

CURRENT CHALLENGE WORKSHEET

| What? | When? |
|--------|-------|
| Where? | Who? |

| Strategies to Put into Action | |
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| Strategies | How will I apply the strategy to the challenge identified? |
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POSSIBLE BARRIERS The following things may get in the way:

STRATEGIES TO OVERCOME THE BARRIERS I may overcome these problems by:

Now apply to a current challenge you're facing.