



Consent Form Agreement – Wellbeing Services

Wellbeing Services consists of the following support pathways: AccessAbility, Welfare, Psychological Therapies and Mental Health. Wellbeing Services respect your rights to privacy as outlined in our [confidentiality statement](#). Wellbeing Services staff may sometimes need to liaise with other people to ensure you receive the best support. This may include staff within the University (including the sports park, INTO UoE, Estate Patrol and College academic staff) and third parties outside of the University (for example, your Access Centre, GP, or other health practitioner).

The completion of this consent form will enable Wellbeing staff to liaise with those services or people named in order to support you effectively. Any information disclosed will be shared on a 'need to know' basis and will be the least amount of information needed to put the most effective support in place.

You may withhold your permission for us to share information but this may affect the level of support the University is able to offer you. Consent forms are completed each academic year so if your form is out of date, no liaison will be able to take place until you have completed a new consent form. You can withdraw your consent in writing or request a change to this agreement at any time by contacting a member of the Wellbeing team or emailing wellbeing@exeter.ac.uk.

External Consent – Student Health Centre and NHS University Mental Health Team

In order to ensure students are supported effectively and to enable the University to be responsive to your health needs, Wellbeing Services staff routinely communicate with NHS services including the Student Health Centre (SHC) and University Community Mental Health Team (U-CMHT). If you give your consent for liaison with the Student Health Centre and U-CMHT below, then please be aware we will forward this section of your consent form to both the above mentioned teams as evidence of your explicit written permission for liaison and sharing of information between these services on a 'need to know' basis. Please see each services' privacy policy for details of how your data is used and stored.

- **Student Health Centre** (for details of the privacy policy, please see here: <https://www.exeterstudenthealthcentre.co.uk/privacy-statement/>)
- **Local NHS University Community Mental Health Team** (details of the privacy policy, please see here: <https://www.dpt.nhs.uk/legals/privacy>)



Contact with parent/emergency contact

Wellbeing Services are happy to provide family members with generalised information on the support we offer to all students when requested, but we will not share the specific details of your support without permission to do so unless there are exceptional circumstances to consider (see exceptional circumstances clause). We seek to place your expressed wishes at the centre of decision making and respect your right to privacy if you do not choose for us to speak with your parent/emergency contact. If you wish to give your consent to share information with your parents/emergency contact you can complete the [Wellbeing Services consent form](#) to provide these details.

Exceptional circumstances clause

Wherever possible staff will seek to obtain your agreement prior to liaison, however it is acknowledged that there may be some circumstances where this is not possible. There may be rare instances when Wellbeing Services are unable to maintain our commitment to confidentiality. In such circumstances we may need to contact relevant others such as your GP or other health professionals. Exceptions to confidentiality occur when Wellbeing Services practitioners believe you or others may be at risk of serious harm, when there are safeguarding concerns, and/or when a member of the team would be liable to civil or criminal court procedures if relevant information had not been disclosed.

In certain exceptional circumstances (such as where there is an immediate and serious threat to your personal safety or to the safety of others), we may disclose information to your parents/emergency contact or engage with them if we consider this essential for your safety.

