



University
of Exeter

Pastoral Mentors

Penryn Campus

Student Academic Support Project

Who are my Pastoral Mentors?



Sophie Weston
Centre for Ecology and
Conservation
Email [cec-
pastoral@exeter.ac.uk](mailto:cec-pastoral@exeter.ac.uk)



Hannah Lyons
Humanities and Social
Sciences Cornwall
Email
[pastoralmentors.hass
@exeter.ac.uk](mailto:pastoralmentors.hass@exeter.ac.uk)



TBC
Centre for Geography &
Earth Sciences/
Cambourne School of
Mines
Email
[pastoralmentorspenryn.ee
s@exeter.ac.uk](mailto:pastoralmentorspenryn.ees@exeter.ac.uk)



Joceline Nason
Business School (Penryn)
Email [UEBSPenryn-
pastoral@exeter.ac.uk](mailto:UEBSPenryn-pastoral@exeter.ac.uk)
Medical School (Truro)
Email [BMBS-Cornwall-
Pastoral@exeter.ac.uk](mailto:BMBS-Cornwall-Pastoral@exeter.ac.uk)

What does a Pastoral Mentor do?



- **Listens without judgement**, supports and guides
- Helps you make sense of your concerns and **stay / get back on track**
- **Signposts** or **refers** you to other suitable support
- Helps to foster an **inclusive, supportive community**
- Supports with **mitigation and academic concerns**
- **Proactively checks** in with you
- Liaises with **other teams** on your behalf

How can you access your Pastoral Mentor?



- Book a **one-to-one meeting** via email or booking links
- Attend a **Drop in** session
- **Email**
- **Ask your tutor** or other academic
- **Ask wellbeing** services
- Ask at the **Student Help Desk**

Get in touch

- Please feel free to save your Pastoral Mentor's contact details for when you need them
- Email us to chat through any worries or questions you have about starting university
- Book a 1:1 appointment

