

# Accessing the Career Zone

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Including... **advice and guidance**, part-time jobs, **internships**, vacation work, **placements**, graduate jobs, **postgrad study**, CVs and application forms, **cover letters**, interviews, **aptitude tests** and more.

Start your journey [\*\*www.exeter.ac.uk/careers\*\*](http://www.exeter.ac.uk/careers)

# Career Decision Making is an ongoing process



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# Start with you..."Know Yourself!"

- Identify what kind of **knowledge** you want to use?
- Explore your **passions** and **interests** – examine why these things are important to you
- Consider what **skills** you want to use? What do you **enjoy**?
- Explore the kinds of **working environment** you are most happy in?
- What's important to you- **values**? Work/life balance/money?



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# Values – what's important to you?

Values are uniquely held, personal beliefs of importance which help us to behave and make choices which align with the way we see the world.

- Family
- Profit / Financial Gain
- Adventure
- Stability
- Competition



- Planet
- Uniqueness
- Creativity
- Curiosity
- Justice

- Wellbeing
- Family
- Honesty
- Respect
- Learning
- Fairness



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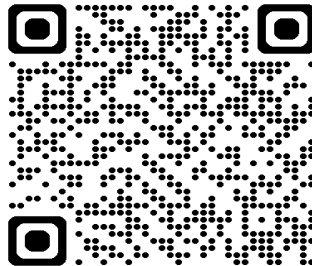
# What do Exeter students do after graduation?

- Career Zone website – [www.exeter.ac.uk/careers](http://www.exeter.ac.uk/careers)
  - Career research and planning
  - What can I do with my Degree
  - Choose Faculty
  - Select subject



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- **87% of graduates in or due to start employment or further study 15 months after graduation**

(HESA Graduate Outcomes Survey 2020/21)



- **Exeter graduates in the UK's top 10 for most targeted by leading employers**  
( Graduate Market in 2025 report by High Fliers Research)

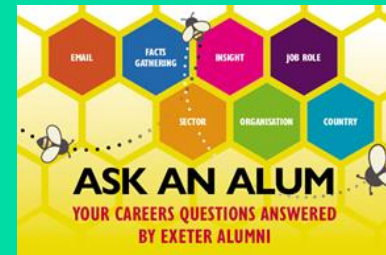
# Talking to people – take any opportunity!

- Career focussed activities per Faculty, Department, Career Zone? eg, careers fairs/talks, alumni talks, Societies?
- Mentoring opportunities? - Ask an Alum, Career Mentor scheme
- Think who you know already - friends, friends of friends, family, teachers, part time job employer, work experience.....



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# What are employers looking for?

(What do Graduates want 2024-25) Bright Network

## Skills valued most

### Insights from students

Q. What do you think employers value most in graduates joining their scheme(s)?

Existing industry experience	1
Problem-solving skills	2
Passion for the business	3
Communication skills	4
Confidence	5
A 2.1 or above	6
Commercial awareness	7
Resilience	8
Organisation & team management skills	9
Teamwork	10
Digital skills	11
Leadership skills	12

### Insights from employers

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Existing industry experience	12



# Gaining experience (any useful!)

- Voluntary work
- Part time/casual work/previous work /career
- Work Placements –
  - professional placements as part of Degree
  - 12 months (3<sup>rd</sup> year of Degree) – UK or Abroad?
  - Part of a module
- Vacation/ Summer internships
- University of Exeter Schemes include:
  - Professional Pathways
  - Aspiring Teachers
  - Green Consultants
  - A2I



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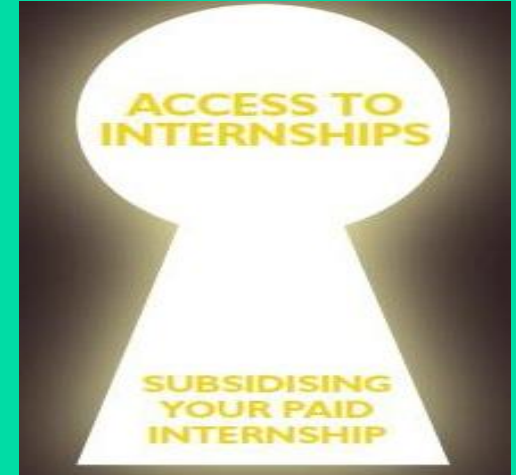
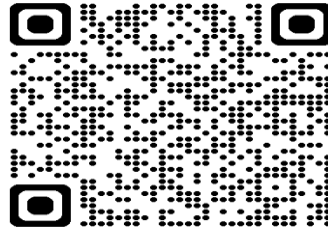
# Access to Internships (A2I)

- provides support and funding to help eligible students arrange a paid internship in the UK – 80 or 140 hours (4 weeks).
- students can apply for one employer subsidy and one 'Help Getting to Work' bursary, per year.
- 3 different types of funding:
  - a. University of Exeter Internship (with an Academic or Professional Service) - £14.12 an hour
  - b. SME (less than 250 employees), Charity or Statutory Organisation - £12.60 an hour
  - c. 'Help Getting to Work' Bursary - up to £250



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## Jobs and opportunities

- Part time jobs
- Internships
- Graduate roles
- Projects and other opportunities
- Network with employers
- Mobile app
- Mentoring, mock interviews and skills sessions

# Handshake

Find jobs, connect with employers,  
book skills sessions and employer events.



Download the app and start exploring.



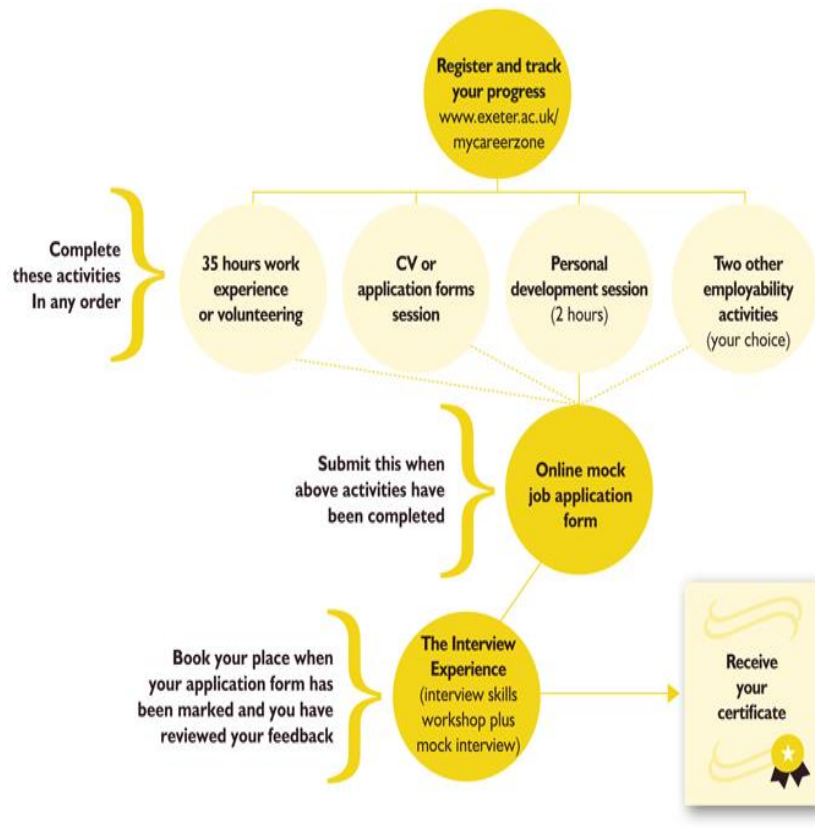
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# Employability Awards



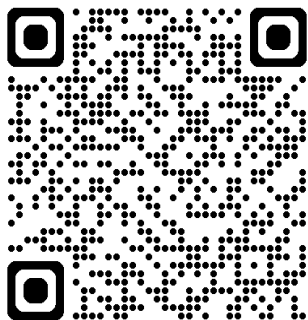
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# Online resources:

[www.exeter.ac.uk/careers/equality/](http://www.exeter.ac.uk/careers/equality/)



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Career Zone > Career Research and Planning > Supporting Equality and Diversity

## Supporting Equality and Diversity

Jobseekers and employees are protected from discrimination by The Equality Act 2010 on the basis of certain characteristics such as age, disability, gender reassignment, marriage and civil partnership, pregnancy and maternity, race, religion or belief, sex or sexual orientation.

We understand that you may have concerns or queries around these areas and more when career planning and job seeking, so in this section we have pulled together information and advice on common equality and diversity issues you may face, sources of support and positive employers and programs they offer.

## Student and Alumni Profiles

In celebration of International Women's Day (8th March 2020) read a range of stories from our current students and graduates. They share both their career plans/ideas, and also top tips and advice on how to reach out for help and support and how they've enhanced their employability



**that you are either facing or have overcome in realising your future career plans and aspirations?**

My main barrier has been having to juggle motherhood with pursuing higher education. With my daughter's health issues, I usually have to dedicate a considerable amount of time caring for her when she's not at school. My future dream job (HM Customs) will mean having to travel around the country; and might be challenging with caring

## Specific EDI Pages

- Care Leavers / Care Givers
- Carers
- Criminal Convictions
- Disability
- Ethnicity
- First Generation Students
- Gender
- General Social Mobility Support
- Gypsy, Traveller, Roma, Showmen & Boater (GTRSB)
- Low Socioeconomic Background
- Mature Students
- Military Families
- Refugee and Asylum Seekers
- Sexual Orientation

## Podcasts



# Get in touch.....

- **Face to face** – Career Zone, The Forum Building
- **Email** at [careers@exeter.ac.uk](mailto:careers@exeter.ac.uk)
- **Live chat** to us online – [www.exeter.ac.uk/careers](http://www.exeter.ac.uk/careers).
- Check out our **FAQs**:  
<https://www.exeter.ac.uk/careers/about/faqs/>
- **Social Media:**
  - Instagram (<https://www.instagram.com/uoecareerzone/>)
  - TikTok account  
(<https://www.tiktok.com/@uoecareerzone?lang=en>)



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# Questions?



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