

Friend & peer supporter domestic abuse intervention – scripted role play

Three people – Lenka, Claudia and Chen - each to read a part. First, read the description of the situation.

Lenka and Claudia meet up with their Peer Support Leader, Chen.

Lenka: Shit, I'm really nervous about this exam! How do you think you'll do? I got sooo stressed with this one. *[Rolls up sleeve without thinking]*

Claudia: I think I'll be alright to be honest, hopefully Chen can give us some tips on how to.... OMG what is that on your arm?

Lenka: What? Oh, that. Well....oh it was so clumsy of me. *[pulls sleeve down]* I slipped and scraped my arm on the wall. But it's okay. It's not too bad. I just need to go to the loo - I'll be back in a mo.

Claudia: Oh, okay. See you in a minute.

[Lenka runs off. Chen comes in and joins Claudia]

Chen: Hi Claudia. Did you want to ask some questions about your exam?

Claudia: Oh, hi. Yes, I did, but could I talk to you about something else first?

Chen: Sure, what's up?

Claudia: I used to hang around with Lenka a lot, but she's been really distant lately, and then just now I saw some really bad marks on her arm which she said was due to her slipping and scraping her arm, but I'm just a bit worried about her and don't know what to do about it. What would you suggest?

Chen: What's making you concerned about it?

Claudia: Well, it's just that she won't come out with the group any more, and she seems a bit isolated. I've never known her to be this distant, but I've also heard from other friends that she and her new boyfriend Joe have huge fights, and someone saw him being a bit physical with her. I'm just a bit concerned about her that's all, but I don't want to be seen as being interfering. I'm just not sure what to do...

Chen: Well, look, when she comes back, we can go over the exam work and then maybe we can slip it into the conversation to see if everything's okay, and just to make it clear that should she need to talk, we're here for her.

Claudia: Yes, that sounds good.

[Lenka returns]

Chen: Hi Lenka, I'm glad you could make it for this session. Do you have anything specific you wanted to ask about?

Lenka: Well, just really on the structure, that's all.

Chen: Well, if you follow the ILAC structure that you've done in seminars it'll work really well for this module. Apart from the exams, how are you both doing? Is everything going okay for you both? Have you enjoyed the course this year?

Claudia: Yes, everything's been great for me this year.

Chen: How about you, Lenka? How's the year gone? I haven't seen much of you lately.

Lenka: It's been okay, thanks. I've just been really busy.

Chen: Ah, okay then. Is everything else okay? I mean, Claudia told me that there are some nasty marks on your arm - are you alright?

Lenka: Oh, yes, I already said that was just an accident. Everything's fine thanks.

Chen: Oh okay, well, just so you know, should you need anything or someone to talk to, you can come see me anytime, you don't need an appointment and you have my work and personal email. And you know the Uni has great student welfare services, there's the wellbeing and counselling service in L-block if you ever need it, okay?