

Catered Halls



FALMOUTH
UNIVERSITY



University
of Exeter

Catered Accommodation 2024/25

Our catered halls are located on the Penryn Campus in Glasney Student Village. Living in catered halls can make planning meals and budgeting easier as most of your meals are included in your accommodation fee.



Benefits of catered halls

- A flexible pre-paid way to eat
- Less time cooking, food shopping and washing up, giving you more time to settle into your new home and studies
- An opportunity to meet new friends
- Freedom to cook for yourself or eat out at lunchtimes and weekends

Within catered halls you will also have access to kitchen facilities for cooking your own meals. Kitchen facilities include an oven, hob, toaster, kettle and microwave. We don't provide crockery, cutlery or cooking utensils so you will need to bring these with you.



What's included?

You will have a daily allowance for breakfast and dinner from Monday to Friday. The catered package does not cover lunches, or any meals on Saturdays or Sundays, so please allow for that in your weekly budget.

* Your daily allowances can only be spent as detailed in the terms and conditions and cannot be carried over to another time or day.

Meals are available from the Lower Stannary Kitchen, Penryn Campus, which is a short distance from Glasney Student Village.

Breakfast is available between 8.00am and 10.30am, Monday to Friday.

Dinner is available from 5.00pm to 7.00pm, Monday to Friday.

How much does it cost?

The cost of the catered package is included in the total cost of your accommodation contract as below;

| Catered Residence | Room Type | Weekly Cost | Contract Length | Total Cost |
|--------------------------------|-----------------------------------|-------------|-----------------|------------|
| Glasney Student Village | Shared Studybed en-suite, catered | £192.85 | 40 weeks | £7,714.00 |
| | En-suite, catered | £239.05 | 40 weeks | £9,562.00 |
| Catered Package included above | | £59.97 | 36 weeks | £2,158.80* |

* The catering cost is divided across the 40-week contract. This amounts to a charge of £53.97 per week over 40 weeks.

What's on the menu?

Breakfast

Fruit juice, tea and coffee and either a hot freshly cooked breakfast from the menu or one of our Grab and Go bags from the Lower Stannary Kitchen.

Hot Breakfast options

(Mix and match / Maximum 5 pieces)

Local pork sausages or Quorn vegan sausages, rashers of bacon, eggs (scrambled or fried), baked beans, hash browns, sautéed mushrooms, plum tomatoes, fried bread or toast (with spread).

Grab and Go option which could consist of your choice of a hot breakfast panini, breakfast bap or anything from the menu above.

Freshly made pastries, fresh fruit salad pots, various cereals, yoghurt pots and granola pots.

All come with either a tea or coffee or freshly squeezed orange juice.

Sample Weekly Dinner Menu

| | Main Option | Vegetarian Option | Dessert |
|-----------------------------|--|--|-----------------------------|
| Mexican Monday | Lightly spiced beef chilli, lime & coriander steamed rice, soured cream & tortilla chips | Smokey soya chilli, lime & coriander steamed rice, soured cream & tortilla chips | Lemon tart |
| Tuesday | Local beef meatballs braised in a rich tomato, basil & black pepper sauce | Herbed soya balls braised in a rich tomato, basil & black pepper sauce | Apple crumble and custard |
| Wednesday | Roast shoulder of pork, roast potatoes, honey glazed parsnips & carrots | Vegetarian nut roast, roast potatoes, honey glazed parsnips & carrots | Vanilla cheesecake |
| Thursday Curry Night | Tandoori roasted chicken tikka masala, steamed rice & peas, fire baked naan bread, onion salad & mango chutney | Tandoori roasted vegetable tikka masala, steamed rice & peas, fire baked naan bread, onion salad & mango chutney | Vanilla ice cream and wafer |
| Fast Food Friday | Handmade Cornish steak burger, glazed soft white roll, cheddar cheese, sliced tomato, lettuce, cajun mayo & skinny fries | Spicy bean burger, glazed soft white roll, cheddar cheese, sliced tomato, lettuce, cajun mayo & skinny fries | Chocolate fudge cake |

We also serve jacket potatoes with various fillings and our daily vegan value dish.

Dietary Requirements

A vegetarian choice will be available at each meal. If you require vegan meals, or have any religious or medical dietary requirements, please email foodanddrink@fxplus.ac.uk prior to your arrival.

Catering Dates

Your daily allowance will cover the dates below (36 weeks):

- Monday 16th September 2024 - Friday 20th December 2024
- Monday 06th January 2025 - 11th April 2025
- Monday 28th April 2025 - 20th June 2025



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