



University
of Exeter

More than just a Room – A guide
to living at Exeter.
Accommodation and what to
expect

Vics Brown, Residence Life Team

Catered Halls



- Meals provided
- Lots of people to meet
- Social spaces



- Food to your taste at times to suit
- Corridor of rooms no social space
- Dining hall intimidation
- Noise



- Find your tribe- Effort into meeting people- [Res](#) life events, Societies, Give it a go, Exeter Connector
- Introduce yourself to people – prep some general questions
- Smile
- Friendly sign on door



Shared flats



- Cook for yourself
- Social space with other people
- Ready formed group of people



- Other people are cooking in a small space
- Sharing jobs in keeping kitchen clean
- Noise
- Compatibility



- Be considerate of others
- Communicate
- Raise up concerns



Studio



- Cook for yourself
- Your own private space



- Isolation and loneliness
- There still could be noise/smell
- Cost



- Effort into meeting people- [Res](#) life events, Exeter Connector Societies, Give it a go, academic
- Success for all fund/ Careers zone/Handshake
- [Welcome Week - Exeter Students' Guild](#)



Accommodation Tip-

Managing expectations

Age

Gender

Alcohol free

Quiet

Expect noise- Noise cancelling headphones

Wireless headphones

Room moves – how these work



How to prepare.

On a scale of 1- 5 (5 being really good and 1 being not so good) rate how good you think you are with the following tasks.

- Keeping your room tidy
- Keeping yourself clean
- Doing the washing
- Cooking
- Recognising if you are not ok
- Reaching out if you are not ok
- Getting out and socialising
- Getting outside and getting fresh air
- Dealing with the noise of other people





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Being Prepared

- Moving-in checklists and Accommodation blogs can help you decide what to pack
- [2026 Moving In Guide](#)
- Follow residence life instagram ([@exeterreslife](#))



Things to do before you arrive

Essential tasks

Read your emails from the University

Apply for your UniCard

Activate your IT account

Complete online registration

Pay your fees

MyExeter app

Complete your Pre Arrival Academic Induction

Apply for accommodation and decide what to bring

Latest Arrival and Registration Date

Moving in

- Collect your keys (you'll need to show ID)
- If arriving by car, you'll have a 30-minute slot to move your things in
- Complete your room condition check
- Introduce yourself to flatmates/neighbours





Free shops will be open all day on **Friday 11th, Saturday 12th and Sunday 13th September** at the following locations:

Birks Grange Village H Block
Spreytonway Multi-Use Room
Lopes Hall
East Park F Block Games Room
James Owen Court



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Welcome Week

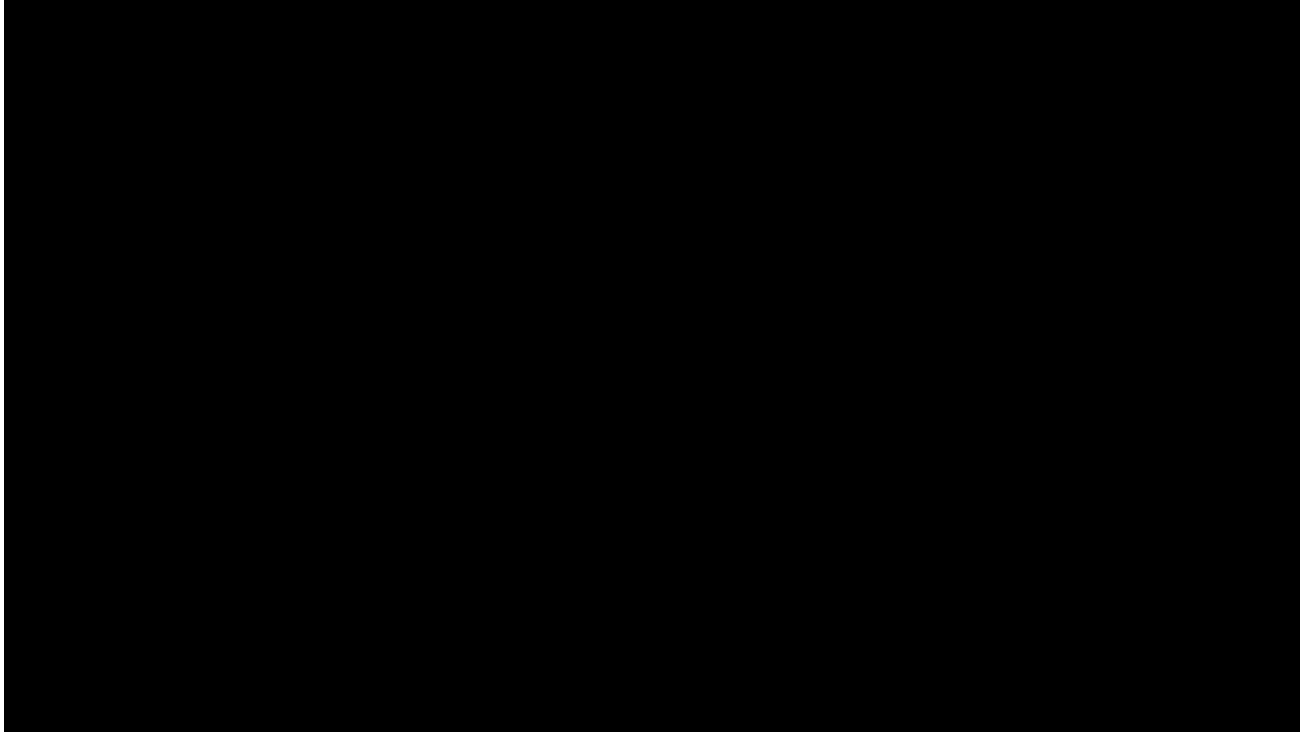
Welcome Week is a series of events designed to help new students or community members feel connected, informed, and engaged at the start of a new academic year or in a welcoming community.

- Things to get done – collect uni card, attend your academic induction etc
- It can be helpful to plan your time
- Usually about 800-900 events on offer!
- Exhale room and quiet spaces/quiet

You don't have to be here!



Welcome Week



<https://youtu.be/TepOPuOwsfk>

Note: this video has a music soundtrack which is quite loud

Wellbeing Support

9 different teams to provide support - + access to external services and online resources

Each team works independently with their own peaks and troughs of work

Teams also work together – ie. Duty triage, student of concern

New student the most important message is to apply for an ILP and let the Uni know if they have any disability



The poster features a large red umbrella on a dark blue background with white rain streaks. A white curved banner across the middle contains the text 'University of Exeter' and 'Wellbeing Services'. To the right is a photo of three students sitting outdoors. The bottom section lists support services with icons: a speech bubble for mental health, a person in a wheelchair for disability, a graduation cap for education, and a warning triangle for urgent support. At the very bottom, it mentions online support and resources.

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Wellbeing Services

Here to help you with your wellbeing and mental health while you're studying with us. We are made up of different specialist teams and can offer:

-  **Mental health and emotional support**
Book a 20-minute Initial Consultation with a wellbeing practitioner, either online or in person, to discuss something that is affecting your mental and emotional health.
-  **Disability support**
Support with academic adjustments via an Individual Learning Plan (ILP), information on funded disability support, and advice for temporary injuries/conditions.
-  **Education support**
Support when your health or wellbeing is impacting upon your studies, or your studies are impacting upon your health or wellbeing.
-  **Urgent support**
If you're worried about your own safety or someone else's, support is available. In an emergency, please call 999.

[Online support and resources](#)

Residence Life Team

- Student team members (Mentors) and full-time staff
- Available all year to support students living in residence
- Running inclusive community-building events
- Follow @ExeterResLife on social media for events and tips



EXETER CONNECTOR

Events and societies are a great way to meet new people, but what if chatting and meeting people in large groups isn't for you?

Exeter Connector is a different way to meet new people at Exeter, building your community from 1:1 or small group interactions with others.



Settling in support

Friendly welcome – request for a residence life mentor to meet face-to-face with a student to introduce themselves and their role. Up to 15 mins.

Welcome to Halls – up to a 1 hour one-to-one session including showing the student around Halls; location of kitchens, laundrette, post room, how to report repair requests etc.

AdHoc orientation support – Support to get to

Is Uni that different?

We look forward to advising you.



Take a look at how Study Skills resources and sessions form part of the [Library's Essential Kit for Study and Research](#), and view your [A-Z of Study Skills training videos](#). You can also see guidance on [how to get extra help with your studies](#).

Online resources



View your online study resources.

View the full range of online resources.

1:1 appointments

Book a 20-minute appointment to speak to a Study Skills adviser.



Find out more and book an appointment.

Events + workshops



Browse Study Skills workshops.

View the Library Events Calendar.

Drop-in sessions

Pop into a drop-in! Grab a free hot drink + get study skills advice.



See information on drop-in dates + times.

- Independence – finances- food- etc
- Personal responsibility- to work- to look after yourself.
- Academic expectations – Study Zone
- Belonging at Exeter – Can take work



Thank you



Any questions or queries