic writing for research degrees

E C

PGR Stage : Early

This session will introduce the requirements of academic writing at research degree level, covering key tools and techniques to use in thesis writing, including sentence and paragraph structure, clarity, writing critically and analytically, and using signposting and metadiscourse.

“

Great chance to share problems and experience with peers. I found it helpful for solving my own problems.

”

PGR feedback from Writing Retreat

Getting creative with your writing

E C

PGR Stage : Mid

Creating stories and poems will help you to write in innovative ways and understand the relationship between creativity, research and narrative structure. This session will assist those feeling stuck in their writing.

INTO provide support for international students and run some excellent writing support for PGRs on campus as part of their insessional programme

Argue to Think

E C

PGR Stage : Mid

This is a two part session that focuses on how to engage in effective verbal and written argument. This session cover writing strategies including planning, writing to an audience, and how to create a critical, coherent argument that is sustained throughout your thesis.

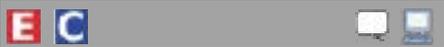
“

The format of the session was very relaxed but also very productive. I achieved my targets.

”

PGR feedback from Write club

Write a chapter: Reduce academic writing anxiety



PGR Stage : Late

This workshop outlines a 7-step strategy that helps postgraduate researchers overcome writers block and build confidence as academic writers. By the end of the session PGRs will have a detailed plan (down to the last paragraph) of the structure for their chapter with some parts written.

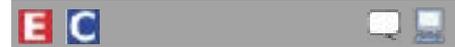


The seven steps - this approach has really helped me to articulate my central argument for each chapter.

PGR feedback from Write a chapter: reduce academic writing anxiety



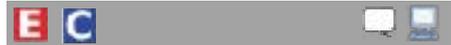
Writing your thesis



PGR Stage : Late

Writing your thesis is a big task and can be intimidating. This session will address some important skills and strategies to do this effectively from deciding on your structure and planning your writing, right through to drafting your final thesis and responding to your supervisor's feedback.

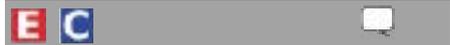
Writing group facilitator training



PGR Stage : Any

Writing Group Facilitator Training will take place during our Academic Writing Month Write Fest in November. PGRs and ECRs are invited to join us for training in how to become a Writing Group Facilitator, as part of our Annual Funded Supporting PGR Writing project.

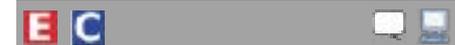
Write club



PGR Stage : Any

Write Club is a regular dedicated writing space with support from an experienced facilitator. Time is structured into a series of writing and discussion slots, to encourage productivity and sharing of writing experiences to create a community of practice.

Writing retreat



PGR Stage : Any

Writing Retreats are a dedicated writing space with support from an experienced facilitator. Time is structured into a series of writing and discussion slots to encourage productivity, sharing of writing experiences and to create a community of practice.



The combination of talks and group activities was great and well balanced. The session was fun but also thought provoking.

PGR feedback from Writing group facilitator training



Study Zone is a quiet study space for individuals or groups in The Forum where you can get help with a whole range of study skills

Hidden Talent in Devon
A package of 3x 1-1 Study Skills appointments is available for eligible students on Streatham and St Luke's campuses

Celebrate academic writing month with...

WRITE *FEST* 2019

November is Academic Writing Month, an academic write-a-thon. The festival aims to provide protected time and space for writing to help you develop good writing **HABITS** and strategies, overcome **BLOCKS** with a proactive approach, **PROTECT** academic writing as part of the working day and spend some time writing with other in a **SOCIAL** environment.



WRITE*FEST*2019 is hosted by PhD2Published as an online space where the global academic community can pledge their writing projects, record progress and share thousands of writing tips via the #AcWriMo hashtag on Twitter

Things you can do

Attend training sessions including:

- **NEW** Academic writing for research degrees
- Argue to Think: Developing Persuasive Arguments
- Getting creative with your writing
- **NEW** Overcoming stuckness in writing research with Lego® Serious Play®
- Write a Chapter: Reducing Writing Anxiety
- Writing Group Facilitator Training
- Writing Your Thesis

Access **NEW** online writing resources

Take part in our online campaign to create a 'Writing Map' of good spaces to write on our campuses

Get some writing done by attending one of our Write Club, Writing Retreat or Shut Up and Write events...

...and other activities to be confirmed!



Writing is a situated social practice (Kamler and Thomson, 2014: 4) that benefits from engaging and supportive communities of practice.

We are working to create a culture in the PGR community that values writing time, shares writing experiences and creates a peer-led community of practice.

We are training our PGRs to run writing groups using a model we have developed across the university to develop a structured approach to providing PGR writing groups and peer support.

This project is supported by the University of Exeter Alumni Annual Fund.

How you can get involved

Our Write Clubs and Writing Retreats are run by our trained PGRs and ECRs however we are always looking for new writing facilitators. Sign up to our training and then run your own write clubs/retreats.

Writing Group Facilitator Training: November 20th 2019

There are a variety of different types of writing sessions you can attend. These include:

- Writing Retreats
- Write Clubs
- Academic Writing for Research Degrees



Teaching



As a postgraduate researcher at the University of Exeter, you are able to teach. You can develop excellence in your own teaching practice through the Learning and Teaching in Higher Education (LTHE) Programme. For undergraduate teaching within your discipline or college, you will need to speak to HR. Find out more at www.exeter.ac.uk/working/prospective/ptas/ptaguidanceforemployees/.

Opportunities to teach :

You have a variety of opportunities to teach whilst studying at Exeter:

- Undergraduate teaching in your College/Discipline
- Being a [writing mentor](#) to undergraduate students
- Being a [maths and stats mentor](#) to undergraduate students
- As part of [Grand Challenges](#)
- Delivering the Interview Experience sessions to Undergraduates through the Career Zone

Widening Participation (WP)

The University of Exeter has a key objective to ensure that all students, from every background, are supported to access, succeed in, and progress from, Higher Education. The Student Recruitment and Widening Participation (WP) team organise a large programme of WP events. Postgraduate researchers are invaluable to supporting subject specific WP activities which allow students to discover more about subjects that are available to study at university and help them make informed decisions about their future.

The Brilliant Club

The Brilliant Club is an award-winning charity that exists to increase the number of pupils from under-represented background progressing to highly-selective universities. They do this by recruiting PGRs to go in to local schools as tutors and to teach a 5 week course based around their research. The Brilliant Club provide training and support to successful applicants to The Scholar's Programme, and pay £500 per placement. You can find out more and apply to become a Brilliant Club tutor [on their website](#).



Learning and Teaching in Higher Education (LTHE)



The LTHE programme introduces the underlying principles and practical methods of effective learning, teaching, and assessing in higher education in the UK. The programme is open to all PGRs regardless of whether or not they anticipate teaching during their time at the University of Exeter.

There are two stage of LTHE:

STAGE 1

- A one-day course that introduces essential education concepts such as constructive alignment, intended learning outcomes, the Socratic Method, and reflective practice.
- Attendance at Stage 1 is mandatory prior to undertaking any Postgraduate Teaching Assistant (PTA) duties.

STAGE 2

- A series of four 3-hour sessions that provide a more in-depth examination of session design, setting assessments, delivering learning experiences, and evaluating teaching activities.
- Attendance at Stage 2 is mandatory for PTAs who will be planning sessions and/or undertaking assessment, marking, and feedback.

LTHE participants have an opportunity to submit one of two optional assessments:

1.The LTHE portfolio, successful completion of which results in Associate Fellowship not only of the institution's Accrediting Staff Professionalism in Research-Led Education (ASPIRE) Framework and also of the HEA (now a part of Advance HE) – a professional body that accredits LTHE and recognises achievements in educational practice at institutions around the world.

2.The LTHE portfolio plus an education employability portfolio, successful completion of which results in the Associate Fellowship and also 30 credits at Master's level.



Research Showcase

The Research Showcase celebrates the work of our vibrant postgraduate and early career research community, providing an opportunity to promote the up and coming talent of Exeter's research base giving postgraduate researchers the opportunity to develop their presentation, communication and impact skills.

The showcase takes place in the Forum, enabling both the University community and external stakeholders to find out about the latest research and innovations of our researchers; whether they were just starting out, or drawing together their conclusions.

Exploring Research in Cornwall (ERIC)

We will be combining our successful Exploring Research in Cornwall (ERIC) conference with Research Showcase to create a cross campus celebration of PGRs and ECRs at the University of Exeter



Beth Preston @spratchkin - May 22
Banded mongooses have violent fights between packs, and higher mortality from fights than chimpanzees or even humans! I'm investigating the impact of fights on behaviour, social relationships, home range use and leadership
@ExeterDoctoral #TweetYourThesis

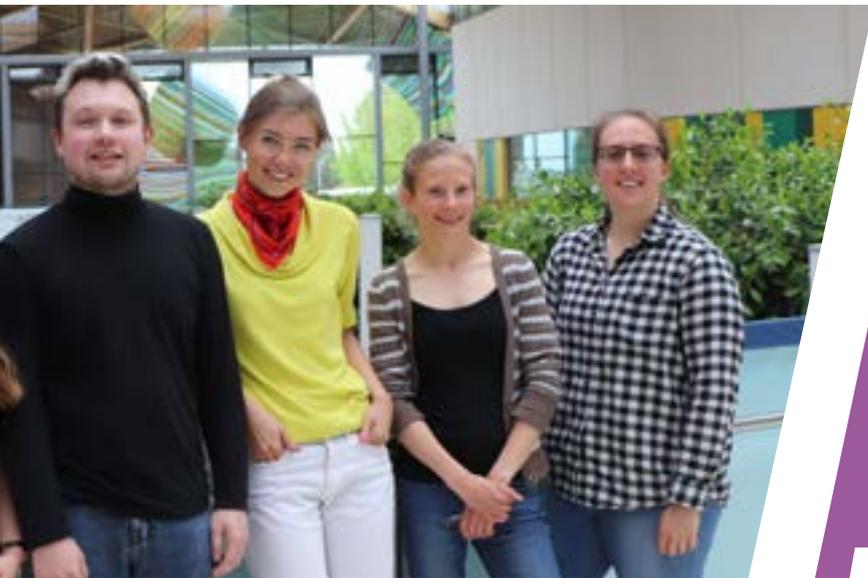


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Lisa Berry-Waite @LisaBerryWaite - May 20
In Britain women won the right to be MPs in 1918. My PhD looks at the election campaigns of the first female parliamentary candidates 1918-31. How did their gender, class and party influence them & what promises did they make to voters?
#tweetyourthesis @ExeterDoctoral





#TweetYourThesis

As part of the Postgraduate Research Showcase, we are challenging our PGRs to communicate their research to a public audience - in 280 characters or less!

Images of Research

Images of Research is an innovative way to highlight the research that is taking place at the University of Exeter. The competition challenges our postgraduate and early career researchers to communicate their research in the form of a single, non-moving image.



Three Minute Thesis

An 80,000 word thesis would take 9 hours to present. Their time limit...3 minutes. Three Minute Thesis (3MT[®]) is a National competition which challenges doctoral candidates to present a compelling spoken presentation on their research topic and its significance in just 3 minutes!



Get involved

If you would like to be involved in the organising of showcase on either campus please contact:
Researcherdevelopment@exeter.ac.uk

 [@ExeterDoctoral](https://twitter.com/ExeterDoctoral)

www.exeter.ac.uk/doctoralcollege/researcherdevelopment

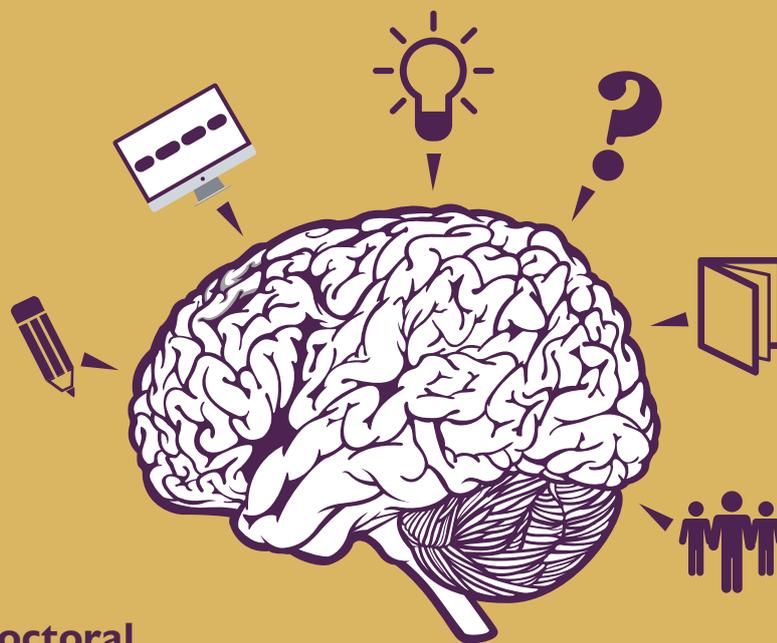
Researcher-led Initiative Awards

Do you have an idea for training/professional development but no funding?

Why not apply for up to £1000 for a Researcher Led Initiative award.

The RLI annual fund is here to support the development and cascading of personal, professional and career management skills by and for PGRs and ECRs/postdocs across the University of Exeter.

Deadline: 25 November 2019 12:00 GMT



@ExeterDoctoral

[www.exeter.ac.uk/doctoralcollege/
researcherdevelopment/initiativeawards/](http://www.exeter.ac.uk/doctoralcollege/researcherdevelopment/initiativeawards/)

GW4



GW4

PGRs at Exeter benefit from access to skills training and resources from across the Great West 4 (GW4) institutions of Bath, Bristol, Cardiff and Exeter. Other GW4 opportunities for postgraduate researchers include:

- a collaborative research network,
- expert training opportunities
- shared resources including [GW4 Treasures](#) and [shared equipment](#).



Doctoral student training scheme

The GW4 Doctoral Student Training Scheme provides funding awards of up to £2000 for student-led, discipline-specific research training for PGRs studying at the GW4 Universities. The call for applications will be announced around Christmas – keep an eye open for updates on our website and in our newsletters!

Full information about opportunities available through GW4 can be found on [their website](#).



Wellbeing Support



Undertaking research can, at times, lead to a variety of stresses and strains, so it is important to look after your wellbeing. Here at the University of Exeter, we are committed to supporting our PGRs through all stages of their research degree.

PGRs have access to a wealth of wellbeing support at the University of Exeter as part of the Doctoral college, including:

- The University's dedicated [Wellbeing Service](#) offers a range of support for postgraduate researchers based at the Exeter campuses. Contact them by phone: 01392 724381 or email: wellbeing@exeter.ac.uk
- [FXPlus Student Services](#) provides a range of support, information and specialist services at the Penryn and Truro Campuses. Contact them by phone: 01326 370460 or email: studentservices@fxplus.ac.uk.
- [Carefirst](#) provides confidential, impartial advice and support 24 hours a day, 365 days a year. Care First is accessible via telephone: 0800 174319.
- [Silvercloud](#) offers free, secure, immediate access to online Cognitive Behavioural Therapy programmes, tailored to your specific needs. It's flexible and can be accessed via mobile, tablet or computer.
- [The Guild Advice Unit](#) offers support on various issues including housing, money, academic concerns and welfare.
- [The SU in Cornwall](#) is here to represent your voice and enhance your experience delivering free, confidential, impartial advice and guidance.



Library Skills for Researchers Support

The library is here to support you and your research; facilitating access to the information sources you need and providing training and guidance to help you make the most of these resources.

The library will form an integral part of your research experience, whether you are using the print resources and study spaces or accessing the e-collections and library support online.

The library offer an ever-expanding collection, prioritising provision of materials in digital format wherever possible to ensure maximum access. We can advise you on where to look and how to search, as well as provide more tailored support in accessing research databases and content.

LibGuides

The comprehensive [LibGuides](#) collection covers all library-related information. The dedicated [Researcher Development Library Skills for Researchers LibGuide](#) contains information specifically for you.

Subject Guides

Your [Subject Guide](#) is the gateway to Library Resources and support. It contains the key databases and information sources for your subject alongside essential library skills. Online tutorials provide training and the hands-on experience of using our resources.



Obtaining items from outside of the library collections

You can request [Inter-Library Loans](#) from other academic libraries via the Document Delivery service or request books for purchase using the [Student Book Suggestion Scheme](#).

One-to-one consultations

[One to one consultations](#) allow in-depth tailored support on your search strategies and sources.

Depositing your thesis

Your completed thesis will need to be deposited into the University online repository [Open Research Exeter](#). Information on this process can be found [on the University website](#).

If you have any questions about library services or would like to know more about how the library can support you on your research journey, find [full contact details on the LibGuides](#).

Communications

There are a range of ways you can communicate and give feedback to us and various ways we will share information and opportunities with you.

From you to us :

- **Feedback forms** - we give you feedback forms at the end of every session which you can use to let us know what we are doing well and what we can improve about our sessions.

- **Email** - you can email us at researcherdevelopment@exeter.ac.uk.

- **Twitter** - Tweet us at @ExeterDoctoral about what you are up to in your degree.

- **Face to Face** - we are always happy to speak to PGRs at the end of sessions or in our office, Room 6 in the Old Library.



From us to you :

- **Fortnightly Newsletter** - each fortnight we will send you the Doctoral College newsletter which includes details of the up and coming Researcher Development training courses, as well as news and events that might be of interest.

- **Twitter** - our twitter is regularly updated with news, events and useful resources

- **Blog** - Our student led blog contains posts from PGRs and ECRs about different aspects of life as a researcher (<http://blogs.exeter.ac.uk/doctoralcollege>).

If you would like to contribute to the blog please email : researcherdevelopment@exeter.ac.uk

- **ELE** - our online learning environment houses a variety of resources related to our course and beyond. A link to the resource can be found at <https://bitly/2ottUTm>

We are also developing a new ELE page dedicated to PGR careers.

- **Doctoral College Website** - this is the first point of call for all things PGR related including information about staff, training development, student services, representation and events.

WEBINAR Programme

A WEBINAR is a web-based seminar that is

- synchronous
- interactive
- can be accessed anywhere in the world

The Researcher Development WEBINAR programme is designed to:

- mirror our face-to-face programmes
- provide training and development for part time and distance PGRs

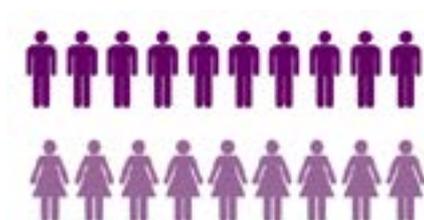


Our WEBINARs are run over lunchtimes, are 'bite size' at only an hour long, and recorded so they are **accessible 24/7, 365 days a year**. WEBINARs are indicated in this catalogue with this “” icon.



118 training WEBINARs delivered since 2013

2037 PGRs have attended WEBINARs since 2013



The no. of WEBINARs delivered per year has more than doubled from 2013/14 to 2018/19

The no. of attendees per year has more than doubled from 2013/14 to 2017/18

Technical Support

We always have an administrator co-delivering our WEBINARs to provide technical support and troubleshooting for attendees. To support troubleshooting, we have developed the following resources for:

- Skype for Business download information for students
- WEBINAR troubleshooting

These are available at: www.exeter.ac.uk/doctoralcollege/researcherdevelopment

Programme Index

Strand	Workshop
Researcher Development Essentials	Planning ahead: developing yourself and your skills
	Starting your thesis: preparing for your literature review
	Project managing your research degree
	Working effectively with your supervisors
	Maintaining momentum and focus after your upgrade
	Managing research relationships
	Preparing for your viva: WEBINAR and panels
Career Development Essentials	Resilient career planning
	Mapping and marketing your skills
	Building your networks
	Applying for post doctoral funding
Data	How do I manage my research data?
	ArcGIS
	Matlab
	Nvivo
	SPSS
	Stata
	Python
	Latex
	Linux
Sharing Your Research	Writing conference abstracts
	Designing research posters
	Presentation skills for researchers
	Communicating your research in creative ways
	An Introduction to the publishing process
	What is open access?
	Write a journal article
	Communicating your research to the media
Writing	Academic writing for research degrees
	Getting creative with your writing
	Argue to think
	Write a chapter: reduce academic writing anxiety
	Writing your thesis
	Writing group facilitator training
	Write club
	Writing retreat

PGR Stages

Early - within the initial stages of your research degree, i.e. the first 1-2 years or pre-upgrade.

Mid - those in the middle stages of their research degree, i.e. 2-3 years or post-upgrade.

Late - those who have finished data collection and are entering the writing-up stage of their research degree

 [@exeterdoctoral](https://twitter.com/exeterdoctoral)

www.blogs.exeter.ac.uk/doctorscollege

www.exeter.ac.uk/doctorscollege/researcherdevelopment

Accuracy of information

Every effort has been made to ensure that the information is correct up to print. For the latest information check out our website.