



Action Plan for Grand Challenges 2018

“People practicing food justice leads to a strong local food system, self-reliant communities, and a healthy environment”

Just Food, 2018

Over the past week, our Grand Challenges group have contacted as many organisations as we can find, that either give food to those in need, or provide support services relating to food poverty throughout Exeter. This notion was introduced to us by Karen Inwood from Food Exeter, who expressed a desire for the creation of a comprehensive and readily-accessible site through which organisations could share and communication information. When speaking with such organisations, our aim was to explain that we were collecting the details of those fighting food poverty in the area; to explain who Food Exeter were and their aims; and to gain consent for them for their names to be included in the database. The following document includes the titles and details of all the organisations, as well as suggestions for how we believe Food Exeter can best utilise such services.

During the process of emailing and speaking to various organisations, it became clear that communication between groups was lacking clarity and collaborative work. For instance, we discovered that a bi-monthly meeting, during which several organisations in the area meet to discuss food provision, had taken place during this week. However, this did not include all charities working to alleviate food poverty in the area; demonstrating a clear need for greater communication. Similarly, although the Exeter Community Initiative provided a timetable of some free meals available; this did not include much of the information we have uncovered in the past week. Thus, we certainly believe an interactive and co-ordinated online database would be the most accessible and easy-to-update solution to the problem of such a disconnected network.

As a result, we believe that the most practical solution is through the Open Street Map. This works much like Google Maps, although its format means that it can be accessed and edited by anyone. Open Street Maps has many benefits; for example, it can be updated quickly should there be an issue, such as a change of venue. Open Street Map also makes finding locations where food and food poverty services are provided much easier, due to the fact that a basic map of locations is already provided. Finally, Open Street Map is free; simply requiring users to create an account. We believe that in order to enable the easy location of such services, that when searched, all organisations should come under the title of ‘Fair Access to Food Exeter’ on its pin on the map. This ‘buzzword’ will ensure that all such groups appear under the same search.

Nevertheless, as a crucial aspect of our aim for this week was to provide support and assistance for those facing food poverty, we believe that it would be highly beneficial for the organisations listed on this interface to create a physical presentation, such as the map we have provided, that can be viewed by those who cannot otherwise find such information, due to a lack of access to laptops and internet, for example. Even if this list does become outdated, we believe that it will nonetheless provide crucial information for those in need to start seeking help. By displaying it in public places, such as food banks, high risk schools, as well as the online platform; we strongly believe that the process of seeking help will no longer feel like a shameful, difficult trek through random charity websites and word of mouth. Rather, it will become an openly discussed and freely available resource for those who need it most.

The following document contains contact information and details of services provided by organisations throughout Exeter. In addition, we have included some crucial statistics surrounding food poverty, instructions on how to use Open Street Maps, and an image of our currently updated 2D map. We hope this will be of help.

Details of organisations:

All of the following information has been gathered through online and over-the-phone research into the organisations across Exeter who provide services to benefit those facing food poverty. Any additional information and services are greatly welcomed.

Exeter Cathedral Chapter House

1 The Cloisters, Exeter, EX1 1HS
01392 255573

The Exeter Cathedral provide a hot meal of jacket potatoes and home-made cake at their 'Wednesday Night Cafe'. This runs from 18:30 to 20:00. This organisation also works with the Exeter Mosque, St. Petrock's and Pret a Manger.

Salvation Army (Devon and Cornwall Division)

6 Marlborough Court, Manaton Close, Matford Business Park, Exeter, EX2 8PF
DevonandCornwall@salvationarmy.org.uk
01392 822107

The Salvation Army is an organisation which provides assistance for people in need; demonstrating Christian principles through practical support. A central notion of their mission is to provide 'a hand up, not a hand out'. The Salvation Army provide budgeting and debt advice (through their Financial Inclusion centres, Community Money Advice and Debt Advice Services), equip people with skills to find employment and distribute clothes, food parcels, disaster/emergency response, baby supplies, meal vouchers, and more. The Salvation Army also provide a meal at the Exeter Temple at 1pm on Sundays.

St Petrock's

10 Cathedral Yard, Exeter, EX1 1HJ
01392 422396

St Petrock's work closely with the homeless population; providing emergency, support and housing services to enable people to transition to independent living. St Petrock's engage in alleviating issues that accompany homelessness, such as anti-social behaviour and wider social inclusion issues. St Petrock's provide weekly open access sessions for the homeless, during which they have access to counsellors, housing specialists, social workers, Private Rent and Support (PR&S) services and advice on finance, tenancy issues and eviction/unemployment. St Petrock's have also undertaken several initiatives, including the Emergency Housing Project, the Safe Sleep initiative and Early Bird Service. In addition, St Petrock's arrange free weekly visits by a mental health practitioner and chiropodist, as well as bi-monthly barber appointments and regular drop-ins from the Assertive Homeless Outreach Team. Users of St Petrock's services also have access to shower and laundry facilities, mail service, daily breakfasts and lunches, clothing and sleeping bags. St Petrock's have partnerships with Exeter City Council, East Devon, Mid Devon, Torbay and Teignbridge Councils, D&C Police, HMP Exeter, Dorset, Devon and Cornwall Rehabilitation Company, Job Centre Plus, DWP, Clock Tower Surgery, Exeter CVS, CoLab, Exeter CAB, Community Housing Aid, Exeter Community

Initiatives, MEAM (Make Every Adult Matter), ICE (Integrated Care Exeter) and Safe Sleep.

Exeter Food Banks

The Beacon Community Centre, Beacon Lane, Beacon Heath, Exeter, EX4 8LZ
07818 226524

The Mint Methodist Church, Fore Street, Exeter, EX4 3AT
07818 226524

The Exeter Food Banks provide emergency food to people in crisis. The Exeter Food Banks have also implemented several initiatives, including the More Than Food programme (developing food banks into community hubs), Money Life (money management charities partner with food banks to provide tools and courses to help tackle financial difficulties), Eat Well Spend Less (cookery, nutrition and budget management to help people eat healthily on a low budget), Holiday Clubs (helping children and families during times when free school meals are not available) and Tackling Food Poverty (providing fuel vouchers and guided self-help).

FoodCycle

Wonford Community and Learning Centre, Burnthouse Lane, Exeter, EX2 6NF
exeter@foodcycle.org.uk

FoodCycle aim to strengthen communities by bringing people together around a healthy meal. FoodCycle encourage friendships by creating spaces for people from all backgrounds to have fun together, as well as improving nutrition and reducing hunger by cooking healthy meals for those in need. FoodCycle also aim to change attitudes towards food through cooking with surplus ingredients.

Exeter Community Initiatives

148 - 149 Fore Street, Exeter, EX4 3AN
info@eci.org.uk
01392 205800

Exeter Community Initiatives focus on helping people facing inequality, homelessness and cope on a low income. Exeter Community Initiatives aim to involve people in community projects to improve mental, emotional and physical wellbeing; whilst increasing a sense of belonging and providing skills to help people succeed. Exeter Community Initiatives are involved in several programmes, including housing and mentoring (Transitions Project helps people tackle problems which may otherwise lead them to become homeless), urban skills (helping people to develop life skills to improve their life chances, through work at *Jelly* and *Bike Bank*) and children's centres (group activities, support for other community groups and intensive one-to-one support for families at Chestnut Children's Centre, Flying Start Children's Centre and Countess Wear Children's Centre).

St David's Church

Queen's Terrace, Exeter, EX4 4HR
01392 202092

St David's Church provide a soup kitchen evening at 6 to 7pm on Thursdays. St David's Church also donate clothes, blankets, sleeping bags, rucksacks, toiletries and more to people facing crisis.

Age UK (Exeter)

138 Cowick Street, Exeter, EX4 1HS

Age UK provide a range of services to help people facing crisis in Exeter. This includes support and practical help at home for over 50s (such as shopping and errands, paperwork and budgeting, bill paying, light housework, laundry, problem-solving, helping prepare meals, accessing services and more), day services for elderly people, an Information and Advice team (who advise on welfare benefits, health and social care and housing), Lasting Power of Attorney (LPA) service, voluntary home visits and a careline telephone contact service. Age UK also run the Exeter Fire Station Cafe. In addition, Age UK maintain schemes such as 'Men in Sheds' (which provides an opportunity for men to renovate donated tools), dementia care and bathing, massage and hairdressing services.

St Sidwell's Community Centre

Sidwell Street, Exeter, EX4 6NN
01392 666222

St Sidwell's Community Centre run several schemes to help those in need. These include cookery classes and workshops, a community cafe and a community vegetable garden, from which a Waste Not Want Not campaign is run. This is used to ensure that any waste food is saved and made into jams, chutneys, stews, curries and more.

Crosslines

5 Heavitree Road, Exeter, EX1 2LD
01392 426060

Crosslines is an outreach programme from Exeter Vineyard that serves the homeless at their centre in Exeter. Here, hot meals are provided on Monday nights. Crosslines also serve hot food, hot drinks and give out clothing from 7 to 8pm on Mondays and 7 to 8:30pm on Tuesdays; soup, light snacks and hot drinks from 6 to 7:15pm on Fridays, and breakfast and hot drinks from 8 to 10am and stew and hot drinks from 6 to 7:15pm on Saturdays.

Exeter Food Action

Kendall Store, Spinning Path, Blackboy Road, Exeter, EX4 6SN
exeterfoodaction@gmail.com

Exeter Food Action help those affected by hunger, homelessness, family breakdown, low incomes, poverty, benefit uncertainty, abuse, poor nutrition and those receiving palliative care through the collection of excess food from shops and suppliers, which

Elinor Denney, Elizabeth Paull, Georgina Balderstone and Rahul Avula

is redistributed to charity organisations. Exeter Food Action share food with soup kitchens, hostels, food banks, community cafes, schools, hospices and more. Recipients of Exeter Food Action's services include Age UK, Bethany House, Cafe 55, Cranbrook Education Campus, Devon and Cornwall Housing, Esther Community, Exeter Food Bank, Exeter Soup Kitchen Network, FoodCycle Exeter, Gabriel House, Gilead Foundation, Hospiscare, Mortimer House, St James' High School, St Petrock's Centre, St Sidwell Community Cafe and the YMCA. Suppliers for Exeter Food Action include Aldi, Co-op, Marks & Spencer, Nando's, Olivia Bakery, Pret a Manger, Rod and Bens, Tideford Organics and Waitrose.

St Sidwell's Methodist Church

Sidwell Street Methodist Church, Exeter, EX4 6PL
sidwellstreet@btinternet.com

St Sidwell's Methodist Church work with various other Methodist Churches to support national and international charitable work, such as Mission in Britain and World Missions, Methodist Homes for the Aged, Action for Children, All We Can, Christian Aid and Francisco Rojas School in Peru. St Sidwell's have an open garden (the Rainbow Garden), which is available for public use from 4pm on Mondays. St Sidwell's Methodist Church also run various community outreach programmes, and work with Exeter Street Pastors and Exeter Network Church, who hold breakfasts for the disadvantaged and organise debt support groups.

Food Poverty Statistics:

The Crisis in Exeter

- Sharp increase in number of homeless in Exeter over last 5 years
- Second highest rate of rough sleeping outside London
- 1.18 million emergency food parcels handed out 2016/17
- Exeter Food Bank opened 2008
- Salvation Army hands out 3 million meals a year to those in need

Who uses food banks?

- 39% single men
- 13% single mums with children
- 12% single women
- 9% couples with dependent children

Trussell Trust Statistics

Run a network of over 400 food banks. Give emergency food and support to people across the UK. Provide minimum three day's emergency food and support to people experiencing crisis. Also provide range of services like money advice and food banks

Process:

1. Food is donated
 2. Food is sorted and stored
 3. Professionals identify people in need
 4. Clients receive food
- 1,332,952 three-day emergency food supplies given to people in crisis 2017-18
 - 13% increase on previous year
 - 12,955 tonnes of food donated by the public to Trussell Trust food banks 2017/18
 - Low income accounts for 28% of referrals to food banks

Referral cause	Percentage
Benefit delays	29.7%
Low income	22.3%
Benefit changes	13.8%
Other	11.7%
Debt	7.2%
Homeless	4.6%
Unemployed	4.4%
Sickness	2.5%
Domestic violence	1.5%
Delayed wages	1.1%
Child holiday meals	0.8%
Refused short-term benefit advantages	0.7%

Source: Trussell Trust, 2015.